Lonely Children And Adolescents Self Perceptions Social Exclusion And Hope By Malka Margalit 2011 12 21

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Child and Adolescent Mental HealthSurviving Your Child's AdolescenceEncyclopedia of AdolescenceOn Some Faraway BeachLonely Children and AdolescentsLoneliness in Childhood and AdolescenceLonelinessVoices of Perfectionism

Counseling Overweight and Obese Children and Teens

The period of adolescence involves growth, adaptation, and dramatic reorganization in almost every aspect of social and psychological development. The Encyclopedia of Adolescence offers an exhaustive and comprehensive review of current theory and research findings pertaining to this critical decade of life. Leading scientists offer accessible and easily readable reviews of biological, social, educational, occupational, and cultural factors that shape adolescent development. Issues in normative development, individual differences, and psychopathology/maladjustment are reviewed. Over 130 chapters are included, each covering a specific aspect or issue of adolescence. The chapters trace differences in the course of adolescence in different nations and among youth with different backgrounds. The encyclopedia brings together cross-disciplinary contributors, including academic researchers, biologists, psychiatrists, sociologists, anthropologists and public policy experts, and will include authors from around the world. Each article features an in-depth analysis of current information on the topic, along with a glossary, suggested readings for further

information, and cross-references to related encyclopedia articles. The volumes offer an unprecedented resource for all audiences, providing a more comprehensive understanding of general topics compared to other reference works on the subject. Available both in print and online via SciVerse Science Direct. Winner of the 2011 PROSE Award for Multivolume Reference in Humanities & Social Science from the Association of American Publishers; and named a 2012 Outstanding Academic Title by the American Library Association's Choice publication Brings together cross-disciplinary contributors, including developmental psychologists, educational psychologists, clinical psychologists, biologists, psychiatrists, sociologists, anthropologists and public policy experts Published both in print and via Elsevier's ScienceDirectTM online platform

Peer Rejection in Childhood

This book concerns how employees consider their work lives, how well they fit their jobs, the work setting, other people, and what is important and valued in their organizations. Perspectives on Organizational Fit, a new book in SIOP's Organizational Frontiers Series, takes a scholarly look at fit in organizations: the relationship between individuals and the environments in which they find themselves. As the volume extends upon recent advances in fit theory, the contributors address how fit theory is used within selection, recruitment, diversity, and leadership teams. It also explores the integration of different fit perspectives, and clarifies

the methodological and statistical issues that plague fit research. The burgeoning interest in fit issues makes this book especially timely. It is comprised of three parts that cover: new directions in fit processes, as well as micro and macro levels of analysis; methodological and statistics issues that pertain to conducting fit research; and reflections from the chapter authors and the continuing challenges of future research in fit theory. Perspectives on Organizational Fit is appropriate for researchers and professionals in the areas of human resource management, organizational behavior, and industrial organizational psychology.

Loneliness in Childhood and Adolescence

This important collection brings together current research on children who encounter difficulty in gaining acceptance and having friendships among their peers. The volume's contributors, development and clinical psychologists who have been involved in research in this area for over a decade, seek to advance the study of peer rejection by giving careful attention to the psychological processes that create and maintain peer rejection in childhood. Topics addressed include how certain children come to be disliked by their peers; the factors that maintain their rejection; the consequences of poor peer relations; and the results of intervention with various subgroups of rejected children. The volume describes the many advances that have been made in the study of peer rejection, and provides organizing models that point to avenues for future inquiry.

Preventing Bullying Through Science, Policy, and Practice

Cover -- Half-title -- Title -- Copyright -- Dedication -- Contents -- Preface -- 1 Youth and Media -- 2 Then and Now -- 3 Themes and Theoretical Perspectives -- 4 Infants, Toddlers, and Preschoolers -- 5 Children -- 6 Adolescents -- 7 Media and Violence -- 8 Media and Emotions -- 9 Advertising and Commercialism -- 10 Media and Sex -- 11 Media and Education -- 12 Digital Games -- 13 Social Media -- 14 Media and Parenting -- 15 The End -- Notes -- Acknowledgments -- Index -- A -- B -- C -- D -- E -- F -- G -- H -- I -- J -- K -- L -- M -- N -- O -- P -- Q -- R -- S -- T -- U -- V -- W -- X -- Y -- Z

