

Haiti Cherie Haitian Creole Cuisine Haitian Creole Cuisine

HaitiAn Historical Account of the Black Empire of Hayti, Comprehending a View of the Principal Transactions in the Revolution of Saint DomingoA Haiti ChronicleHaitiTectonic ShiftsClinton in HaitiHaitian-English DictionaryCreole Made EasyThe Eurhythmics of Jaques-DalcrozeC'est Si Bon!Haitian Creole-English DictionaryThe Cookbook LibraryVodou Songs in Haitian Creole and EnglishFlavors of the World - Haiti: Your Guide to Delicious Haitian CuisineHaitian Creole Phrasebook: Essential Expressions for Communicating in HaitiFine Haitian CuisineEight DaysFood for the Body Food for the SoulEthnic American Food TodayRuth's JourneyTell My HorseThe Haitian Creole LanguageA Haiti ChronicleTaste the IslandsA Taste of HaitiSurvival CreoleHeavenly Haiti Recipes: Your 1st Go-To Cookbook of Authentic Haitian Dishes!Dear Haiti, Love ElaineThe HaitiansPawòl LakayCaribbean VeganHaitian CookbookThe Haitian RevolutionWomen Warriors of the Afro-Latina DiasporaLiterature and Ideology in Haiti, 1915-1961Culture and Customs of HaitiMountains Beyond Mountains50 Favorite Jamaican RecipesHaiti CherieClaire of the Sea Light

Haiti

An Historical Account of the Black Empire of Hayti, Comprehending a View

of the Principal Transactions in the Revolution of Saint Domingo

From the best-selling author of *Brother, I'm Dying* and *The Dew Breaker*: a stunning new work of fiction that brings us deep into the intertwined lives of a small seaside town where a little girl, the daughter of a fisherman, has gone missing. Claire Limyè Lanmè—Claire of the Sea Light—is an enchanting child born into love and tragedy in Ville Rose, Haiti. Claire's mother died in childbirth, and on each of her birthdays Claire is taken by her father, Nozias, to visit her mother's grave. Nozias wonders if he should give away his young daughter to a local shopkeeper, who lost a child of her own, so that Claire can have a better life. But on the night of Claire's seventh birthday, when at last he makes the wrenching decision to do so, she disappears. As Nozias and others look for her, painful secrets, haunting memories, and startling truths are unearthed among the community of men and women whose individual stories connect to Claire, to her parents, and to the town itself. Told with piercing lyricism and the economy of a fable, *Claire of the Sea Light* is a tightly woven, breathtaking tapestry that explores what it means to be a parent, child, neighbor, lover, and friend, while revealing the mysterious bonds we share with the natural world and with one another. Embracing the magic and heartbreak of ordinary life, it is Edwidge Danticat's most spellbinding, astonishing book yet. This edition includes a reading group guide.

A Haiti Chronicle

Haiti

The most widely used introduction to Haitian Creole. A simple guide to Haitian Creole for English speaking people. The basic elements of Creole grammar and vocabulary in sixteen easy lessons. • How to pronounce Creole words. • Simple exercises with translation keys. • Dictionary of 4,700 Creole - English words. In less than an hour a day the short lessons will have you speaking basic Creole in about a week. You will learn key Creole words, how to pronounce those words, and how to put those words together into useful sentences. This book is ideal for those who will visit or work in Haiti and desire to communicate with her people. "Creole Made Easy gets everything right. It's exactly the vocabulary and concepts you need, clearly explained, in just enough depth." -Carlo Diy, HaitiHub.com An audio pronunciation guide is available separately as a 2 CD set or as MP3 files.

Tectonic Shifts

"I couldn't put Dear Haiti, Love Alaine down!" —New York Times bestselling author Jasmine Guillory "An enchanting and engrossing novel full of wit and laughter." —Edwidge Danticat, author of Breath, Eyes, Memory "Remarkable, funny, and whip-smart." —Ibi Zoboi, author of American Street, National Book Award finalist "Maika and Maritza Moulite have created quite the masterpiece." —NPR.org "Alaine's sarcastic quips are worth the price of admission alone." —HYPEBAE "A beautiful story from start to

