

A Womans Guide To Making Right Choices

Love Is Not EnoughA Young Woman's Guide to Discovering Her BibleAmazing GraysTIME'S NOW for Women Healthcare LeadersMaking Our Lives Our OwnDear LoverA Woman's Call to Prayer Growth and Study GuideAfter You VoteA Woman's GardenLove Is Not Enough: A Smart Woman's Guide to MoneyUnderneath My ClothesA Woman's Guide to CannabisRepresentMaking LoveHoly Estrogen!It's Not about the FoodHow to be a WomanThe Busy Woman's Guide to Create the Life you WantI Know I'm In There SomewhereThe Savvy Woman's Guide to Financial FreedomIs It Me? Making Sense of Your Confusing MarriageA Woman's Guide on Making a WillThe Workwoman's GuideBusiness BoutiqueThe Man's Guide to WomenThe Smart Money WomanA Woman After God's Own Heart® Growth and Study GuideAre Your Hormones Making You Sick?Surviving Separation and DivorceA Young Woman's Guide to Making Right ChoicesThe Friendship ProjectThe Busy Woman's Guide to Losing Weight and Making MoneyA Woman's Guide to Making Therapy WorkA Woman's Guide to Making Right ChoicesA Woman's Guide to Making Therapy WorkA Young Woman After God's Own Heart®A Young Woman's Guide to Making Right ChoicesDivorce 101Making Sense of MenThe Smart Money Tribe

Love Is Not Enough

Elizabeth George, bestselling author, popular speaker, and teacher, inspires women to turn their desire for a fulfilling prayer life into a reality. Delving into topics relevant to a woman's life, Elizabeth encourages all women to embrace the rich blessings of prayer as they discover how to: use the provided calendar to nurture the habit of prayer turn to God for daily needs rest in the assurance that God loves and cares for them Filled with guided questions, prayer examples, and inspirational Scripture, this study guide serves as an excellent complement to A Woman's Call to Prayer. Seasoned prayer-warriors as well as beginners will enjoy this study for their own personal time or in a small group.

A Young Woman's Guide to Discovering Her Bible

Holy Estrogen is THE book for women. It will target your emotional fluctuations and challenge you to discover the purpose for which God gave us emotions. Did God really want women to live a roller coaster life ordered by some hormone that is absolutely out of your control? The truth is, God gave you estrogen so that you would be a woman fully alive inside and fully engaged with the life that He has given to you. Through this book, you will begin to live powerfully and learn what it means to be a woman who flourishes in all of life's situations. You will learn to move beyond the pain, the disappointment, the fears and the princess persona and you will change your emotional clothes! Some chapters include: OCD, Chicken Doo-Doo and Worship! An Emotional Enemy Fingernails on the Chalkboard of Life Time for a Change 1440 Reasons Why Who Do You

Mend a Broken Heart? Earthly, Natural or Demonic? It's All About Me! And lots more.

Amazing Grays

What is God's take on the issues that are nearest to a teen girl's heart? Issues like acceptance, loneliness, friendships, and relationships? How about getting along with your parents? Or finding your purpose and place in life? It's amazing how relevant the Bible is—you'll find yourself relating to the people and experiences in it. And you'll discover promises from God that will help you through anything and everything. It all comes alive when you commit yourself to knowing the Bible. That's what this book is all about—knowing the Bible, learning what it says, and making it your personal guide in all you do. Bestselling author Elizabeth George offers many great ideas for Bible study and practical application. You'll love growing closer to God and experiencing exciting changes in your life!

TIME'S NOW for Women Healthcare Leaders

Deida explores every aspect of the feminine practice of spiritual intimacy. Written as a collection of letters from a man to his "dear lover," this work is an invitation to practice love as a living art.

Making Our Lives Our Own

There is a movement of women stepping into their God-given gifts to make money doing what they love. If you're ready to join them, this is your handbook that will take the ideas in your head and the dream in your heart and turn them into action. *Help you create a step-by-step, customized plan to start and grow your business. *Show you how to manage your time so you can have a business- and life- that you love. *Explain overwhelming business stuff like pricing, taxes, and budgeting in simple terms. *Teach you how to use marketing to reach the right people in the right way.

