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Sport Development in Action

This text and reference has been updated and expanded to reflect current trends in sport management and recreational sport.

Recreational Therapy Assessment

Applied Research and Evaluation Methods in Recreation is the only text that integrates research, evaluation, and basic statistical analysis and links these concepts directly to the field. Using a logical format and accessible language, the book presents students with the foundational knowledge they need to move through the research process.

Applied Research and Evaluation Methods in Recreation

Tourism is the world's largest industry. In the past decade it is the natural-resource-based sector that has experienced the greatest growth. In particular, adventure, cultural and ecotourism (ACE tourism): for example, skiing, white-water rafting,

whale watching, festivals and fairs. This book provides an in-depth overview of the different operations of ACE tourism. It draws on theory from recreation and leisure studies, tourism, marketing, and environmental management to demonstrate the importance of effective program planning. This is especially significant as industry competition becomes more intense in this growth sector.

Recreation Programming

Leisure Services Management, Second Edition, prepares students for the challenges they'll face as entry- to mid-level recreation and leisure managers. The book outlines the essential knowledge and skills that successful managers need to have and helps students build those competencies by encouraging them to think as managers. The text's activities, projects, and examples help students connect the competencies to real-world situations. Leisure Services Management begins by presenting a firm foundation of competency-based management. Students will learn what management is, what the manager's role is, and how their work affects their agency and their customers. They will also explore specific management areas such as marketing, financial management, human resources, employee development, communication, and evaluation. Throughout the text, students will be encouraged to apply their own experiences to the concepts being discussed to deepen their understanding of the profession. For each chapter, the authors provide experiential learning activities that simulate real on-the-job situations. Each of these activities asks students to assume one of the many roles of a new manager. They'll learn to deal with day-to-day management activities by completing work assignments and projects similar to those they'll assume as a manager. The activities will help students develop the competencies they'll need in order to meet the challenges of this evolving field. New to this edition of Leisure Services Management are the following student-friendly features: Updated sidebars in which professionals in the field offer early career advice for future managers Real examples from all three sectors—public, nonprofit, and commercial—giving a broad perspective of parks and recreation, tourism, sport, therapeutic recreation, and outdoor recreation International perspectives and examples, encouraging students to think globally Information about the exam for becoming a Certified Park and Recreation Professional (CPRP) The text also includes a web study guide, which includes links to sample forms from the actual files of leisure managers to assist students in understanding and using important management tools. With an overview of key concepts by chapter, detailed case studies, a glossary, and a competency scorecard, the web study guide will help students build their knowledge of the content area, apply the information learned to their current work environment or a future internship, and prepare for future certifications. The competency-driven approach of Leisure Services Management, Second Edition, assists readers in gaining the knowledge and practicing the skills needed to begin a career in leisure management. Bolstered by the practical information in this text, new managers can contribute to the success of their organization as they enjoy the challenges and rewards of their new position.

Race, Ethnicity, and Leisure

Presents a comprehensive and integrated method for program design and evaluation. Uses a systems approach to program planning with step-by-step procedures. Information related to activity analysis, treatment plans, and management concerns are examined.

Introduction to Recreation and Leisure

Physical inactivity is a key determinant of health across the lifespan. A lack of activity increases the risk of heart disease, colon and breast cancer, diabetes mellitus, hypertension, osteoporosis, anxiety and depression and others diseases. Emerging literature has suggested that in terms of mortality, the global population health burden of physical inactivity approaches that of cigarette smoking. The prevalence and substantial disease risk associated with physical inactivity has been described as a pandemic. The prevalence, health impact, and evidence of changeability all have resulted in calls for action to increase physical activity across the lifespan. In response to the need to find ways to make physical activity a health priority for youth, the Institute of Medicine's Committee on Physical Activity and Physical Education in the School Environment was formed. Its purpose was to review the current status of physical activity and physical education in the school environment, including before, during, and after school, and examine the influences of physical activity and physical education on the short and long term physical, cognitive and brain, and psychosocial health and development of children and adolescents. Educating the Student Body makes recommendations about approaches for strengthening and improving programs and policies for physical activity and physical education in the school environment. This report lays out a set of guiding principles to guide its work on these tasks. These included: recognizing the benefits of instilling life-long physical activity habits in children; the value of using systems thinking in improving physical activity and physical education in the school environment; the recognition of current disparities in opportunities and the need to achieve equity in physical activity and physical education; the importance of considering all types of school environments; the need to take into consideration the diversity of students as recommendations are developed. This report will be of interest to local and national policymakers, school officials, teachers, and the education community, researchers, professional organizations, and parents interested in physical activity, physical education, and health for school-aged children and adolescents.