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finish.” —Buzzfeed Alaine Beuparlant has heard about Haiti all her life But the stories were always passed down from her dad—and her mom, when she wasn’t too busy with her high-profile newscaster gig. But when Alaine’s life goes a bit sideways, it’s time to finally visit Haiti herself. What she learns about Haiti’s proud history as the world’s first black republic (with its even prouder people) is one thing, but what she learns about her own family is another. Suddenly, the secrets Alaine’s mom has been keeping, including a family curse that has spanned generations, can no longer be avoided. It’s a lot to handle, without even mentioning that Alaine is also working for her aunt’s nonprofit, which sends underprivileged kids to school and boasts one annoyingly charming intern. But if anyone can do it all it’s Alaine. “Delightful.” —Essence magazine “Alaine Beuparlant is YA’s new favorite heroine.” —Author Nina Moreno for Bustle “Seamlessly blending story lines and allusions to Haiti’s history and culture, the authors create an indelible, believable character in Alaine—naive, dynamic, and brutally honest—who stretches and grows as her remarkable, affectingly rendered family relationships do.” —Publishers Weekly (starred review) “Sisters Maika and Maritza Moulite deliver a phenomenal coming-of-age story with this stunning novel.” —Booklist (starred review) “Enchanting.” —Kirkus Reviews Winner of a Parent’s Choice Award!

Clinton in Haiti

Counselor for Public Affairs at the U.S. Embassy in Port-au-Prince in 1999-2001, Daniel Whitman was

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haunted by the country's people and landscapes, its nuanced language, and complex and rewarding friendships. His friends included neighbors, art gallery owners, gas station attendants - but mostly Haiti's intrepid journalists and broadcasters. Unlike others, Whitman believed that the three elections of 2000 could advance Haiti's democracy and its development from the bottom rung as poorest nation in the Western Hemisphere. He was wrong; they did not. Local supremacists killed, torched and rushed to fraud while foreigners forgave and even blessed the electoral debacles without posing the resistance even of meaningful public comment. However, seeds also germinated to make Haiti one day fit for its inventive, humor-loving and too often betrayed people. The effort was kept alive largely by Haiti's gritty journalists, going into hiding when necessary for their survival, but newly organized in October of 1999, into a tenacious and daring national federation. The nationwide Haitian Press Federation advanced against all odds, and held eight regional meetings which changed political discourse forever in Haiti. The country now enters a post-Aristide interlude. The failure of one regime does not guarantee success for the next. A Haiti Chronicle offers recent context for understanding Haiti's current crisis, and opportunity.

Haitian-English Dictionary

Haiti The First Black Republic tells the story of the fall of Haiti, and the subsequent rise that led Haiti becoming the first black republic. The instrumental war heroes and the actions of the Haitian people to

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fight and gain independence from European and French rule are highlighted in this illustrative historical work. Haiti: The First Black republic is a powerful historical guide; and simply a must read.

Creole Made Easy

Ethnic American Food Today is the first encyclopedia to illuminate the variety and complexity of ethnic food cultures in this country and to address their place within the larger American culture.

The Eurhythmics of Jaques-Dalcroze

Counselor for Public Affairs at the U.S. Embassy in Port-au-Prince in 1999-2001, Daniel Whitman was haunted by the country's people and landscapes, its nuanced language, and complex and rewarding friendships. His friends included neighbors, art gallery owners, gas station attendants - but mostly Haiti's intrepid journalists and broadcasters. Unlike others, Whitman believed that the three elections of 2000 could advance Haiti's democracy and its development from the bottom rung as poorest nation in the Western Hemisphere. He was wrong; they did not. Local supremacists killed, torched and rushed to fraud while foreigners forgave and even blessed the electoral debacles without posing the resistance even of meaningful public comment. However, seeds also germinated to make Haiti one day fit for its inventive, humor-loving and too often betrayed people. The effort was kept alive largely by Haiti's gritty journalists, going into hiding when necessary for their

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C'est Si Bon!

Haiti Cherie Creole Cuisine is a cookbook about Haitian food and culture. It is a very colorful cookbook with more than 100 recipes and colorful photos of delicious and authentic Haitian traditional food.