Brief Behavioural Activation for Adolescent Depression

From texting and social networking sites to after-school activities, young people have many opportunities to interact with one another, and yet loneliness and isolation trouble today's youth in increasing numbers. Many children and teens report feeling lonely even in the midst of family and friends, and childhood loneliness is a prime risk factor for adult alienation. Lonely Children and Adolescents: Self-Perceptions, Social Exclusion, and Hope illuminates seldom-explored experiences of social isolation among young people as well as the frustrations of the parents and teachers who wish to help. This groundbreaking book conceptualizes loneliness not simply as the absence of social connections, but as a continuum of developmental experience, often

growing out of the conflict between opposite needs: to be like one's peers yet be one's unique self. The author draws clear distinctions between loneliness and solitude and identifies genetic and environmental characteristics (i.e., social, psychological, familial, and educational) that can be reinforced to help children become more resilient and less isolated. In addition, therapeutic approaches are described that challenge loneliness by encouraging empowerment, resilience, and hope, from proven strategies to promising tech-based interventions. Highlights include: • Developmental perspectives on loneliness. • Schools and the role of teachers, from preschool to high school. • Peer relations (e.g., cliques, bullies, exclusion, and popularity). • Lonely children, lonely parents: models of coping. • Loneliness in the virtual world. • Prevention and intervention strategies at home, at school, in therapy. Asking its readers to rethink many of their assumptions about social competence and isolation, this volume is essential reading for researchers and professionals in clinical child, school, developmental, and educational psychology; allied education disciplines; social work; and social and personality psychology.

Handbook of Child and Adolescent Assessment

A comprehensive presentation of assessment strategies, actual strategies, and a review of specific populations for psychologists, psychiatrists, social workers and mental health social workers who work with children and adolescents. Chapter authors

address only those strategies that have a firm empirical base and proceed beyond behavioral assessment to cover those assessment practices that are used more routinely by traditional clinicians.

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Perspectives on Organizational Fit

nurse for life – electronic access only Get to all of the high-quality content from Elsevier faster than ever! Your favourite textbooks are now available as e-books through nurse for life, allowing you to: Electronically search the book Create and share notes and highlights Save time with automatic referencing Load it up and change the way you learn! What do I get? You will be emailed a PIN code that will give you perpetual access to the electronic version of the book through nurse for life. Book description This title is directed primarily towards health care professionals outside of the United States. Covering the full age and specialty spectrum this text brings together for the first time, individual chapters from among the most respected children's nurses. This textbook is rooted in child-centred health care within a family context and draws upon best contemporary practice throughout the UK and further afield. This innovative text harnesses new design parameters in enquiry-based/problem-based learning, providing up-to-date information on a wide range of topics. In an exciting addition each chapter offers readers additional material on an Evolve website. Full Microsoft

PowerPoint presentations augment the written chapters and provide extra information that includes case studies, moving image, photographs and text. Each chapter offers readers additional material on an Evolve website. Full Microsoft PowerPoint presentations augment the written chapters and provide extra information that includes case studies, moving image, photographs and text. Aims, objectives, learning outcomes, a summary box in each chapter and key points assist learning and understanding Professional conversation boxes enliven the text on the page and make it more interesting to dip into Suggestions for seminar discussion topics to help teachers Case studies help to relate theory to practice Prompts to promote reflective practice Activity boxes/suggested visits Evidence based practice boxes which highlight key research studies, annotated bibliographies including details of web-sites and full contemporary references to the evidence base Resource lists including recommended web-site addresses

