

Attitude Is Everything Change Your Attitude and You Life Jeff Keller

Attitude Is Everything Attitude is Everything Choose Your Attitudes, Change Your Life Warren Buffett's Management Secrets Positive Attitude The Power of Your Attitude The Fiery Trial: Abraham Lincoln and American Slavery Ugliers: Cutters (Graphic Novel) A Positive Attitude is Everything Attitude Is Everything: Change Your Attitude Change Your Life! Attitude is Everything Rev Edlkigai The Five Major Pieces to the Life Puzzle Get Off Your Attitude Attitude Is Everything Choose Your Attitude, Change Your Life Leadership 101 The Phantom Tollbooth The Power of Positive Thinking Embrace Your Greatness FREEDOM Esme's Wish The Power of a Positive Attitude Attitude Is Everything The Ultimate Secret to Getting Absolutely Everything You Want Learning to Love Math Stress Is A Choice Attitude Is Everything How to Develop a 'Never Give up' Attitude Attitude Is Everything Blood Bound Attitude is Everything Power of Attitude Letter from the Birmingham Jail Attitude Is Everything The Leader's Greatest Return Positive Thinking Attitude Is Everything Life's Amazing Secrets Attitude is Everything

Attitude Is Everything

It's time to start feeling good about yourself! In this go-to guide, a licensed professional counselor offers 50 quick tips and tools to help you overcome self-doubt, silence your inner critic, be assertive, boost your self-esteem, and embrace your greatness. In our image-obsessed world, it's easy to compare yourself to friends, celebrities, and models. Social media has skewed our perception of reality by only offering images of people at their best. But the truth is that most people struggle with self-criticism and self-doubt—at least some of the time. So, how can you stop paying attention to your inner critic and start focusing on what makes you truly great? In *Embrace Your Greatness*, you'll find powerful—yet incredibly simple—tools grounded in mindfulness, acceptance, self-compassion, and positive psychology to help you start feeling good about yourself. The book includes unique and engaging activities and exercises to help you put a stop to that nagging inner critic, overcome perfectionism, and develop lasting self-confidence. You'll also discover ways to be more assertive, develop healthy relationships that support a healthy you, and cultivate an unshakable sense of optimism about yourself and your life. If you need a quick confidence boost, this fun guide offers 50 ways to nix your nagging inner critic and start loving who you are.

Attitude is Everything

Is there a way to get students to love math? Dr. Judy Willis responds with an emphatic yes in this informative guide to getting better results in math class. Tapping into abundant research on how the brain works, Willis presents a practical

approach for how we can improve academic results by demonstrating certain behaviors and teaching students in a way that minimizes negativity. With a straightforward and accessible style, Willis shares the knowledge and experience she has gained through her dual careers as a math teacher and a neurologist. In addition to learning basic brain anatomy and function, readers will learn how to

- * Improve deep-seated negative attitudes toward math.
- * Plan lessons with the goal of "achievable challenge" in mind.
- * Reduce mistake anxiety with techniques such as errorless math and estimation.
- * Teach to different individual learning strengths and skill levels.
- * Spark motivation.
- * Relate math to students' personal interests and goals.
- * Support students in setting short-term and long-term goals.
- * Convince students that they can change their intelligence.

With dozens of strategies teachers can use right now, *Learning to Love Math* puts the power of research directly into the hands of educators. *A Brain Owner's Manual*, which dives deeper into the structure and function of the brain, is also included—providing a clear explanation of how memories are formed and how skills are learned. With informed teachers guiding them, students will discover that they can build a better brain . . . and learn to love math!

Choose Your Attitudes, Change Your Life

Warren Buffett's Management Secrets

The author discovered the power of a positive attitude! Jeff Keller began an intensive study of personal growth principles. You, too, have the ability to transform your own life and soar to new heights of success and fulfillment.

Positive Attitude

After waking in a shallow grave and clawing her way to freedom, Penelope Francis hunts for the rogue who stole her life and transformed her into a vampire. Despite being corrupted into a feared preternatural, she clings to her humanity and refuses to prey on innocents, instead slaking her thirst on other miscreant vampires. In exchange for a chance at revenge, she joins forces with the charismatic master of the Lowrance brood, a choice that may spell the salvation—or destruction—of humanity as she knows it.

The Power of Your Attitude

By learning and applying the 12 lessons in this book, you'll be energized you'll begin to see new possibilities you'll take action to develop your unique talents and you'll achieve extraordinary results.