Haitian Creole-English Dictionary

“Exquisitely imagined, deeply researched . . . brings to the foreground the most enigmatic and fascinating figure in *Gone with the Wind*. This is a brave work of literary empathy by a writer at the height of his powers, who demonstrates a magisterial understanding of the period, its clashing cultures, and its heartbreaking crises.” —Geraldine Brooks, author of *March* The only authorized prequel to Margaret Mitchell’s *Gone with the Wind*—the unforgettable story of Mammy. On a Caribbean island consumed by the flames of revolution, an infant girl falls under the care of two French émigrés, Henri and Solange Fournier, who take the beautiful child they call Ruth to the bustling American city of Savannah. What follows

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is the sweeping tale of Ruth's life as shaped first by her strong-willed mistress, and then by Solange's daughter Ellen and Gerald O'Hara, the rough Irishman Ellen chooses to marry; the Butler family of Charleston and their unexpected connection to Mammy Ruth; and finally Scarlett O'Hara—the irrepressible Southern belle Mammy raises from birth. As we witness the lives of three generations of women, gifted storyteller Donald McCaig reveals a nuanced portrait of Mammy, at once a proud woman and a captive, a strict disciplinarian who has never experienced freedom herself. Through it all, Mammy endures, a rock in the river of time. Set against the backdrop of the South from the 1820s until the dawn of the Civil War, here is a remarkable story of fortitude, heartbreak, and indomitable will—and a tale that will forever illuminate your reading of Margaret Mitchell's *Gone with the Wind*.

The Cookbook Library

The book focuses on Aristide's political career, emphasizing his strategizing, compromising and dealing with the Clinton administration. In his presentation of the conflict, Girard carefully balances Aristide's and Clinton's needs, and the demands and moral positions the leaders make against each other - the result is that each leader and his constituency comes to life, and their maneuverings and decisions become engaging and meaningful. While Girard focuses on the conflict itself and the foreign policy dynamics at play between Haiti and the US, he also paints a compelling picture of contemporary Haiti and

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delineates with great clarity the tensions which led to recent violence and the deposition of Aristide.

Vodou Songs in Haitian Creole and English

Enjoy a fun and delicious journey through the Caribbean in this vibrant collection of gourmet and home-style recipes. Hugh Sinclair and Cynthia Verna, known as "Chef Irie" and "Chef Thia" on their television show Taste the Islands, introduce ingredients and flavors that open windows into the region's many cultures. Sinclair and Verna share their own recipes as well as traditional island favorites. Starting with "stop gap" snacks like fritters made from malanga root and continuing through desserts and cocktails, they include refreshing salads like pineapple pepper slaw, soups with "a healthy dose of soul" made with bases such as calabaza pumpkin or black beans, and main dishes such as curried goat or mussels chorizo in mango coconut sauce. From the authors' home nations of Jamaica and Haiti to St. Lucia, Barbados, and Trinidad and Tobago, the communities represented in these dishes have deep histories. The recipes feature both native and colonial food traditions that have been passed down for generations and showcase African, European, Middle Eastern, and Asian influences. Sinclair and Verna also incorporate tastes and techniques from their international travels, capturing the eclectic variety of Caribbean cuisine today. Filled with colorful photographs and infused with the joy of two expert chefs celebrating the foods that are closest to their

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hearts, Taste the Islands brings the places, histories, and rhythms of the Caribbean into your home kitchen.

Flavors of the World - Haiti: Your Guide to Delicious Haitian Cuisine

The 7.0 magnitude earthquake that hit Haiti's capital on January 12, 2010 will be remembered as one of the world's deadliest disasters. The earthquake was a tragedy that gripped the nation—and the world. But as a disaster it also magnified the social ills that have beset this island nation that sits squarely in the United States' diplomatic and geopolitical shadow. The quake exposed centuries of underdevelopment, misguided economic policies, and foreign aid interventions that have contributed to rampant inequality and social exclusion in Haiti. *Tectonic Shifts* offers a diverse on-the-ground set of perspectives about Haiti's cataclysmic earthquake and the aftermath that left more than 1.5 million individuals homeless. Following a critical analysis of Haiti's heightened vulnerability as a result of centuries of foreign policy and most recently neoliberal economic policies, this book addresses a range of contemporary realities, foreign impositions, and political changes that occurred during the relief and reconstruction periods. Analysis of these realities offers tools for engaged, principled reflection and action. Essays by scholars, journalists, activists, and Haitians still on the island and those in the Diaspora highlight the many struggles that the Haitian people face today, providing lessons not only for those impacted and involved in relief, but for people engaged in struggles

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for justice and transformation in other parts of the world.