Adolescent Self-Injury

We idealize childhood and demonize adolescence, often viewing the typical teenager as a bundle of problems. Yet according to a new book, The Teen Years Explained: A Guide to Healthy Adolescent Development, by Clea McNeely, MPH, DrPH and Jayne Blanchard, adolescence can be a time of opportunity, not turmoil. By understanding the developmental stages and changes of adolescence, both teens and adults can get the most out of this second decade of

life. In plain English, this guide incorporates the latest scientific findings about physical, emotional, cognitive, identity formation, sexual and spiritual development with tips and strategies on how to use this information in real-life situations involving teens. Whether you have five minutes or five hours, you will find something useful in this book. This practical and colorful guide to healthy adolescent development is an essential resource for parents, teens, and all people who work with young people.

iGen

The topic of death and related issues (such as grief) often begin with questions. When the questions come from, or are about, children or adolescents, they bring an additional componentthe fear some adults have of giving a "wrong" answer. In this context a wrong answer is one that can cause more harm than good for the child or adolescent who asked the question. This book provides information that can be used to address the death-related questions from children and adolescents. It also looks at questions from caring adults about the way children or adolescents view death and the grief that follows a death or any major loss. Children, Adolescents, and Death covers topics that start with early studies of childhood grief and progress to expression of grief in cyberspace. There is no one answer to most of the questions in this book. There are contributors from a number of continents, countries, cultures, and academic disciplines, each of whom brings a unique view of the topic issues they discuss. There are presentations of practical

interventions that others may copy, upon which they can build. There are a number of chapters that look at death education in both family and school settings. This work contains ideas and techniques that can be of value to parents, educators, counselors, therapists, spiritual advisors, caring adults and, of course, will be of the most benefit to those who ask the most questionsthe children and adolescents themselves.

Lonely, Sad, and Angry

In this book, Steven R Rose presents the concepts, context and applications of a problem-solving approach to group work with children and adolescents who suffer from a wide range of social problems. The book addresses issues associated with assessment, problem recognition, planning and composition, leadership and activities in a wide range of settings. Phases of group work, practice guidelines and evaluation are also thoroughly considered.

Child and Adolescent Development for Educators

"To be alone is to be different. To be different is to be alone, and to be in the interior of this fatal circle is to be lonely. To be lonely is to have failed" (Susan Schultz, 1976) Loneliness carries a significant social stigma, as lack of friendship and social ties is socially undesirable, and social perceptions of lonely people are generally unfavourable. Lonely people often have very negative self-perceptions, believing that the inability to establish social ties is due to personal

inadequacies or socially undesirable attributes. This book is divided into three parts. The first part reviews loneliness in general, describing what it is and how it affects us. The second part examines loneliness throughout the life cycle, analysing how it affects us in childhood, adulthood and as we age. The final part explores the connection between loneliness and other conditions such as arthritis, eating disorders and depression. Loneliness Updated offers the latest research on how loneliness can affect us in our daily lives, and how it is expressed as we travel through life from childhood to old age. It will be a highly interesting read for scholars, students and researchers of clinical psychology, particularly those interested in further exploring the effects and consequences of loneliness. This book was originally published as a special issue of The Journal of Psychology.

Children, Adolescents, and Death

The field of epilepsy and behavior has grown considerably in the past number of years, reflecting advances in the laboratory and clinic. Behavioral Aspects of Epilepsy: Principles and Practice is the definitive text on epilepsy behavioral issues, from basic science to clinical applications, for all neurologists, psychosocial specialists, and researchers in the fields of epilepsy, neuroscience, and psychology/psychiatry. Behavioral aspects of epilepsy include a patient's experiences during seizures, his or her reaction during and between seizures, the frequency of episodes and what can be

determined from the number of seizures. With contributions by dozens of leading international experts, this is the only book to cover all aspects of this critical emerging science. Adult and pediatric patients, animal models, and epilepsy surgery and its effects are all covered in detail. Behavioral Aspects of Epilepsy is the only source for up-to-date information on a topic that has significant and growing interest in the medical community. This comprehensive, authoritative text has a bench to bedside, approach that covers: The mechanisms underlying epilepsy and behavior Neurophysiologic function Neuropsychiatric and behavioral disorders in patients with epilepsy The effects of treatments and surgery on behavior Pediatric and adolescent epilepsy Disorders associated with epilepsy that impact behavior And much more