The Fiery Trial: Abraham Lincoln and American Slavery

What separates the WINNER from the QUITTER? What turns LOSERS into LEGENDS? What transforms the MUNDANE into the MAGICAL? What wipes GLOOM and sweeps life with GLORY and GUTS? It is the attitude to never give up! Not everyone born on Earth is successful. Success comes to those who pursue their goal with persistence, purpose and dedication. They are the ones who can convert their dreams to reality. They never give up on their dreams, no matter what the odds are. Enriched with simple techniques and stories, this book is a practical guide to developing the attitude to stay strong, confident and committed in the journey towards achieving one's dream.

Uglies: Cutters (Graphic Novel)

A journey through a land where Milo learns the importance of words and numbers provides a cure for his boredom.

A Positive Attitude is Everything

This book, "Positive Thinking: Change your Attitude, Change Your Life" will do just what the title says, it will change your life. This is not your run of the mill power of positive thinking book. It not only tells you about the power of positive thinking and how to utilize this to change your life, but it also explains HOW this works, how your mind works and why negative thinking can and will bring about negative consequences. The author draws upon real life circumstances and analogies to bring the information contained within this book to life, explaining in detail not only how or thinking can keep us from succeeding, but tells us why it works the way it works and how we can combat it to help us succeed in meeting our goals and being the person we were truly meant to be. He does this in a no-nonsense straight forward manner, encouraging us to be the best we can be by silencing those thoughts that tend to put us in this negative cycle. In this book you will learn about: How your mind works to realize your commands How to train your mind to think in positive patterns How to focus on the present and realize the only time is now How to quiet the inner voice of negativity How to overcome those outer voices of negativity How to get past your past How to focus on the present in order to meet your future goals and a whole host of other information to help us understand ourselves, our minds and our potential for being the best we can possibly be. I have personally read many self-help books that promise to bring the power of positive thinking to reality but have often ended up disappointed and disillusioned with the feeling that there was something I was missing, or maybe it was all just some sort of joke or hoax. This book actually helped me to realize what it was I was missing, where many of those books left me still spiraling out of control, trying to use "positive affirmations" but still failing, this book explained in detail the steps I need to take and helped me to really understand how positive thinking works. One chapter, titled "The Power of Negative Thinking" really brought it all into focus and showed me why, previously I was unable to use positive thinking as I was already bogged

down with so many negative thoughts. This book also helps you in becoming aware of your "self" to recognize how you might react to situations, then recognize the "voice" that guides you in your reaction and finally using positive affirmations to release the negative. By the time you are finished reading this book you will find yourself much more informed and equipped to do battle with negativity than you ever realized was possible. The reading is easy and informative with many illustrations and examples so that you can get a great grasp of the subject matter, regardless of your level of comprehension. I read this book to my 9 year old, just to see if he would "get it" and he actually understood the concepts just as well as I did once I finished reading it to him and immediately started putting the concepts into practice. This is the best self-help, positive thinking book I have ever read, which is why I took the time to write this description, as a reader who has been looking for something like this for a long time. I think you will agree that this book will definitely change your attitude and change your mind and will set you on a road to success through Positive Thinking. Give it a read, and let me know what you think in the comments below. I just want to say, if this doesn't help you to see the potential within your own mind, nothing will. Good reading!"

Attitude Is Everything: Change Your Attitude Change Your Life!

'To have more we must first become more', is the very essence of the philosophy of personal development, success and happiness addressed by America's foremost business philosopher in this book. Jim Rohn presents a realistic and powerful formula for the attainment of success and happiness. The philosophy within these pages is a blending of many of his publicly expressed insights combined with an abundance of new material from his private journals.

Attitude is Everything Rev Ed

HUMAN TRAFFICKING She is unique. She is spiritual. She is powerful. To become a detective was her passion. Honey is working with the most famous and intelligent detective in her city. Through a quirk of fate, she ends up investigating a case of human trafficking. Her interactions with the victims are thrilling and terrifying. Working on this case she comes to know how deep, barbaric and inhumane the web of powerful people is. Will she be able to solve this case? Can her spirituality help her make sense of this dark world? **ENCOUNTER WITH SOUL** Rasbeen is intelligent, smart and ambitious. She has dreams to fulfill, but her father has something else in mind for her. His negative pressure and attitude hold power over her life. Will she be able to survive? One day, she has an encounter with her soul. Can the soul lift her from her deathbed and make her a confident girl?