Haitian Creole Phrasebook: Essential Expressions for Communicating in Haiti

Learn how to cook delicious, authentic Jamaican food with this beautifully simple collection of traditional Jamaican recipes "Taste the Islands" is the national Caribbean cooking TV series and online authority, teaching viewers and visitors to create mouthwatering recipes from around the Caribbean. From hundreds of recipes on our Caribbean and West Indian cooking website, the most popular include traditional Jamaican recipes like fluffy fried dumplings, tender oxtail and sauce smothered brown stewed chicken. This beautifully illustrated, delightfully annotated recipe collection includes these flavor-filled Jamaican recipes and so much more. Inside you'll find: 50 all time favorite traditional Jamaican recipes including jerk sauce, steamed fish, curried goat and cornmeal porridge Recipes for the home or for large gatherings Beautiful full color images of the finished recipes Breathtaking full color images of the Jamaican landscape Interesting notes on the background and flavors of each recipe Easy to follow, step by step instructions for each recipe Alternate options for ingredients that may be challenging to find Tips and methods on how to handle some of the unique ingredients used in Jamaican and Caribbean cuisine A glossary of accessible but uniquely Caribbean ingredients A list of annual Jamaican culinary events to explore for your next vacation Whether you're

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trying Jamaican cuisine for the first time or you long for the flavors of home, this is the Jamaican cookbook for you. It also makes a great gift for friends and family. About Taste the Islands: TASTE THE ISLANDS is a half-hour cooking series featuring delightfully exotic, deliciously accessible Caribbean fare. Find it nationwide on PBS stations and Create TV.

Fine Haitian Cuisine

From National Book Award nominee Edwidge Danticat comes a timely, brilliantly crafted story of hope and imagination--a powerful tribute to Haiti and children around the world! Hope comes alive in this heartfelt and deeply resonating story. While Junior is trapped for 8 days beneath his collapsed house after an earthquake, he uses his imagination for comfort. Drawing on beautiful, everyday-life memories, Junior paints a sparkling picture of Haiti for each of those days--flying kites with his best friend or racing his sister around St. Marc's Square--helping him through the tragedy until he is finally rescued. Love and hope dance across each page--granting us a way to talk about resilience as a family, a classroom, or a friend.

Eight Days

This gorgeously illustrated volume began as notes on the collection of cookbooks and culinary images gathered by renowned cookbook author Anne Willan and her husband Mark Cherniavsky. From the spiced sauces of medieval times to the massive roasts and ragoûts of Louis XIV's court to elegant eighteenth-

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century chilled desserts, The Cookbook Library draws from renowned cookbook author Anne Willan's and her husband Mark Cherniavsky's antiquarian cookbook library to guide readers through four centuries of European and early American cuisine. As the authors taste their way through the centuries, describing how each cookbook reflects its time, Willan illuminates culinary crosscurrents among the cuisines of England, France, Italy, Germany, and Spain. A deeply personal labor of love, The Cookbook Library traces the history of the recipe and includes some of their favorites.

Food for the Body Food for the Soul

Ethnic American Food Today

Ruth's Journey

As a first-hand account of the weird mysteries and horrors of voodoo, Tell My Horse is an invaluable resource and fascinating guide. Based on Zora Neale Hurston's personal experiences in Haiti and Jamaica, where she participated as an initiate rather than just an observer of voodoo practices during her visits in the 1930s, this travelogue into a dark world paints a vividly authentic picture of ceremonies and customs and superstitions of great cultural interest.

Tell My Horse

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Toussaint L'Ouverture was the leader of the Haitian Revolution in the late eighteenth century, in which slaves rebelled against their masters and established the first black republic. In this collection of his writings and speeches, former Haitian politician Jean-Bertrand Aristide demonstrates L'Ouverture's profound contribution to the struggle for equality.

The Haitian Creole Language

In this sweeping history, leading Haitian intellectual Jean Casimir argues that the story of Haiti should not begin with the usual image of Saint-Domingue as the richest colony of the eighteenth century. Rather, it begins with a reconstruction of how individuals from Africa, in the midst of the golden age of imperialism, created a sovereign society based on political imagination and a radical rejection of the colonial order, persisting even through the U.S. occupation in 1915. The Haitians also critically retheorizes the very nature of slavery, colonialism, and sovereignty. Here, Casimir centers the perspectives of Haiti's *moun andeyo*—the largely African-descended rural peasantry. Asking how these systematically marginalized and silenced people survived in the face of almost complete political disenfranchisement, Casimir identifies what he calls a counter-plantation system. Derived from Caribbean political and cultural practices, the counter-plantation encompassed consistent reliance on small-scale landholding. Casimir shows how *lakou*, small plots of land often inhabited by generations of the same family, were and continue to be sites of resistance even in the face

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of structural disadvantages originating in colonial times, some of which continue to be maintained by the Haitian government with support from outside powers.