Dear Lover

Karen's quick and easy-to-follow guide is for the busy woman who wants more positive relationships, weight loss, and more money. She received her wakeup call when she found herself at the lowest point of her life during her divorce. Everything in Karen's life seemed to be in a mess, namely her relationships, weight, and money. Karen thought that surely life was not meant to be so difficult. So she started to search for some answers to her questions such as: • Why do I attract the same type of relationships? • How do I attract positive relationships? • How do I lose weight and keep it off? • How can I have more money and support my children? • How can I live the type of lifestyle I want to lead? • How can I be HAPPIER? Karen

read a variety of books, and each author helped her to fine tune her life-changing strategies. She found out through personal trial and error what worked and what did not work to improve her relationships, weight, and money. When Karen looked around, she saw that many of her friends had to deal with similar issues. In fact, many women were struggling to deal with their relationships, weight, and money. Karen started to help other women and found the experience was extremely rewarding. So she then decided to write this book so she could draw from her own experience to help more people. Karen details the strategies she has learnt to help lead a happier life. She knows how busy women are, so she has written an easy, step-by-step guidebook which will show you the strategies to make positive changes in your life.

A Woman's Call to Prayer Growth and Study Guide

A woman's guide to enduring the psychological and practical effects of divorce and separation covers the range of legal, emotional, social, and spiritual issues facing women who are facing the end of a relationship. Original.

After You Vote

TIME'S NOW for Women Healthcare Leaders: A Guide for the Journey Women comprise over 80 percent of healthcare frontline employees, but they often hit the proverbial glass ceiling. Only 30 percent of healthcare C-suite Executives and less than 15% of CEOs are women. Moreover, while 51 percent of medical students are women, only 16 percent of the Department Chairs and Deans are women. Clearly, women are facing barriers to achieving their potential, limiting their ability to add their unique talents and skills to the tables of leadership. The author provides extensive detail on these barriers and approaches to their solutions. This is a practical "how-to" book that will help women in healthcare envision their ability to contribute and inspire them to lead. The author sees this as not only helping women, but also facilitating solving healthcare's myriad problems, improving health and benefitting society. *** This book is a must-read primer for women seeking leadership. It is practical, thought provoking, and carefully researched, addressing why women's leadership is important and how women can be better leaders. Gabow's approach capitalizes on interviews with strong women leaders. She uses the notions she learned from the interviews coupled with research from the literature to create an easy-to-read, motivating, and challenging book for women and men! Nancy Agee President and CEO Carilion Clinic Past Chair American Hospital Association TIME'S NOW for Women Healthcare Leaders is filled with powerful examples of how women have overcome multiple obstacles and prevailed on their leadership journeys. It is a MUST read for women and men about the obstacles to be overcome, potholes to avoid, and the shout outs to be given to women who every minute, every hour, every day are committed to human caring. It has captured the heart and spirits of women from diverse backgrounds who have and continue to demonstrate their commitment to making society a better place for all! Linda Burnes Bolton, DrPH, RN, FAAN Senior Vice President and System Chief Equity Officer Cedars Sinai Health System This highly engaging book

addresses the relative dearth of women leaders in healthcare through thoughtful assessment of how leaders' values and actions can improve healthcare within healthcare organizations and systems. Dr. Gabow, an exceptional leader whose relentless passion for excellence for patients served by Denver Health earned her national renown, combines insightful observations from her own path with current statistics about women in medicine, experiences of other successful women leaders, and mentoring skills to offer wise counsel to all current and future leaders. The thoughtful distillation of practical wisdom offered here make this book a unique contribution and highly relevant to healthcare in America today. Carolyn Clancy, M.D. Past Director, Agency for Healthcare Research and Quality This insightful book is full of personal stories, honest reflections, and data-driven guidance from and about women leaders. It serves as a wonderful resource for those motivated to advance diverse and inclusive organizations. Karen DeSalvo, M.D., MPH Chief Health Officer, Google Health Past Acting Assistant Secretary for Health, US HHS National Coordinator for Health Information Technology, US HHS