Ikigai

Henry Ford once said, "Whether you think you can, or think you can't you're right." This one-of-a-kind ebook addresses what matters most as it relates to your success in life. It will guide you to develop a positive attitude, reduce stress, attack your fears and keep your passion alive! In *The Power of Attitude* Mac Anderson, takes you on a journey of personal discovery in this powerful, beautifully designed gift book. It will help you manage your energy levels, keep your soul alive, take new paths, reduce stress, attack your fears, and hang on when the storms blow through.

The Five Major Pieces to the Life Puzzle

Get Off Your Attitude

The book is divided into several sections covering Warren Buffett's personal business management: . Managing one's life - focuses on Buffett's insistence on a good education, picking one's heroes early in life, and staying away from things that damage you personally. The authors also discuss Buffett's belief that challenges make life interesting. . Managing One's Career - Buffett believes that you should work at something that you are passionate about. Do what you like and you will find a way to make money. Do what you hate and you will be miserable even if you are rich. . Managing Employees - place honesty on the same level as intelligence as a managerial attribute. How to keep managers inspired and working hard. . Managing the Business - Buffett has learned that companies that have a durable competitive advantage over their competitors consistently earn more money year after year and are the easiest to manage. . Managing of Personal Money - discover the simple rules that Buffett uses for buying other businesses and how he has incorporated them into his own personal investment style.

Attitude Is Everything

What has your attitude got to do with anything? Everything! Get Off Your Attitude means to think positive and take action—talk, believe, act, and think in a positive manner and change your life! Learn how to: Engage in positive relationships Passionately pursue your dreams Live in the now and forgive your past Smile at adversity Be courageous and have faith Be grateful and give back

Choose Your Attitude, Change Your Life

"A brilliant book that will make your heart and life sing." -Mark Victor Hansen, cocreator of the #1 New York Times best-selling series *Chicken Soup for the Soul* "Simple, easy to understand, Hernacki spells out 'intention' so that everyone can

get it." -Chizine Carter-Scott, Ph. D., author of *If Life is a Game, These Are the Rules* The key to success, happiness, and financial security lies in the power of the human mind and the human will. Mike Hernacki asserts that you are in charge of your own future, and he provides inspiring stories which prove that with the willingness and intention to succeed, you can achieve all your life goals. With a positive attitude and an open mind, anything is possible—a better job, a happy marriage, an education, a new home, good health, and fortune. The future is yours for the making, and with Hernacki's help, you can get absolutely everything you want and more.

Leadership 101

Translated into 15 languages with more than 7 million copies sold, *The Power of Positive Thinking* is unparalleled in its extraordinary capacity for restoring the faltering faith of millions. This book will show you how you can deal more effectively with tough situations and difficult people, and dramatically improve your performance and confidence. You will learn:

- How to eliminate that most devastating handicap—self doubt
- How to free yourself from worry, stress and resentment
- How to climb above problems to visualize solutions and then attain them

With inspiring examples and anecdotes, the book successfully delivers stimulating ideas and practical techniques to adopt optimism and live a victorious life. *The Power of Positive Thinking* is a phenomenal bestseller that has inspired millions of people across the world.

The Phantom Tollbooth

Get a more positive attitude and enjoy life better! Do you want to be more positive and have a happier attitude towards life? This book gives you the solution. This book contains advice on how to change your attitude and find more meaning and purpose in life. For example, this book will help you secret techniques on: Complaining less Having a brighter attitude Changing your life for the better Letting go of control Dealing with problems more effectively Training your brain Finding more joy in life Making people like you more And there is lots more. So don't keep waiting! Download this e-book now! Find out right now how to improve your perspective and have positive attitude towards life, your friends and all circumstances. Keywords: complain less, complaining less, stop complaining, how to stop complaining, positive attitude results, positive attitude effects, attitude is everything, a happy attitude, become more positive, be more positive, being more positive, becoming more positive, positive outlook on life, positive perspective, positive life, positivity, optimistic thoughts, optimism, become more optimistic, be more optimistic, feel better, feeling better, feeling happier, finding purpose, how to find purpose, life-changing attitude, life-changing thoughts, choosing attitude, choose attitude, how to change attitude, changing your attitude, better perspective, better future, positive future, dealing with problems, finding more joy, find more joy, how to be happier, feel better now, feeling better now, feel more positive, feeling more positive, positive feelings, feelings of optimism, optimistic attitude