The Teen Years Explained

In this truly comprehensive guide, Dr. D'Onofrio approaches the topic of how first-responders, such as teachers, coaches, social workers, guidance counselors, and campus health counselors, can and do treat adolescent self-injury. From examinations of the core social and emotional issues related to self-injury to the integration of understanding with practice, everything needed for comprehensive care is detailed in this volume. Each part of the book focuses on a basic topic, such as what constitutes self-injury, the foundations for self-injury, and how to engage an adolescent with these issues. Each issue is presented in straightforward chapters that are

immediately accessible to those who are currently struggling to address this growing trend among teens. The chapters within each part delve into how to recognize, treat, and approach this illness and incorporate first-person stories from psychologists, teachers, and adolescents themselves.

Handbook of Child and Adolescent Psychiatry, Varieties of Development

This book represents a comprehensive examination of loneliness in childhood and adolescence.

Behavioral Aspects of Epilepsy

Edited by a leading social work authority and a master CBT clinician, this first-of-its-kind handbook provides the foundations and training that social workers need to master cognitive behavior therapy. From traditional techniques to new techniques such as mindfulness meditation and the use of DBT, the contributors ensure a thorough and up-to-date presentation of CBT. Covered are the most common disorders encountered when working with adults, children, families, and couples including: Anxiety disorders Depression Personality disorder Sexual and physical abuse Substance misuse Grief and bereavement Eating disorders Written by social workers for social workers, this new focus on the foundations and applications of cognitive behavior therapy will help individuals, families, and groups lead happier, fulfilled, and more productive lives.

Black Girls and Adolescents: Facing the Challenges

Includes the latest recommendations from the Expert Committee on Assessment, Prevention and Treatment of Child and Adolescent Overweight and Obesity. This guide shows registered dietitians how to tailor and provide appropriate nutrition counseling for overweight and obese children and adolescents between the ages of 5 and 18. As a complete resource, this guide provides detailed counseling plans, practical counseling tips, take-home handouts and interactive worksheets.

Sibling Relationships in Childhood and Adolescence

The mission of the International Journal of Educational Reform (IJER) is to keep readers up-to-date with worldwide developments in education reform by providing scholarly information and practical analysis from recognized international authorities. As the only peer-reviewed scholarly publication that combines authors' voices without regard for the political affiliations perspectives, or research methodologies, IJER provides readers with a balanced view of all sides of the political and educational mainstream. To this end, IJER includes, but is not limited to, inquiry based and opinion pieces on developments in such areas as policy, administration, curriculum, instruction, law, and research. IJER should thus be of interest to professional educators with decision-making roles and policymakers at all levels turn since it provides a

broad-based conversation between and among policymakers, practitioners, and academicians about reform goals, objectives, and methods for success throughout the world. Readers can call on IJER to learn from an international group of reform implementers by discovering what they can do that has actually worked. IJER can also help readers to understand the pitfalls of current reforms in order to avoid making similar mistakes. Finally, it is the mission of IJER to help readers to learn about key issues in school reform from movers and shakers who help to study and shape the power base directing educational reform in the U.S. and the world.

Handbook of child and adolescent psychiatry

Unlike other child and adolescent development textbooks, Child and Adolescent Development for Educators by Judith Meece is written specifically for teacher education majors and for professionals in the field of education. It focuses entirely on the development of school-age children and youth, and provides deep coverage of those topics of most immediate concern to teachers such as cognitive development, social and emotional development, language development, literacy, individual differences in development, and children with special needs. Few texts provide this depth of coverage. The author is an expert in teacher education, having taught child and adolescent development to education majors for over fourteen years.Child and Adolescent Development for Educators also helps students to see how

developmental research can be applied in educational settings. Each chapter discusses the implication of research for teaching, and the text includes pedagogical features focusing on teaching applications. It is the only development textbook that emphasizes applications to educational settings in this way. For the revision new material has been added throughout the text, including a completely new chapter on peers and families and the expansion of the content on personal, social and moral development into two chapters. By the end of the text, students will have a clear understanding of the important role of schools and teachers in children's lives.