Therapeutic Recreation Program Design

Health Promotion Programs introduces the theory of health promotion and presents an overview of current best practices from a wide variety of settings that include schools, health care organizations, workplace, and community. The 43 contributors to Health Promotion Programs focus on students and professionals interested in planning, implementing, and

evaluating programs that promote health equity. In addition to the focus on best practices, each chapter contains information on: Identifying health promotion programs Eliminating health disparities Defining and applying health promotion theories and models Assessing the needs of program participants Creating and supporting evidence-based programs Implementing health promotion programs: Tools, program staff, and budgets Advocacy Communicating health information effectively Developing and increasing program funding Evaluating, improving, and sustaining health promotion programs Health promotion challenges and opportunities Health promotion resources and career links "The authors have clearly connected the dots among planning, theory, evaluation, health disparity, and advocacy, and have created a user-friendly toolbox for health promotion empowerment."—Ronald L. Braithwaite, PhD, professor, Morehouse School of Medicine, Departments of Community Health and Preventive Medicine, Family Medicine, and Psychiatry "The most comprehensive program planning text to date, this book examines all facets of planning and implementation across four key work environments where health educators function."—Mal Goldsmith, PhD, CHES, professor and coordinator of Health Education, Southern Illinois University, Edwardsville "Health Promotion Programs . . . explores the thinking of some of our field's leaders and confirms its well-deserved place in the field and in our personal collections."—Susan M. Radius, PhD, CHES, professor and program director, Health Science Department, Towson University

Leisure Programming

This edition probes the importance of leadership in the recreation, parks, and leisure service industry. Integrating theory with practice, the book focuses on a number of interrelated elements that influence leadership in recreation, parks, and leisure service organizations such as theoretical and foundational information, leaders within groups, and leadership within a number of recreation, parks, and leisure service settings.--[book cover]

Recreation Programming

Recreation Programming: Designing, Staging, and Managing the Delivery of Leisure Experiences incorporates information and techniques based on current knowledge about experiencing leisure and the current professional techniques and practices that programmers need to learn and master to design, stage, evaluate, and manage leisure experiences in any organization including government, commercial, and not-for-profit agencies. This eighth edition teaches the programmer to design and stage program services by learning the theory and techniques of recreation programming including (1) basic leisure theory that explains how leisure is experienced; (2) the generic structure of situated activity systems in which social interaction produces leisure experiences; (3) how programs are designed; and (4) procedures and techniques that programmers use to stage, evaluate, and manage recreation programs in a variety of agencies.

Leisure Education Specific Programs

Leisure Program Planning and Delivery provides a comprehensive three-step plan for successful programming of leisure services and operational management of program systems in recreation and leisure service organizations. Grounded in contemporary professional practice and real-world applications, the book provides a systematic plan for students to learn the essentials of successful recreation programming, with examples of a variety of activities in community, outdoor, sport, cultural arts, and tourism sectors of the field.

Leisure Education Program Planning

The most significant change in this edition of Leisure Education Program Planning is the infusion of information gleaned from writings by some of the leaders of the positive psychology movement. These readings provide valuable perspectives and insights about concepts related to leisure and leisure education. The book is organized into five sections. The first section contains six chapters designed to increase understanding of principles related to leisure and leisure education. The second section provides recommendations and research on leisure education, reviewing previous efforts to implement and understand leisure education programs. The third section provides considerations for developing the content (what to teach) of leisure education. The fourth section addresses the process (how to teach) of implementing leisure education programs. The final section of the book contains specific leisure education programs associated with six possible leisure education components (appreciate leisure, be aware of self in leisure, be self-determined in leisure, interact socially, use leisure resources, and make leisure decisions). The author has field-tested and evaluated various components of these leisure education programs.