The Power of Positive Thinking

At the age of twenty eight, Conor Devine had a fantastic life by any measure. With a supportive family and a great career, he had just married Kate, the love of his life. The young couple honeymooned on the tropical island of Mauritius, but on the first day of their new life, disaster struck. Conor's body came under attack by a mysterious virus, confining him to the hospital for the rest of his visit. Within a year, he was diagnosed with multiple sclerosis. The disease brought his world to a halt. How would he support his family? How would he carry out his life confined to a wheelchair? How could this happen to a healthy young man? He lived in a world filled with questions and void of any answers. As Conor lays out, multiple sclerosis, or MS, is an inflammatory disease in which the fatty sheaths that protect and cover nerve cells are damaged. This leads to a broad spectrum of symptoms including tremors, muscle spasms, loss of balance, numbness, slurred speech, and uncontrollable eye movements. As the disease progressed, Conor worked out a plan to begin rebuilding his life. After three years of struggling with on-again, off-again attacks, the young man decided he needed to formulate a strategy to regain control of his brain. Using a three-point plan, he mapped out a framework to beat multiple sclerosis and begin living and dreaming once more. This inspiring account will motivate others to examine their own lives and see what improvements can be made when everything else seems hopeless. As the author admits, MS symptoms and severity vary widely from person to person. His story of recovery may be just as valid as the more severe sufferer who takes pride in being able to walk just a few steps every day. Ultimately, Attitude is Everything: My MS Story will appeal to a broad range of readers looking for an inspirational tale that demonstrates the great power of summoning a positive attitude to confront life's problems.

Embrace Your Greatness

Keith Harrell has taken the corporate lecture circuit and the media by storm and is poised to take his place among the great motivational greats of the world. His message is simple, yet powerful: attitude, whether positive or negative, has the power to impact on an organisation's or an individual's success. In this all-new book, Harrell offers an enlightening, inspiring and practical guide for gaining control of your career and your life by ridding yourself of negative attitudinal baggage, building positive attitudes, and then turning them into actions to help you to achieve your dreams.

FREEDOM

Stop giving up on your dreams and start turning them into reality. The journey to a successful life starts with the superpower called Attitude. Jawed Habib believes that the right attitude can make you a winner. Attitude is Everything unravels the dynamic professional journey of the hairdresser turned entrepreneur and politician, Jawed Habib, who in this

book unfolds the secrets of his success in building one of the world's leading hair and beauty empire.

Esme's Wish

Attitude affects every facet of our lives—from the way we handle stress to how we communicate at work. The way we view difficulties and setbacks can make the difference between success and failure. Roger Fritz has devoted his career to helping people overcome obstacles and achieve their goals by changing their outlook on life. In *The Power of a Positive Attitude*, he shows readers how to develop a deeper understanding of the effects of their attitude and how it influences not only their performance but the results others achieve. Now, readers can learn to succeed in business by:

- assessing their attitude toward themselves and their co-workers
- overcoming negative attitudes
- learning the dos and don'ts in dealing with their bosses
- becoming better listeners
- overcoming resistance to change in the workplace
- rejecting suggestions without causing resentment
- giving and responding to criticism from team members
- disagreeing with employees and colleagues without being disagreeable
- conquering burnout and stress.

Life-affirming and authoritative, this is an invaluable book that will empower anyone to face life and work with joy and confidence.

The Power of a Positive Attitude

You've heard the expression, "Attitude is everything." But can a positive mental attitude make all that much difference in your personal and professional life? Deborah Smith Pegues, author of the bestselling *30 Days to Taming Your Tongue*, believes strongly that it can. In *Choose Your Attitude, Change Your Life*, Deborah explores the root causes of 30 negative attitudes, their impact on your life and relationships, and how you can learn to think positively instead. As a result, she helps you recognize and conquer counterproductive behaviors, such as criticizing the choices others make, being inflexible, and being indifferent to the needs of others. Deborah's handy guide uses Bible-based principles and practical strategies to point you toward the path to a better outlook on life, empowering you to display a positive mental attitude in every situation and leading to healthier relationships, personal growth, and the ability to handle life's challenges as never before. Previously titled *30 Days to a Great Attitude*.