Alone Together

Here is a source of accurate and up-to-date information about depression and depressive disorders in children and adolescents. Parents are at the front line in recognizing signs of depression and anger in their children. This book will give parents the tools to identify when their child is troubled and how to go about finding the right help. Information on psychological treatments, medications, and family relationships will provide the knowledge all parents need to to help their unhappy child.

Group Work with Children and Adolescents

This is a volume on loneliness and what can be done to address its pain. While most books simply describe

loneliness from one author's point of view, this volume includes a comprehensive review of the literature and employs top researchers in the field discuss their own research findings, conclusions and clinical experience. It explores the relationship between loneliness and sexuality, loneliness and optimism, and parental loneliness during pregnancy and childbirth. It also addresses loneliness throughout the life cycle in children, adolescents, the elderly and disabled, leading to a variety of coping and therapeutic modalities aimed at helping those who suffer from loneliness in its various forms.

Addressing Loneliness

Covering development from early childhood through high school in an easy-to-follow format, this book provides future teachers with authentic, research-based strategies and guidelines for their classrooms. The authors apply child development concepts to topics of high interest and relevance to teachers, including classroom discipline, constructivism, social-emotional development, and many others. A strong emphasis on diversity among children is reflected throughout. Case studies and real-world vignettes further bridge the distance between research and the classroom, helping future teachers be better prepared to create an environment that promotes optimal development in children. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

This step-by-step guide to Brief Behavioural Activation (Brief BA) provides everything practitioners need to use this approach with adolescents. It is suitable for new practitioners as well as those who are more experienced. Brief BA is a straightforward, structured and effective intervention for treating adolescents showing symptoms of depression, focusing on helping young people to recover through doing more of what matters to them. This practical manual contains guidance on how to deliver Brief BA at every stage, photocopiable activities and worksheets for the client and their parents, and a section on the research and theory behind the approach. It includes information and advice on how to assess adolescent depression, get to know the young person and their priorities better and help them to do more of what matters.

Child and Adolescent Development in Your Classroom

There has been a major shift in the way we conceptualize and provide services to children and adolescents with mental health needs. We are moving away from the traditional disorder-oriented model of treatment to a child-centered, family-focused service delivery system that mandates mental health services in the context of the child's family and social ecology. This new system of care has spawned many variations of the model, including wraparound services, multisystemic treatment (MST), futures planning, and person-centred planning. As systems of

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care are different across countries and cultures, it is imperative that we share our knowledge and make explicit the lessons we have learned in our attempts to provide services to children and adolescents which focus on improving their quality of life rather than merely treating their psychiatric disorders and psychological problems. There is an urgent need to evaluate the various treatments being offered to children and adolescents with mental health needs. Empirical date on outcomes will determine the funding and delivery of services. As such, the latest research on treatment outcomes needs to be disseminated so that new and validated treatment methods can be implemented rapidly.

A Textbook of Children's and Young People's Nursing E-Book

Heterogeneous classes including students with Special Educational Needs (SEN) are increasingly becoming fixtures of the twenty-first century school. As a result, the question of how to devise more effective, innovative and diverse tools has posed a significant challenge for educators and the research community. This collection considers how technology may provide SEN children with greater opportunities to acquire academic skills, while preparing them for a successful transition to adulthood. Computers, and other new technologies, hold great promise for facilitating the inclusion of SEN individuals into modern society. Precisely because they are characterized by multiple representations of knowledge, computerized learning environments offer

effective support tools for the instruction of SEN students faced with barriers that make learning a more complex process. Yet, despite the blossoming of this field, research on how the use of technology may benefit SEN students is in its early stages. The development of the theoretical knowledge and empirical databases necessary to assess the impact of computers on learners' characteristics and educators' teaching goals lag behind the introduction of the respective technological innovations. To meet this challenge, this volume presents a review of the latest advances in how new technologies and their software may potentially enhance SEN students' performance, in school and out. This book was originally published as a special issue of the European Journal of Special Needs.