A Woman's Garden

Elizabeth George, author of *A Young Woman After God's Own Heart* (more than 230,000 copies sold), offers another life-changing teen book—*A Young Woman's Guide to Making Right Choices*. Today's teens are bombarded with choices about attitudes, behaviors, friends, clothes, finances, and college. And with the rise of alcohol, drugs, sexual issues, and crime, they must make serious decisions daily. Bible teacher Elizabeth George takes teens through the step-by-step process of making decisions that are life-affirming, godly, and wise in areas that include— managing emotions improving relationships developing confidence living in the center of God's will avoiding trouble and bad situations Teens will discover checkpoints to use as guides for making decisions, and they will learn to take the long view when considering consequences. Young women will also realize the tremendous wisdom, guidance, and answers available in God's Word. Great for individuals, small groups, and mentoring.

Love Is Not Enough: A Smart Woman's Guide to Money

Based on her work with over a thousand women across the country, psychologist Helene G. Brenner has learned that women feel the impulse to accommodate, adapt and mold themselves to serve others at their own expense. Her solution is an invigorating new approach to women's psychology. The key to transformation, she explains, is not self-improvement, but self-acceptance—affirming and validating what we truly feel and experience and who we already are. Dr. Brenner shows women how to discover and express what they truly want and value, guiding you toward your own Inner Voice. *I Know I'm In There Somewhere* will show you: - How to embrace, rather than fix, the Inner Voice that has been there all along - How to distinguish the Outer Voices (the expectations of the people around you) from Your Inner Voice (the voice of your true self that goes beyond intuition and guides you wisely towards what is right for you) - What to do when you feel that the essence

of who you are is being stifled by external demands and expectations

Underneath My Clothes

In this provocative, touching, and informative book, Maggie Crane shares how the decision to live without hair dye brought her face to face with a deep well of underlying fears and questions about being a "mature" woman in a culture obsessed with youth and beauty. --back cover.

A Woman's Guide to Cannabis

Offers women advice on coping with six personal challenges--leaving home, facing shame, forging an identity, integrating sexuality, claiming personal power, and tapping the creative spirit

Represent

Money, love, friendship, investment portfolios-The Smart Money Tribe is back! Zuri, Tami, Lara, Adesuwa, and Ladun are faced with new challenges in this season of their lives. From the hustle and bustle of Lagos, to cosmopolitan London, and the glamour of Cape Town, through their individual stories we see how effective the collaborative power of women can be in building wealth. Is your Friendship Circle your Money Circle? The Real Estate Executive Can Zuri be a boss, get her coins, and live her best life without the money habits from her past coming to haunt her? And can her relationship with Tsola survive the allure of an ex? The Oil and Gas Big Babe Will Lara's resilience be enough to endure the effects of a series of financial blows that threaten to destroy the lifestyle she has become accustomed to? The Fashion Entrepreneur Is Tami ready to grow beyond her pampered princess lifestyle and turn her passion to profit? Or is her business still a hobby? The Formerly Fabulous Housewife Can Ladun withstand the aftershocks of family financial scandal, adjust to a new financial status and cope with the rigours of a nine-to-five job? The Conservative Lawyer Is Adesuwa strong enough to disentangle herself from a financial abusive husband? and will the complexities in her personal life affect her ability to earn? This book navigates the conversations African millennial women should be having about money to forge new paths to prosperity and economic power. It explores getting paid more in the workplace, overcoming adversity, how to assess investment opportunities, building a business in Africa, taking risks, profit goals, and the role our friendship circles play when it comes to how we earn, spend, and invest. With each chapter comes a smart money lesson to help you tackle your personal finances.

Making Love

A jargon-free guide to therapy provides complete explanations of the mysteries of psychotherapy, offering valuable advice to women on how to best use therapy to gain insight into and effective solutions to their problems.

Holy Estrogen!