Dimensions of Leisure for Life

Leadership for Recreation, Parks, and Leisure Services

The text provides students in professional preparation programs with an effective & efficient method of recreation program planning.

Arts and Cultural Programming

The baby boomers—those born between 1946 and 1964—are a generation that consists of nearly 76 million Americans.

Beginning in 2011, this large and influential population will begin their transition out of the workforce. As baby boomers enter retirement, they will be looking for opportunities in fitness, sports, outdoors, arts and cultural events, and other activities that suit their vibrant lifestyles. With their varied life experiences, values, and expectations, baby boomers are predicted to redefine the meaning of recreation and leisure programming for mature adults. Though many researchers have forecast the boomers' impact on the future, only *Leisure Programming for Baby Boomers* addresses key information that recreation and leisure professionals need in order to make program decisions with baby boomers in mind. The authors combine their research, programming, and marketing expertise to provide insights into the values and lifestyle choices of boomers and offer programming and marketing strategies to reach this large and influential population. *Leisure Programming for Baby Boomers* will help you move beyond the traditional offerings of bingo, art classes, and social dances to capture the attention and imagination of your baby boomer community. This comprehensive guide offers these features:

- An in-depth review of current research to help you understand the values, interests, and needs of the boomer generation
- Guidance in adopting a "boomer lens" so you can more easily recognize the opportunities in working with this group and create and market programs that appeal to the values of this unique generation
- The Cochran Baby Boomer Quiz, a tool that can be used not only in assessing the programming preferences of the boomers in your community, but also in testing your staff's knowledge of boomers and preparing them to work more effectively with this group
- Strategies, guidelines, and ready-to-use ideas for boomer-specific programming in arts and culture, outdoor recreation, education, wellness, and tourism
- Marketing templates and strategies that will attract boomers and keep them coming to your programs

With *Leisure Programming for Baby Boomers*, you'll discover what distinguishes the baby boomer generation from previous generations in regard to their demographic makeup, gender differences, cultural influences, brand loyalty, consumer behavior, and spending patterns. Based on current research, *Leisure Programming for Baby Boomers* explains the boomer generation in terms of five value areas specific to recreation and leisure programming: cultural influences, healthy aging and society, retirement, leisure pursuits, and economic levels. Using this knowledge, you'll learn how to consider these generational values to create effective marketing messages and plan appropriate programming. *Leisure Programming for Baby Boomers* presents a range of detailed program ideas and formats that fulfill the interests of this new clientele so you can start offering new programs right away. It also offers guidelines and examples that will help you plan your own programs to meet the needs of your community. You'll find all the tools you need to market your new programs, including techniques for attracting boomers to your programs and marketing templates that make implementing your marketing strategies simpler. Information on key topics such as marketing psychology; advertising beyond the brochure; motivating, recruiting, and communicating at the front lines; and creating and maintaining a focused image will help you better understand how to market programs. In this demand-driven occupation, recreation professionals must be prepared to market and deliver a wide range of leisure opportunities to serve the boomer generation. Is your recreation or leisure program ready for the baby boomers? *Leisure Programming for Baby Boomers* will help you understand the unique profile of the boomer generation and respond with creative programs that will add value and quality to the leisure lives of this new generation of mature adults.

Leisure Programming for Baby Boomers

"Therapeutic Recreation Leadership and Programming" arms students with the information they need to succeed as therapeutic recreation specialists. They'll learn the practical aspects of the profession and develop a leadership mind-set. The book focuses on day-to-day tasks of the TRS and integrates ethical considerations into each aspect of the job.