A Haiti Chronicle

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Taste the Islands

A Taste of Haiti

Are you looking for a new cooking routine to spice up your meals? Consider trying Haitian food. This cookbook will help you create flavorful dishes and

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give you insight into a whole new world! Whether or not you've made Haitian food before, this book will teach you how to make over 25 delicious recipes that include vast flavors and spices commonly found in this cuisine. You'll also find useful information and a few helpful tips to make it easier to cook these meals. We know your family and dinner guests will be asking for seconds so start learning how to make this delectable cuisine today! Start spicing up your meals by grab a copy of *Flavors of the World - Haiti* today!

Survival Creole

The *C'est Si Bon! Haitian Cuisine Cookbook* by At Risk Children Foundation, Inc. was created to help fund programs dedicated to assisting Haiti's vulnerable children and orphans. Haitian cuisine is unique among Caribbean nations and its primary influences include French Creole and African cuisine along with native Taíno and Spanish culinary techniques. *C'est Si Bon! Haitian Cuisine Cookbook* is a collection of recipes that capture the diverse culinary culture of the region. The book's recipes were contributed by local Haitian restaurant owners, organization members, families, and friends. *C'est Si Bon! Haitian Cuisine Cookbook* gives readers the opportunity to experience the exciting gastronomic fares of Haiti while contributing to a good cause. The proceeds from this book will be allocated to: - Chez Moi (My House) Phase 2, expanding our capacity, which entails the construction of another building on the property - Upgrading the living conditions for our children in Custine, Cavaillon - Paying for the children to go to

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school - Building the Soveyo Learning Center in Custine, Cavaillon - Ensuring ARCF's long-term stability to care for disadvantaged Haitian children.

Heavenly Haiti Recipes: Your 1st Go-To Cookbook of Authentic Haitian Dishes!

Hers is one of eleven essays and four poems included in this volume in which Latina women of African descent share their stories. The authors included are from all over Latin America-Brazil, the Dominican Republic, Haiti, Panama, Puerto Rico, Venezuela-and the United States. They write about the African diaspora and issues such as colonialism, oppression and disenfranchisement. Diva Moreira, a Brazilian, writes that she experienced racism and humiliation at a very young age. The worst experience, she remembers, was her mother's bosses' conviction that Diva didn't need to go to school after the fourth grade, "because blacks don't need to study more than that."

Dear Haiti, Love Elaine

The Haitians

A Woman's Food for Encouragement; Keep a sweet savory aroma in your very soul. As you enjoy cooking various recipes from this book, feel free to learn about the commonly used herbs and spices in Haitian cuisine, listed in chapter nine, and peruse the Haitian and French Food Dictionary located in the back of the

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book, all for your knowledge.

Pawòl Lakay

The tastes of Haiti are unique, and many are not found in their same form anywhere else in the world. Do you think it would be too difficult to learn Haitian cuisine at home? Take heart! These recipes will allow you to come as close as you can to recreating the wonderful dishes served in Haiti. Haitians are rightfully proud of the culture they protect, and food is one of the most visible ways one can experience their colorful, rich culture. Their food is AWESOME. And you don't have to travel to experience their dishes - just try some of the recipes in this helpful cookbook. Would you like to learn to integrate Haitian tastes into your recipes at home? In this book, you will learn to make dishes that come from Haiti, in the style known as *krayòl* cuisine. It is a mixture of Spanish, African, French and indigenous ingredients, methods and dishes. From the staples of beans and rice to the meat and veggie stews that are so popular, you can make these dishes for your family and friends. The fish, chicken, beef and goat meats used in Haiti are suitably complemented with peppers, tomatoes, cabbage and plantains. You'll find Scotch Bonnet peppers in many dishes, and they lend their own type of heat to those meals. Check out the 30 Haitian recipes in this book. They are irresistible, and they're not difficult to make. Your family will absolutely love these new tastes, and dinner guests will be intrigued and impressed. Turn the page and let's cook Haitian!

Caribbean Vegan

The essential terms you need to communicate with the nation's 8-plus million Haitian Creole speakers. If you are travelling to Haiti to help with the relief effort or to aid in its rebuilding, Haitian Creole Phrasebook is your must-have resource. In addition to featuring content specifically related to relief and rebuilding, this book also covers the basic topics such as introducing yourself, asking for directions, giving instructions, or asking for information. A separate section is devoted to key words and phrases related to relief efforts from communicating with medical personnel to construction and engineering terminology.