“Over the last few years we’ve seen a remarkable surge of women running for office, and even better, winning. Running takes courage, passion, and commitment, but it also takes books like this. June and Kate have created a wonderful resource for women as they think about taking the leap.”—Hillary Rodham Clinton Turn “can I do this?” into “yes, I can!” Join the growing wave of women leaders with Represent, an energetic, interactive, and inspiring step-by-step guide showing how to run for the approximately 500,000 elected offices in the US. Written with humor and honesty by writer, comedian, actress, and activist June Diane Raphael and Kate Black, former chief of staff at EMILY’s list, Represent is structured around a 21-point document called “I’m Running for Office: The Checklist.” Doubling as a workbook, Represent covers it all, from the nuts and bolts of where to run, fundraising, and filing deadlines, to issues like balancing family and campaigning, managing social media and how running for office can work in your real life. With infographics, profiles of women politicians, and wisdom and advice from women in office, this is a must-own for any woman thinking of joining the pink wave.

It's Not about the Food

1913 - Suffragette throws herself under the King's horse. 1969 - Feminists storm Miss World. NOW - Caitlin Moran calls Katie Price 'a mimsy Quisling f**k' and demands to know why pants are getting smaller. There's never been a better time to be a woman: we have the vote and the Pill, and we haven't been burnt as witches since 1727. However, a few, nagging questions do remaina Why are we supposed to get Brazilians? Should you get Botox? Do men secretly hate us? What should you call your vagina? Why does your bra hurt? And why does everyone ask you when you're going to have a baby? Part-memoir, part-rant, How To Be A Woman follows Caitlin Moran from her terrible 13th birthday ("I am thirteen stone, I have no friends, and boys throw gravel at me when they see me.") through adolescence, the workplace, strip-clubs, love, fat, abortion, TopShop, motherhood and beyond. After 100,000 years of the patriarchy, the world may never be the same again!

How to be a Woman

Kane describes a program that is a sane, balanced approach to food and eating.

The Busy Woman's Guide to Create the Life you Want

When the election is over, the work is just beginning. The future of America depends on what you do after you vote. Today, women in the United States are more educated and politically ambitious than ever before. However, the record numbers of women running for office, casting votes, and marching for change haven't translated into full and equal political participation. Despite significant progress, women are less likely than men to engage in a range of important political activities—from speaking up on the issues they care about to holding their representatives accountable. Equal parts information and inspiration, *After You Vote* is both a primer and call-to-action for women of all ages who want to exercise their voices and engage more fully in civic life. It's the ultimate guide to political engagement, filled with practical (and proven) tactics to help women make their voices heard and have an influence on the issues they care about most. This book will help you: Brush up on civics—federal, state, and local Prioritize your issues Use the most effective advocacy tactics Stick with it for the long haul (politics is a marathon, not a sprint!) The question isn't if you can create change on behalf of the issues you care about. You can. The question is: What's at stake if you don't?

I Know I'm In There Somewhere

Merryn Somerset Webb, star of Channel 4's hit series 'Superscrimpers', shows you how to face the future with both money and confidence in this financial bible for sassy women.

The Savvy Woman's Guide to Financial Freedom

Containing instructions to the inexperienced in cutting out and completing those articles of wearing apparel, &c., which are usually made at home ; also, explanations on upholstery, straw-platting, bonnet-making, knitting, &c.

Is It Me? Making Sense of Your Confusing Marriage

A Woman's Guide on Making a Will

Elizabeth George, author of *A Young Woman After God's Own Heart* (more than 230,000 copies sold), offers another life-changing teen book—*A Young Woman's Guide to Making Right Choices*. Today's teens are bombarded with choices about attitudes, behaviors, friends, clothes, finances, and college. And with the rise of alcohol, drugs, sexual issues, and crime, they must make serious decisions daily. Bible teacher Elizabeth George takes teens through the step-by-step process of making decisions that are life-affirming, godly, and wise in areas that include— managing emotions improving relationships developing confidence living in the center of God's will avoiding trouble and bad situations Teens will discover checkpoints

to use as guides for making decisions, and they will learn to take the long view when considering consequences. Young women will also realize the tremendous wisdom, guidance, and answers available in God's Word. Great for individuals, small groups, and mentoring.

The Workwoman's Guide

Business Boutique

Discover the deep and lasting fulfillment that comes when you make the decision to follow God in every area of your life. A Woman After God's Own Heart® Growth & Study Guide will help you take the scriptural guidance found in Elizabeth George's bestselling book A Woman After God's Own Heart® and apply it to your own season of life. Perfect for women's Bible study groups or individual study, this fun and challenging resource will give you the necessary tools for living out God's priorities when it comes to your husband, your children, your home, your walk with the Lord, and your ministry. With thought-provoking discussion questions, practical exercises, and a quiet time calendar, this guide will nurture you toward greater spiritual maturity—the kind that makes you a woman after God's own heart.