Programming Recreational Services

Arts and Cultural Programming draws on current knowledge of leisure programming strategies for organizations in a variety of recreation settings. The authors provide step-by-step application of basic theory and approaches to designing, implementing, and evaluating one-time events, annual or seasonal events, and yearlong programs.

Leisure Programming

This comprehensive text addresses all three levels of leisure programming: direct service delivery, program planning, and program management. It focuses on issues related to customer service and benefits, such as providing leisure experiences, assessing customer needs, evaluating program impact, promoting positive customer and leader interactions, analyzing and implementing policies, and supervising staff..

Leisure for Canadians

Longer working hours, later retirement, lousy pensions - hardly the life of leisure we were promised for the 21st century! We also have dirty hospitals, troops without proper equipment and schools that provide an appalling standard of education. So what went wrong and what can we do about it?This book provides an introduction in straightforward English to the Real Economics of real resources and real people's lives.

Therapeutic Recreation Leadership and Programming

Describes the extraordinary life and daring actions of Fr. Roy Bourgeois and his struggle to find and reveal the truth about torture training at the U.S. Army School of the Americas (SOA), and the growing efforts by grassroots activists and Congress to shut it down.

The Book of Common Prayer, and Administration of the Sacraments Together with the Psalter

Introduction to Recreation and Leisure, Third Edition, gives students a broad view of the field, offering them a solid foundation for understanding the industry they plan to enter upon graduation. Students learn from the perspectives of 52 leading professors, professionals, and emerging scholars from the United States, Canada, Brazil, China, and around the globe. Led by new editors, Tyler Tapps and Mary Sara Wells, these experts introduce recreation and leisure foundational concepts, delivery systems, and programming services. Students benefit from the diversity of perspectives and viewpoints from around the world as they learn about the similarities and differences in the industry from an international perspective. The following are new to this edition:

- New editors and contributors from around the world, including emerging scholars
- Updated data throughout the book
- New chapter sections
- An expanded chapter on international perspectives on sustainability and ecotourism
- Real-world connections to recreation and leisure theories that help students consider career options
- A web study guide with On the Job learning activities, a glossary, chapter overviews, article summaries, and recommendations of websites to explore

A Strong Foundational Overview Introduction to Recreation and Leisure grounds students in the historical, philosophical, and social aspects of the industry. The authors offer fresh insights into community parks and recreation departments, nonprofit organizations, and commercial recreation and ecotourism enterprises. Students learn about various enriching educational programs and services for people of all ages. “The text encompasses a variety of services, including recreational sport management, outdoor and adventure recreation, health and wellness, and arts and culture,” says Tapps. “It also exposes students to career options and supports them as they explore their interests and prepare for challenging careers in the industry.”

Text Contents The book is organized into three parts. In part I, students learn about the foundations of recreation and leisure, including the historical, philosophical, and social issues that have shaped the field. Part II explores various sectors of the field, including leisure service delivery systems, public recreation, the nonprofit sector, the for-profit sector (such as event and ecotourism enterprises), and therapeutic recreation, among others. Part III focuses on the programming of recreation and leisure services, including program delivery systems, recreational sport management, outdoor and adventure recreation, the nature of recreation and leisure as a profession, and more. Each chapter includes learning objectives that highlight the chapter’s important concepts, as well as an Outstanding Graduates feature that introduces former students who have gone on to successful careers in the field. A glossary of important terms is included in the web study guide and instructor guide, which are part of the ancillary package.

Ancillaries The text is supported by an instructor guide, a test package, a PowerPoint presentation package, and a web study guide that contains chapter summaries and learning experiences. These resources make it easier for instructors to prepare for and manage their courses, and they help students retain what they learn from the text.

Guidance for Students Making Career Choices This fully updated text, with its insights and perspectives from top professionals and professors from around the globe, opens up the world of recreation and leisure for students, offering them vital information that will help them make informed choices as they move forward in pursuit of careers in this growing field. With its cutting-edge view of recreation and leisure services, Introduction to Recreation and Leisure prepares students for success in the field of recreation and leisure.