Cognitive Behavior Therapy in Clinical Social Work Practice

The most long-lasting and enduring relationship an individual can develop is with a sibling. Considering the closeness in age and early association of siblings, they can bond for a lifetime. Psychologists are beginning to appreciate the sibling link and its dynamic role in a child's social development. Beyond the mother-child dyad, sibling associations are now attributed with determining cognitive faculties, emotional balance, self-sufficiency, and peer interactions. Clarifying the complex processes of these relationships and the benefit of parental involvement, Avidan Milevsky provides a foundational text for a growing area of study. Deploying personal

narrative, theoretical examinations, and empirical data, he unravels the intricacies of the sibling exchange and their function in overall family structures. He identifies the factors that make such bonds successful (or harmful) and the influence of parents in shaping these outcomes. He also evaluates the compensatory possibilities of the sibling bond when faced with the absence of a parent or friend. Variables such as age, birth order, gender, and family size are tremendous considerations, and parents hoping to enhance the sibling bond gain immensely from understanding these predictors. Milevsky shows practitioners how to educate parents and help them apply their knowledge in practice. He particularly supplies crucial perspective on "deidentification," or conscious differentiation, in which parents encourage different life paths to minimize sibling comparison and competition. A major tool for clinicians, social service providers, and educators, this book clarifies the next frontier in child development research.

The Handbook of Solitude

"Savvy and insightful." --New York Times Technology has become the architect of our intimacies. Online, we fall prey to the illusion of companionship, gathering thousands of Twitter and Facebook friends, and confusing tweets and wall posts with authentic communication. But this relentless connection leads to a deep solitude. MIT professor Sherry Turkle argues that as technology ramps up, our emotional lives ramp down. Based on hundreds of interviews and with a new introduction taking us to the present day, Alone

Together describes changing, unsettling relationships between friends, lovers, and families.

Lonely Children and Adolescents

Covering all the major approaches to counseling children and adolescents—including psychodynamic, Adlerian, person-centered, cognitive-behavioral, rational-emotive, reality therapy, solution focused, and family systems—Counseling and Psychotherapy with Children and Adolescents, Fourth Edition equips you to become familiar with the latest thinking and practice in counseling and psychotherapeutic interventions with children and adolescents.

Clinical Assessment of Child and Adolescent Personality and Behavior

This four-volume text features contributions from over 300 researchers and clinicians. Volumes 1, 2 and 3 explore the developmental stages and syndromes of infancy and preschool, grade school and adolescence. Each volume addresses the normal development during each period, the theoretical and clinical perspectives and the clinical syndromes most commonly associated with it. Volume 4 explores the varieties of development and the impact of psychosocial, medical, and foreign cultural factors on development of all three age groups.

Loneliness Updated

In recent years its medical implications have brought

loneliness to the centre of attention of mass media, government agents, and the general public. However, as this volume demonstrates, loneliness is not merely a psychological, individual, or health issue. In multiple ways, it is a serious social problem as well. Yang urges fellow researchers and scientists to broaden the existing definition and classification of loneliness, to measure loneliness with greater accuracy, and to establish more specifically the connection between loneliness and particular illness. Drawing on vast sources of data including literary works, case studies, and large-scale sample surveys covering a broad spectrum of countries (Europe and beyond), the empirical research of this study produces and presents simple but effective evidence for the social nature and variations of loneliness. Examining loneliness at higher levels, including ethnic groups, classes, national cultures, and societies, Loneliness will appeal to students and researchers interested in areas such as sociology, pyschology, and mental health.

Technology and Students with Special Educational Needs

This one-of-a kind book challenges the current thinking about black girls to show how America has failed them—and what can be done to make their lives better. • Provides the first research work on this topic • Covers health (physical, mental, and sexual), education, crime/criminal justice, and parenting as they affect black teen girls and adolescents • Features contributors from a broad range of fields,

including psychology, biology, criminal justice, sociology, spirituality, law, medicine, and popular culture • Examines characteristics of at-risk girls and the lure of the "bad girl" image • Clarifies what parents/mentors and others can do to help these girls and teens live happy, healthy, more rewarding lives

Counseling and Psychotherapy with Children and Adolescents

International Perspectives on Child and Adolescent Mental Health

This book represents a comprehensive examination of loneliness in childhood and adolescence.