The Man's Guide to Women

Find inspiration for reconnecting to the earth by creating the garden-based handicrafts, edible and medicinal recipes, and beauty care products found in A Woman's Garden.

The Smart Money Woman

What Will You Do with This Day God Is Giving You? Each new day presents opportunities to grow your faith, expand your influence, and make good use of the time God has given you. But making the right choices moment by moment isn't easy. And the first decisions of your day can affect the next 12 hours—for better or for worse. Elizabeth George, acclaimed Bible teacher, wants to help you navigate the options you might encounter today so you can wake up well establish your priorities know what to say release your anxiety build lasting relationships Prepare to craft a more productive life and make each day more meaningful. God's best awaits you if you'll choose to go His way!

A Woman After God's Own Heart® Growth and Study Guide

"DIVORCE 101: A Woman's Guide to Divorce" is packed with practical answers to your questions about divorce. Written in plain English, with easy to follow chapters, this guide can empower you with the knowledge to make informed decisions when your marriage ends. It will show you how to plan and manage your divorce, giving you the confidence necessary to: Safeguard yourself before you ever meet with a lawyer. Collect and organize the vital information needed in your divorce. Choose the best lawyer for your case. Understand your current financial situation. Establish the bottom line so that you receive your fair share. Make money smart choices about assets and debts. Negotiate effectively with your husband without being intimidated. Understand child custody issues to create a customized parenting plan. Manage everything once your divorce is finalized. DIVORCE 101 is tailored to meet the needs of women who desire direction during their divorce. It can help you understand the legal process, get a grip on your situation, and improve your ability to make good decisions. Instead of struggling through your divorce, gain the necessary knowledge to take control of it.

Are Your Hormones Making You Sick?

Financial trainer Susan Hayes believes that every woman can and should get to grips with money management. In *The Savvy Woman's Guide to Financial Freedom* she gets to the heart of why you might be having problems and, like straight-talking American expert, Suze Orman, she comes up solutions whatever your situation. Think about it How many times have you said to yourself, 'This is the year when I finally get to grips with my finances'? But somehow time slips away and twelve months later you are no better off. How many times have you decided to stick to a budget only to see events get in the way and your good intentions frustrated? Do you have a nagging sense that you're not in charge of your money and that your future financial well-being is beyond your control? Even worse, in these challenging economic times, are you so stressed about money that you cannot even begin to see a way out of your situation? Whether you're figuring out how to squeeze enough money from the family budget to save for a much-needed holiday, finally preparing to tackle years of lifestyle debt, or taking a leap of faith and starting your own business, *The Savvy Woman's Guide to Financial Freedom* is brimful of down-to-earth and encouraging advice, and practical user-friendly methods, to show you how to get where you want to go. By following Susan Hayes's guidance you could find that it takes as little as an hour a week to check your financial well-being, to make sure you are on track to accomplish your goals and to achieve ongoing peace of mind about money. Corkwoman Susan Hayes has had a life-long love affair with business (as a little girl she held board meetings with her teddy bears) and went on to get a BSC in Financial Maths and Economics from NUI Galway. She is managing director of the international financial training company Hayes Culleton. Because of her can-do approach to resolving even the stickiest economic questions in her many media appearances (RTÉ, TV3, Today FM, 4FM, Sunday Independent) she has become known as the Positive Economist.

Surviving Separation and Divorce

The Smart Money Woman—An African girl's journey to financial freedom Meet Zuri. She's living a fabulous life. Great car, gorgeous apartment, well paid job. Meet Zuri. Broken down car, an apartment she cant afford, a job she's about to lose. What's a broke girl to do? With her best friends Tami (the flighty fashion designer), Lara (the tough oil and gas executive), Adesuwa (the conservative lawyer), and Ladun (the fabulous housewife), Zuri grows a little, learns a lot and navigates her way to making better financial decisions and building wealth. This book tackles, debt, spending, the consumerist culture of the African middle class, the fear and misconceptions surrounding money and the lack of it, love, friendships, cultural and societal pressures and the roles they play in success. With each chapter comes a Smart Money Lesson, there to help you work your way up the financial ladder.