Leisure Services Management

Health Promotion Programs

Recreational Therapy Assessment is an evidence-based guide connecting the recreational therapy assessment process with the International Classification of Functioning, Disability and Health (ICF) to help therapeutic recreation professionals classify individuals' functionality to better meet the needs of clients.

Introduction to Recreation Services for People with Disabilities, 4th Ed

The second edition of Leisure for Canadians builds on the work started in the first effort published in 2007. This second edition introduces a new theme within the larger leisure literature, that of sport and events management. Seven new chapters focusing on various aspects of sport and event planning have been added, along with a chapter on the built environment and leisure behavior. As was the case in the first edition, this text is comprised of chapters written by scholars from across Canada. All the contributors were asked to imagine they were talking with someone who asked, "What do we know about [your topic]?" The individual and collective goal was to bring the reader up to date on what is known on that topic. This text is appropriate for new students to leisure hoping to grasp key issues as well as more advanced students seeking to explore leisure's complex role in our society. The contributors have worked hard to bring the most current thinking on a wide variety of topics. Together, they paint a picture of both the challenges and opportunities that leisure presents.

Recreational Sport Management

Community Parks and Recreation

Presents a comprehensive and integrated method for program design and evaluation. Uses a systems approach to program planning with step-by-step procedures. Information related to activity analysis, treatment plans, and management concerns are examined.

The Future of the Public's Health in the 21st Century

Evaluation is a process that each of us uses every day. Professionals in any field of human services must have the means to access and assess information. Having information is not enough, however, unless that information can be applied and used. To organize and manage recreation services (i.e., all elements related to the various specialties in the field such as parks, tourism, sports, arts, therapeutic recreation, camping, event management), information is needed about people's preferences, needs, and behaviors and the programs, administrative structures, and resources that comprise the organizations. To build a body of knowledge and to document the value of recreation, systematic processes are necessary. Evaluation and research can provide information that will enable "enlightened decisions." *Evaluating Recreation Services: Making Enlightened Decisions*, Fourth Edition, is about systematic evaluation and research that focuses specifically on identifying explicit evaluation criteria or research questions, collecting evidence or data, and making judgments about the value or the worth of something applied to service improvement or knowledge development. This book aims to provide a basic overview and working knowledge of procedures. Knowing basic steps in evaluation research and having some familiarity with evaluation and research tools can help you to begin a process of lifelong learning about systematic inquiry.

Assessment and Planning in Health Programs

Race, Ethnicity, and Leisure: Perspectives on Research, Theory, and Practice provides an overview of the current theories and practices related to minority leisure and reviews numerous issues related to these diverse groups' leisure, including needs and motivations, constraints, and discrimination. World-renowned researchers synthesize research on race and ethnicity, explain how demographics will affect leisure behavior in the 21st century, and explain the leisure behavior of minorities.

Leisure Education Program Planning

Introduction to Recreation Services for People With Disabilities continues to reflect a broad-based explanation of the role of practitioners in the interrelated fields of therapeutic recreation, inclusive recreation, and special recreation. This fourth edition represents a major revision, including the most current research and thinking about the interdisciplinary fields of recreation and disability studies. This book is intended to be an introductory text for all students in parks and recreation/leisure studies departments. Every student, whether she or he intends to work in a provincial park or a state hospital, a community recreation center or a community mental health center, a public school or a cruise ship, needs a basic level of knowledge about people with disabilities. The central theme of this book is that people with disabilities are people who have the same needs and wants as anyone else and deserve the right to be at the center of their services. Each person with a disability is a person first, not a disability. Recreation services must be centered around the person who is being served. That is, whether treatment-oriented recreation therapy, goal-oriented special recreation, or activity-oriented

inclusive recreation, it is the person and not the professional or even the activity that must be at the center of service delivery. It is our hope that you will begin to see people with disabilities as people as you learn about recreation and therapeutic recreation services. If you emerge from this book (or your class) with this person-centered knowledge, then you will have learned a lot about how to provide recreation services to people with disabilities. Whether or not you happen to be a person with a disability, our more earnest hope is that you will emerge with a commitment to ensure that people with disabilities are treated as people who are at the center of their programs and services. This means that you will become an advocate, maybe even a zealot, on behalf of people with disabilities. You will encourage friends and colleagues to use people-first and respectful language. You will refrain from jokes that perpetuate stereotypes. You will be part of a new breed of recreation and therapeutic recreation professionals who celebrate differences and strive to provide person-centered and responsive services.