Attitude Is Everything

The Ultimate Secret to Getting Absolutely Everything You Want

Experience the riveting, dystopian *Uglies* series seen as never before—through the eyes of Shay, Tally Youngblood's closest

and bravest friend, who refuses to take anything about society at face value. “From the moment we are born, we are considered threats in need of ‘special’ management. We are watched and shaped and exploited by a force most of us never see. . . . All to keep us safe. . . . Do you feel safe?! Or do you feel like you’re in a cage?”—Shay In *Pretties*, Tally Youngblood and her daring best friend, Shay, both underwent the operation that turned them from ordinary Ugliers into stunning beauties. Now this thrilling new graphic novel reveals Shay’s perspective on living in New Pretty Town . . . and the way she sees it, there’s more to this so-called paradise than meets the eye. With the endless parties and custom-made clothes, life as a Pretty should be perfect. Yet Shay doesn’t feel quite right. She has little to no memory of her past; it’s as if something in her brain has inexplicably changed. When she reunites with Tally and the Crims—her rebellious group of friends from Uglyville—she begins to recall their last departure to the wild, and the headstrong leader she used to be. And as she remembers the truth about what doomed their escape, Shay decides to fight back—against the status quo, against the mysterious Special Circumstances, even against her own best friend.

Learning to Love Math

What is the greatest return on a leader’s time? After leaders have invested in their own leadership growth, what is the best way to accomplish their vision and grow their organizations? Develop leaders! The more leaders an organization has and the better equipped they are to lead, the more successful the organization and all of its leaders. Number one New York Times bestselling author John C. Maxwell is often identified as the most influential leadership expert in the world. In the last twenty-five years, he has grown from equipping a handful of leaders in one organization to developing millions of business, government, and nonprofit leaders in every country around the world. In *The Leader’s Greatest Return*, Maxwell shares the most important lessons he’s learned about the leadership development process over the last quarter century. He instructs readers in how to Recognize potential leaders Attract leaders by creating a leadership “table” Work themselves out of a job by equipping and empowering leaders Position leaders to build a winning team Coach leaders to higher levels and make them leadership developers themselves This is where leaders really experience the compounding value of developing leaders and go to the highest levels of leadership themselves. Anyone who wants to take the next step in their leadership, build their organization or team today, and create their legacy for tomorrow needs to read *The Leader’s Greatest Return*.

Stress Is A Choice

In *Stress Is A Choice* by David Zerfoss you will learn about 10 rules to simplify your life and eliminate stress in the process. You are the creator of the world you live in. Choose to be less stressed. Learn how in this new ebook.

Attitude Is Everything

Do you dread going to work? Do you feel tired, unhappy, weighed down? Have you given up on your dreams? The road to a happier, more successful life starts with your attitude—and your attitude is within your control. Whether your outlook is negative, positive or somewhere in between, Jeff Keller, motivational speaker and coach, will show you how to take control and unleash your hidden potential through three powerful steps: -THINK! Success begins in the mind. The power of attitude can change your destiny. -SPEAK! Watch your words. How you speak can propel you towards your goals. -ACT! Don't sit back. Take active steps to turn your dreams into reality. Soon, you will be energized and see new possibilities. You will be able to counter adversities and develop talents unique to you. Your relationships will improve, both at work and in your personal life. All you need is this step-by-step programme to change your attitude and your life!

How to Develop a 'Never Give up' Attitude

Millions of people around the world recognise the smiling face and inspirational message of Nick Vujicic. Although he was born without arms or legs, Nick's challenges have not kept him from enjoying great adventures, a fulfilling and meaningful career, and loving relationships. Nick has overcome trials and hardships by focusing on the promise that he was created for a unique and specific purpose, that his life has value and that, no matter the despair and hard times in life, God is always present. Nick credits his success in life to the power that is unleashed when faith takes action. *Attitude is Everything* is the complete story of gutsy Nick Vujicic, an amazing 31 - year - old Aussie who is now an internationally successful inspirational speaker and author. Including all three of Nick's bestselling books - *Life Without Limits*, *Unstoppable* and *Limitless* - *Attitude is Everything* is packed full of wisdom, testimonials of his faith and laugh - out - loud humour.

Attitude Is Everything

Unleash your leadership potential. No matter who you are, you can lead—and lead well. That is the message New York Times bestselling author John C. Maxwell gives in this power-packed guidebook: *Leadership 101*. Here the consummate leader offers a succinct and inspiring framework for enhancing the leadership abilities you already possess. Learn how to: Follow your vision and bring others with you Produce a lasting legacy Grow the loyalty of your followers Make continual investments in the quality of your leadership Increase your ability to influence others Determine your leadership "lid" Empower others through mentoring Create a foundation of trust Use self-discipline to improve your character—and your results One of the keys to successful leadership is applying the concepts that have made other leaders strong. Here's your opportunity to do just that.