A Young Woman's Guide to Making Right Choices

In this life-changing book Claudia shows you that whatever your life looks like right now - yes whatever! You have the power to manifest a better life. With a dose of humor Claudia guides you through powerful yet easy to follow steps to take control of your life and manifest the life you want and stand out. She helps you to use your energy and time to your advantage, to learn when to say No and why it matters for your relationships and self esteem, to discover your values, decide on your life priorities and by understanding the Source Laws to engage the Source and her infinite power in manifesting your new life. Each chapter is full of experiences and wisdom and time and space for reflecting o your own path. In the last chapter you get a template to craft your own Life Plan and achieve the necessary clarity in manifestation. Claudia uses the Unicorn as a way to inspire you and add some colors to the process. Manifesting is a joyful, colorful and fun experience once you understand and unleash the power you have to create it all.

The Friendship Project

Michele Faehnle and Emily Jaminet are busy wives, mothers, and volunteers. They are also friends, Catholic speakers, and the dedicated coauthors of Divine Mercy for Moms, which continues to inspire women to come together to pray, study, and live in friendship around the Divine Mercy devotion. In the midst of their active lives, Faehnle and Jaminet found themselves missing their old friends and searching for new ones. They also realized that they needed to continually work to develop deep, meaningful relationships that would allow them to be themselves, to care for others and be cared for, and to deepen their Catholic faith. In The Friendship Project, Faehnle and Jaminet explore the cardinal and theological virtues with an eye toward friendship. Focusing on faith, hope, love, prudence, gratitude, loyalty, generosity, and prayerfulness, they help us answer questions such as, "What does it mean to be women of hope, and how does that change our lives and make us more compassionate friends during difficult times?" and "How does prayerfulness teach us how to listen to and talk with both God and our friends, which helps us reach out to those we love?" Faehnle and Jaminet answer these questions and

more by employing Church teaching and telling us stories of their own friendships and those from the lives of saints and biblical women—including the Blessed Virgin Mary and St. Elizabeth, St. Thérèse of Lisieux and her sister Servant of God Léonie, and Sts. Perpetua and Felicity. Not only will you be drawn closer to friends both new and old but you'll also be reminded how these friendships—and the virtues you practice to nurture them—draw you closer to God. Prayers, discussion questions, and a study guide make this a perfect resource for women's groups

The Busy Woman's Guide to Losing Weight and Making Money

A woman's handbook to demystifying the world of weed, whether it's being used for pain relief, a moment of calm, or a fit of giggles. Women of all ages are using cannabis to feel and look better. For rookies and experienced marijuana users alike, this lively, information-filled book is just the supportive guide you need to find the right dose to relieve anxiety, depression, and inflammation, and mitigate the onset of dementia and other signs of aging. Plus boost moods, ease aches, even lose weight, and get restful sleep. And a dose just for fun? Well, that works, too! Here's how to navigate the typical dispensary, with its overwhelming options of concentrates, edibles, vape pens, and tinctures. Understand the amazing health-giving compounds found in cannabis—THC, CBD, terpenes, and more—and how to use topicals to reduce pain and give your skin a healthy glow. There's even advice on how not to get high but still reap all the amazing health benefits. Plus over twenty recipes, from edibles like Classic Pot Brownies and Netflix and Chill Caramels to self-care products like Radiant Glow Serum and Happy Body Bar.

A Woman's Guide to Making Therapy Work

A jargon-free guide to therapy provides complete explanations of the mysteries of psychotherapy, offering valuable advice to women on how to best use therapy to gain insight into and effective solutions to their problems.