A Systems Approach to Recreation Programming

The anthrax incidents following the 9/11 terrorist attacks put the spotlight on the nation's public health agencies, placing it under an unprecedented scrutiny that added new dimensions to the complex issues considered in this report. The Future of the Public's Health in the 21st Century reaffirms the vision of Healthy People 2010, and outlines a systems approach to assuring the nation's health in practice, research, and policy. This approach focuses on joining the unique resources and perspectives of diverse sectors and entities and challenges these groups to work in a concerted, strategic way to promote and protect the public's health. Focusing on diverse partnerships as the framework for public health, the book discusses: The need for a shift from an individual to a population-based approach in practice, research, policy, and community engagement. The status of the governmental public health infrastructure and what needs to be improved, including its interface with the health care delivery system. The roles nongovernment actors, such as academia, business, local communities and the media can play in creating a healthy nation. Providing an accessible analysis, this book will be important to public health policy-makers and practitioners, business and community leaders, health advocates, educators and journalists.

Whatever Happened to the Life of Leisure?

Recreational Sport

Evaluating Recreation Services, 4th Ed

Programming Recreational Services serves as a handbook for recreational practitioners at every level. It clearly presents the methods and materials necessary for the planning, organization, and operation of recreational services. This reader friendly text addresses each of the 12 recreational program categories in detail and includes illustrations to assist with learning. It teaches students a methodology for evaluating recreational programs from the establishment of objectives to the final instrument used, to determine whether or not the program performed in the way that it was intended. Important Notice: The digital edition of this book is missing some of the images or content found in the physical edition.

Educating the Student Body

Recreational Sport provides readers with a foundation in the concepts of recreational sport. Based on current research and offering real-world applications, it will help readers understand how to design, deliver, and manage recreational sport programs no matter what setting they find themselves in.

Recreational Sport Programming

Over the past 150 years, communities have focused their attention on enhancing quality of life, health and wellness, and the greening of their environments through the provision of park and recreation services and amenities. The greening and beautification of communities as well as tying recreation services to clean economic development provide a direct connection between the work public park and recreation departments and community development. This text asks students to consider important questions, such as: What are the most important elements of a livable community? In what type of community they would like to live? How important are building social connections amongst family, friends, neighbors, colleagues, and others? How are such relationships developed and sustained? What types of organizations are more likely to create such opportunities for building ones social capital? What agencies in the community are concerned with addressing environmental degradation and on the flipside enhancing community beautification and greening? All of these questions point toward the importance of public parks and recreation and its community development efforts. Community Parks & Recreation: An Introduction is organized into three major parts. Part I focuses on the History and Philosophical Foundations of Public Parks and Recreation. The major intent of this section is to provide an underpinning to assist the student in understanding the major dimensions of public parks and recreation and its impact socially, culturally, environmentally and economically. Part II of the book focuses on Managerial and Administrative Aspects of Park and Recreation Systems. This section of the book provides practical strategies for administrative activities, planning, marketing, budgeting, engaging the public and land acquisition. Part III of the book is focused on The Public Sector Service Provision in Parks and Recreation. This section of the book focuses on program and service delivery including chapters dealing with programming for community recreation, youth programming, programming for adults and seniors, programming special

events and community-based therapeutic recreation. The authors of this text all share a deep interest in community, parks, and/or recreation services. At various times in their careers, they have served as playground leaders, recreation specialists, youth leaders, community therapeutic recreation specialists, recreation center directors, recreation supervisors and/or directors of parks and recreation. The authors hold a strong commitment to community parks and recreation that is clearly reflected in this new text.