Features: A mini-dictionary includes essential vocabulary for quick reference. An audio download that features key words and phrases. Vital vocabulary and phrases relevant to relief and rebuilding processes. McGraw-Hill will donate a percentage of sales to the Haitian rebuilding effort.

Topics include: Basic Vocabulary, Basics of Haitian Creole, Greetings and Wishes, Expressing Preferences and Opinions, Numbers, Time, and Weather, Family, People, and Description, Communication, Living and Working in Haiti, Transportation and Directions, Money and Shopping, Accommodations, Food and Drink, Specialized Vocabulary, Earthquake, Construction Rebuilding, Relief Effort, Medical Vocabulary, Security, Resources

Haitian Cookbook

Spice up your life with over 200 authentic Caribbean

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recipes—veganized! Welcome to the Caribbean, home to an incredibly rich cooking tradition. Here, African, French, Asian, and Spanish influences combine with the local flavors of Barbados, Saint Lucia, Trinidad and Tobago, Jamaica, and more. You'll discover: Sweet and Savory Breakfasts: Cassava Pancakes, Herbed Sada Roti Traditional Mains: Jerk "Sausages," Pelau, Trinidadian Doubles Smoothies and Nourishing Bowls: Bajan Booster Shake, Papaya Chia Smoothie Bowl, Caribbean Macro Bowl Modern Delights: Rasta Pasta, Plantain Wellington, Caribbean Sushi Teas and Sweet and Savory Treats: Moringa Bread, Lemongrass Agave Tisane, Sweetened Hibiscus Tea, Ginger-Kissed Jam-Filled Beignets Plus Drinks and Cocktails, Desserts, and everything in between! In this expanded, full-color second edition of *Caribbean Vegan*, Barbadian chef Taymer Mason shares 75 all-new recipes, including Caribbean Sushi, Brule Jol (avocado salad), and Breadfruit Ravioli with Calabaza Squash Filling. Plus, she explains the key kitchen skills she learned growing up: how to cut breadfruit, make your own cassava flour, choose a ripe coconut, and more. The islands await you . . .

The Haitian Revolution

The *Haitian Creole Language* is the first book dealing with the central role of Creole in Haiti and the Haitian diaspora, especially in the United States. Dispelling myths about Creole, with discussions of Haitian and Haitian Creole history, it provides a foundation for educators, service providers, policy makers, social scientists, and language and literature scholars to

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understand Creole in its historical, social, political, educational, and economic developmental contexts.

Women Warriors of the Afro-Latina Diaspora

Jaques-Dalcroze explains his system of training the body to perfect rhythmic response to the mind, leading up to bodily expression of music.

Literature and Ideology in Haiti, 1915-1961

HAITIAN COOKBOOKA Beginner's GuideSuperb Flavour - Haitian cuisine is mouth wateringly delicious! Significantly influenced by Spain, France, the continent of Africa and later the United States, Haiti maintains an independently unique flavour from other Caribbean islands. Haitian cuisine is based on Creole and French cooking styles, with fritters, sauces, spices, desserts and dishes that are sure to please. Haiti Is a country with a rich culture, natural resources and a resilient population. Its history is a doorway for understanding the present world today. Many nations are in love the Haitian cuisine that they will do anything to eat their delicious food.This incredible book contains 30 Haitian recipes. In this book, you will receive an introduction to Haiti's wonderful cuisine including delicacies such as; accra, soup joumou, ti malice, béchamel, pois noir, pikliz, zepis, akasan, pain patate, blanc manger, riz et pois rouges, bouyon, griots, tassot, djon djon and more.Each recipe is introductory and intended for beginners. They are

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easy to follow and beautifully photographed. This book has been written in support of millions of Haitians living in poverty. Proceeds from the sale of this book will help bring about change for suffering Haitian communities. Haitian Cookbook is part of a social enterprise series called "Planet Cookbooks". The goal of Planet Cookbooks is to produce simple and helpful Introductory Cookbooks for the World's poorest countries, in support of community development efforts in each of these areas of the World. Planet Cookbooks are perfect for those who wish to learn more about these countries and their cuisine, while impacting the communities and lives of their people. For information on additional culinary ventures aiding Extreme Poverty around the world, please visit us online at www.PlanetCookbooks.com.