Blood Bound

Attitude is Everything

“A masterwork [by] the preeminent historian of the Civil War era.”—Boston Globe Selected as a Notable Book of the Year by the New York Times Book Review, this landmark work gives us a definitive account of Lincoln's lifelong engagement with the nation's critical issue: American slavery. A master historian, Eric Foner draws Lincoln and the broader history of the period into perfect balance. We see Lincoln, a pragmatic politician grounded in principle, deftly navigating the dynamic politics of antislavery, secession, and civil war. Lincoln's greatness emerges from his capacity for moral and political growth.

Power of Attitude

This was her last chance. Her hand twisted high in the air. When fifteen-year-old Esme Silver objects at her father's wedding, her protest is dismissed as the action of a stubborn, selfish teenager. Everyone else has accepted the loss of Esme's mother, Ariane—so why can't she? But Esme is suspicious. She is sure that others are covering up the real reason for her mother's disappearance—that 'lost at sea' is code for something more terrible, something she has a right to know. After Esme is accidentally swept into the enchanted world of Aeolia, the truth begins to unfold. With her newfound friends, Daniel and Lillian, Esme retraces her mother's steps in the glittering canal city of Esperance, untangling the threads of Ariane's double life. But the more Esme discovers about her mother, the more she questions whether she really knew her at all.

Letter from the Birmingham Jail

How to Find Balance and Purpose in Your Life

Attitude Is Everything

No Matter What Happens, Attitude Is a Choice As much as you try, sometimes you just can't change your circumstances—and never the actions of others. But you do have the power to choose how your attitude affects your outlook on your day and those you influence in your life. Join bestselling author Stan Toler as he shares the what, why, and how behind the transformation you desire. With this book, you'll release the thoughts and habits that keep you from experiencing joy on a daily basis learn the seven choices you can make to get out of a rut and into greater success implement a plan to improve your outlook in three vital areas and conquer negativity After having lost his father in an industrial accident as a boy, Toler knows about coping with unexpected tragedies and harsh realities. He will gently guide you through the internal processes that can positively change any life—including yours.

The Leader's Greatest Return

In "Letter from Birmingham Jail," Martin Luther King Jr. explains why blacks can no longer be victims of inequality.

Positive Thinking

Do you want to be more positive and have a happier attitude toward life? This book gives you the solution. It contains advice on how to change your attitude and find more meaning and purpose in life. For example, it will help you with secret techniques on: Complaining less Having a brighter attitude Changing your life for the better Letting go of control Dealing with problems more effectively Training your brain Finding more joy in life Making people like you more And there's lots more! Listen to discover how to improve your perspective and have positive attitude toward all circumstances in life.

Attitude Is Everything

Los Angeles Times bestseller "If hygge is the art of doing nothing, ikigai is the art of doing something—and doing it with supreme focus and joy." —New York Post Bring meaning and joy to all your days with this internationally bestselling guide to the Japanese concept of ikigai (pronounced ee-key-guy)—the happiness of always being busy—as revealed by the daily habits of the world's longest-living people. What's your ikigai? "Only staying active will make you want to live a hundred years." —Japanese proverb According to the Japanese, everyone has an ikigai—a reason for living. And according to the residents of the Japanese village with the world's longest-living people, finding it is the key to a happier and longer life. Having a strong sense of ikigai—the place where passion, mission, vocation, and profession intersect—means that each day is infused with meaning. It's the reason we get up in the morning. It's also the reason many Japanese never really retire (in fact there's no word in Japanese that means retire in the sense it does in English): They remain active and work at what they enjoy, because they've found a real purpose in life—the happiness of always being busy. In researching this book, the authors interviewed the residents of the Japanese village with the highest percentage of 100-year-olds—one of the world's Blue Zones. Ikigai reveals the secrets to their longevity and happiness: how they eat, how they move, how they work, how they foster collaboration and community, and—their best-kept secret—how they find the ikigai that brings satisfaction to their lives. And it provides practical tools to help you discover your own ikigai. Because who doesn't want to find happiness in every day?

Life's Amazing Secrets

Mega-successful motivational speaker profiled in the Wall Street Journal, Keith Harrell shows how to put good attitude to

work to get ahead in all aspects of life Keith Harrell has been taking the corporate lecture circuit—and the media—by storm, and is poised to take his place among the motivational greats of the world. At six feet six inches, 43-year-old Harrell has the charisma of Tony Robbins, the intellect of Stephen Covey and the looks of Stedman Graham. He regularly inspires Fortune 500 companies with a 100% satisfaction rate. His message is simple yet powerful: Attitude, whether positive or negative, has the power to impact on an organization's or individual's success. Harrell teaches readers techniques for maintaining a powerful positive attitude in order to get ahead in life.

Attitude is Everything

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