Ecotourism Programme Planning

This practical textbook explains the sport development process from a practitioner's viewpoint, showing what actually works, how, and why. Focusing on the development of sport, the book considers the efforts of sport organisations to revitalise their sports at a community level to ensure their future relevance, growth, and sustainability. Full of real-world cases and data, as well as the voices and reflections of a wide range of practitioners, Sport Development in Action explains how to research and draw up a development plan, how to design and implement programmes and establish delivery networks, and how to monitor and evaluate initiatives. This is essential reading for any sport development course, and useful reading for courses in sport management, sports coaching, or sports studies. It is also an indispensable reference book for practitioners.

Facilitation of Therapeutic Recreation Services

"Leisure is everywhere, but its impact on people's lives is often overlooked. Leisure is more than "doing nothing" or "hanging out." It has implications for society, affecting economics, politics, business, health, and the environment. On an individual level, it offers multiple opportunities for personal growth and development. And it contributes to a better quality of life for individuals and communities as a whole. With Dimensions of Leisure for Life: Individuals and Society, students will learn to understand and appreciate leisure and explore the ways that their leisure choices can help them lead happier, more balanced lives both now and in the future. With contributions from 22 leading professors, the book examines the following: the concept of leisure, including the various ways in which it has been defined and described, the benefits associated with it, the scope of the leisure industry field, and the basis for studying leisure as a social science; the impact of leisure on quality of life, health, physical activity and stress levels, and overall happiness and well-being; the social significance of leisure, including the interaction of leisure with history, contemporary society, technology, the environment, economics, and politics and public policy; the factors that influence each individual's leisure choices and level of involvement in leisure activities, such as awareness of local options, barriers of age, gender, sexual orientation, race, ethnicity, religion, or socioeconomic status, geographic distribution of leisure spaces; and maturity level and stage of development."--Publisher.

Leisure Activity Participation and Handicapped Populations

This is a comprehensive resource for recreation and leisure studies curriculums that presents theoretical and practical content for the professional's role in sports programming as it relates to all recreational organisations and agencies- youth/adult leagues, tournaments, club activity, and drop-in play. With its in-depth look at the delivery of sport programming, this text includes a sound theoretical foundation, detailed sports delivery responsibilities, plus key information regarding resource connections and administrative involvement. It is a practical, hands-on resource for all future professionals.

Leisure Programming

Leisure Education Specific Programs was developed to provide practitioners and students with information about the systematic application of leisure education. A systems approach was adopted to assist in the development, planning, implementation, and evaluation of effective leisure education programs. This book contains a sample of ten specific programs to provide practitioners and students with a starting place for the development of comprehensive leisure education services. The specific programs include: -- bowling -- camping -- canoeing -- cooking -- gardening -- painting -- softball -- swimming -- volleyball -- walking These ten leisure education programs move beyond basic instruction of the recreation activity skills to the provision of information used to teach components of the leisure education process within the context of a recreation activity. Each program includes several objectives which address some of the following areas: leisure appreciation, self-awareness in leisure, self-determination, social interaction, leisure resources, decision making, and recreation skill development. Leisure Education Specific Programs, produced in response to requests from practitioners and students for detailed information regarding specific leisure education programs, is a solid starting point for professionals and students to implement systematic leisure education.

Therapeutic Recreation Program Design

Assessment and Planning in Health Programs, Second Edition enables students and practitioners to successfully plan, implement, and evaluate programs and interventions that will assist individuals and groups in maintaining and improving their health. Written in an accessible manner, this comprehensive text provides an overview of needs assessment, program planning, and program evaluation, and explains several goals and strategies for each. It addresses the importance and use of theories, data collection strategies, and key terminology in the field of health education and health promotion. Instructor Resources: Instructor's Manual, PowerPoint Presentations Student Resources: Companion website

Leisure Program Planning and Delivery

"The purpose of this books is to provide the reader with information needed to develop a comprehensive leisure education program " - Introduction.

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