A Woman's Guide to Making Right Choices

Learn how to regain and keep your health by making the right choices. By reading this book you will learn: What creates hormone imbalances in the body; How hormonal imbalances cause weight gain and acne; What is the best laboratory test for diagnosing hormonal problems; What causes PMS, perimenopausal and menopausal symptoms; How hormonal imbalances effect your sex drive, energy levels and mood; What can you do to stop hot flashes; How to limit your risk factors for breast cancer, fibroids and osteoporosis; How to make dietary and lifestyle choices to prevent and treat hormonal imbalances. How to correct hormonal imbalances by using conventional and natural therapies. - Back cover.

A Woman's Guide to Making Therapy Work

When and who decided that we should be judged solely by size and appearance? Why do so many of us set our mood for the day when we stand on the bathroom scales? Why does weight loss and being thin so often equate to being successful and beautiful? When we cease this fight, stop the negative internal dialogue and acknowledge our uniqueness by taking full responsibility for our wellbeing, it is only then that we can release our spirit from this struggle and find peace. You have one life to live so dont waste it feeling inferior based on weight, size, appearance or lack of self-Worth. Every chapter of your life, just like this book, is a part of your story. You have the opportunity to begin a new chapter. Today is a perfect day to change your life and make peace with your body.

A Young Woman After God's Own Heart®

Results from world-renowned relationship expert John Gottman's famous Love Lab have proven an incredible truth: Men make or break relationships. Based on 40 years of research, The Man's Guide to Women unlocks the mystery of how to attract, satisfy, and succeed with a woman for a lifetime. For the first time ever, there is a science-based answer to the age-old question: What do women really want in a man? Dr. Gottman, author of the New York Times bestseller The Seven Principles for Making Marriage Work, and his wife and collaborator, clinical psychologist Julie Schwartz Gottman, PhD, have pored over the research along with bestselling coauthors Douglas Abrams and Rachel Carlton Abrams, MD. Together, they have written this definitive guide for men, providing answers on everything from how to approach a woman and build a connection with her to how to truly satisfy her in bed and know when the relationship is on the right track. The Man's Guide to Women is a must-have playbook for how to play—and win—the game of love.

A Young Woman's Guide to Making Right Choices

Money may not buy you love, but it certainly helps with life's other little luxuries. From shopping sprees to pension plans, IRAs to investments, money plays a crucial role in present and future comfort. Luckily, handling personal finances is much easier than the financial industry would have us believe. Combining years of financial expertise with a healthy dose of skepticism and an easy sense of humor, this sharp and appealing guide to personal wealth for women provides all the answers. Whether you are drowning in debt, negotiating a higher salary, or tackling the thorny issue of a prenuptial, this is the conclusive resource for sorting your finances out for good and transforming your bank from a constant worry into a source of peace of mind.

Divorce 101

What does it mean to live God in your everyday life? It means knowing and following God's perfect plan for you as a young woman. Learn how to grow close to God get along with your family and friends make the right kinds of choices become more like Jesus prepare for the future fulfill the desires of your heart As you read along, you'll find yourself caught up in the exciting adventure of a lifetime—that of becoming a woman after God's own heart! You'll love the special "Heart Response" sections created just for you. And the practical "Things to Do Today" will help you in your desire to know and follow God. Includes new and updated content.

Making Sense of Men

One out of three married women sitting in an average conservative Christian church is in a confusing and painful marriage relationship. Those women believe they are alone. I want them to know they aren't. They believe they can't find peace. I want them to know they can. They believe they don't have choices. I want them to know they do. This book isn't for the parents who raised them. It's not for the pastors who condemn them. It's not for the friends who don't understand them. And it's not for the partner who dehumanizes them. This book is for the woman in the pew who somehow, by God's divine intervention, finds it in her hand and has to catch her breath because she suddenly feels like she's free falling. I wrote this book just for you. Let's dig in.

The Smart Money Tribe

Step into the world of Alison Armstrong, where love, care, and attention from men are normal and relied upon—and a way of life available for every woman. Do you have to sell your soul? Not even close. This book can be your guide, an unexpected friend, even a prophecy for your future. Funny information-packed text, illustrative charts and enlightening side-bars will deliver priceless insights into men their motivations and their inspirations. Making Sense of Men will teach you: "Why men pursue some women for sex and others for heart-felt relationships" "How to tell when a man is emotionally involved" "How to inspire generosity and attentiveness in all men" "How you can be strong and successful—without discouraging men"

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