Culture and Customs of Haiti

Examines Haiti's people and society, history, religion, social customs, media, literature and language, and arts.

Mountains Beyond Mountains

Vodou songs constitute the living memory of Haitian Vodou communities, and song texts are key elements to understanding Haitian culture. Vodou songs form a profound religious and cultural heritage that traverses the past and refreshes the present. Offering a one-of-a-kind research tool on Vodou and its cultural roots in Haiti and pre-Haitian regions, Vodou Songs in Haitian Creole and English provides a substantial selection of

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hard to find or unpublished sacred Vodou songs in a side-by-side bilingual format. Esteemed scholar Benjamin Hebblethwaite introduces the language, mythology, philosophy, origins, and culture of Vodou through several chapters of source songs plus separate analytical chapters. He guides readers through songs, chants, poems, magical formulae, invocations, prayers, historical texts and interviews, as well as Haitian Creole grammar and original sacred literature. An in-depth dictionary of key Vodou terms and concepts is also provided. This corpus of songs and the research about them provide a crucial understanding of the meaning of Vodou religion, language, and culture.

50 Favorite Jamaican Recipes

With African, French, Arabic and Amerindian influences, the food and culture of Haiti are fascinating subjects to explore. From the days of slavery to present times, traditional Haitian cuisine has relied upon staples like root vegetables, pork, fish, and flavour enhancers like Pikliz (picklese, or hot pepper vinegar) and Zepis (ground spices). This cookbook offers over 100 Haitian recipes, including traditional holiday foods and the author's favourite drinks and desserts. Information on Haiti's history, holidays and celebrations, necessary food staples, and cooking methods will guide the home chef on a culinary adventure to this beautiful island. Recipe titles are given in English, Creole, and French.

Haiti Cherie

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In the aftermath of January's horrific earthquake, the world's attention is focused on Haiti. In this full narrative history of the Caribbean nation, historian Philippe Girard offers insight into Haiti's complex and layered past, showing that its current state as the poorest country in the western hemisphere was not inevitable. This highly readable and accessible history takes the reader back two hundred years to a time when Haiti was so prosperous it was known as the Pearl of the Antilles. Haiti was the only country in the Americas to pull off a successful slave revolution, yet today its survival is completely dependent on foreign aid. As all eyes turn to watch what happens to Haiti, author Girard provides the necessary context for envisioning its future - including a detailed account of the quake's consequences, an assessment of the benefit and cost of an American intervention, and commentary on what Haiti must do to rebuild for a brighter future.

Claire of the Sea Light

“[A] masterpiece . . . an astonishing book that will leave you questioning your own life and political views . . . Kidder opens a window into Farmer’s soul, letting the reader peek in and see what truly makes the good doctor tick.”—Nicholas Thomas, USA Today
In medical school, Paul Farmer found his life’s calling: to cure infectious diseases and to bring the lifesaving tools of modern medicine to those who need them most. Tracy Kidder’s magnificent account shows how one person can make a difference in solving global health problems through a clear-eyed understanding

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of the interaction of politics, wealth, social systems, and disease. Profound and powerful, *Mountains Beyond Mountains* takes us from Harvard to Haiti, Peru, Cuba, and Russia as Farmer changes people's minds through his dedication to the philosophy that "the only real nation is humanity." Praise for *Mountains Beyond Mountains* "A true-to-life fairy tale, one that inspires you to believe in happy endings . . . Its stark sense of reality comes as much from the grit between the pages as from the pure gold those pages spin."—Laura Claridge, *Boston Sunday Globe* "Stunning . . . *Mountains Beyond Mountains* will move you, restore your faith in the ability of one person to make a difference in these increasingly maddening, dispiriting times."—John Wilkens, *The San Diego Union-Tribune* "Easily the most fascinating, most entertaining and, yes, most inspiring work of nonfiction I've read this year."—Charles Matthews, *San Jose Mercury News* "It'll fill you equally with wonder and hope."—Cathy Burke, *People* "In this excellent work, Pulitzer Prize-winner Kidder immerses himself in and beautifully explores the rich drama that exists in the life of Dr. Paul Farmer. . . . Throughout, Kidder captures the almost saintly effect Farmer has on those whom he treats."—*Publisher's Weekly* (starred review) "[A] skilled and graceful exploration of the soul of an astonishing human being."—*Kirkus Reviews* (starred review)

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