Surviving Your Child's Adolescence

Expert suggestions for guiding your child through the rougheenage years Does it sometimes seem like your teenager is trying to push youover the edge? Learn what your child is going through and what youcan do to help your teen navigate this difficult period in thispractical guide from psychologist and parenting expert CarlPickhardt. In an easy-to-read style, Dr. Pickhardt describes a4-stage model of adolescent growth to help parents anticipatecommon developmental changes in their daughter or son from lateelementary school through the college age years. Provides unique advice for dealing with arguing, chores, themessy room, homework, and many other issues Offers best practices for teaching effective

communication,constructive conflict, and responsible decision-making Includes ideas for protecting kids against the dangers of theInternet, bullying, dating, sexual involvement, and substanceuse An essential road map for parents looking to guide theirchildren on the path to adulthood.

Encyclopedia of Adolescence

As seen in Time, USA TODAY, The Atlantic, The Wall Street Journal, and on CBS This Morning, BBC, PBS, CNN, and NPR, iGen is crucial reading to understand how the children, teens, and young adults born in the mid-1990s and later are vastly different from their Millennial predecessors, and from any other generation. With generational divides wider than ever, parents, educators, and employers have an urgent need to understand today's rising generation of teens and young adults. Born in the mid-1990s up to the mid-2000s, iGen is the first generation to spend their entire adolescence in the age of the smartphone. With social media and texting replacing other activities, iGen spends less time with their friends in person—perhaps contributing to their unprecedented levels of anxiety, depression, and loneliness. But technology is not the only thing that makes iGen distinct from every generation before them; they are also different in how they spend their time, how they behave, and in their attitudes toward religion, sexuality, and politics. They socialize in completely new ways, reject once sacred social taboos, and want different things from their lives and careers. More than previous generations, they are

obsessed with safety, focused on tolerance, and have no patience for inequality. With the first members of iGen just graduating from college, we all need to understand them: friends and family need to look out for them; businesses must figure out how to recruit them and sell to them; colleges and universities must know how to educate and guide them. And members of iGen also need to understand themselves as they communicate with their elders and explain their views to their older peers. Because where iGen goes, so goes our nation—and the world.

On Some Faraway Beach

This reference work offers a comprehensive compilation of current psychological research related to the construct of solitude Explores numerous psychological perspectives on solitude, including those from developmental, neuropsychological, social, personality, and clinical psychology Examines different developmental periods across the lifespan, and across a broad range of contexts, including natural environments, college campuses, relationships, meditation, and cyberspace Includes contributions from the leading international experts in the field Covers concepts and theoretical approaches, empirical research, as well as clinical applications

Lonely Children and Adolescents

Bullying has long been tolerated as a rite of passage among children and adolescents. There is an implication that individuals who are bullied must have

"asked for" this type of treatment, or deserved it. Sometimes, even the child who is bullied begins to internalize this idea. For many years, there has been a general acceptance and collective shrug when it comes to a child or adolescent with greater social capital or power pushing around a child perceived as subordinate. But bullying is not developmentally appropriate; it should not be considered a normal part of the typical social grouping that occurs throughout a child's life. Although bullying behavior endures through generations, the milieu is changing. Historically, bulling has occurred at school, the physical setting in which most of childhood is centered and the primary source for peer group formation. In recent years, however, the physical setting is not the only place bullying is occurring. Technology allows for an entirely new type of digital electronic aggression, cyberbullying, which takes place through chat rooms, instant messaging, social media, and other forms of digital electronic communication. Composition of peer groups, shifting demographics, changing societal norms, and modern technology are contextual factors that must be considered to understand and effectively react to bullying in the United States. Youth are embedded in multiple contexts and each of these contexts interacts with individual characteristics of youth in ways that either exacerbate or attenuate the association between these individual characteristics and bullying perpetration or victimization. Recognizing that bullying behavior is a major public health problem that demands the concerted and coordinated time and attention of parents, educators and school administrators, health care providers, policy makers,

families, and others concerned with the care of children, this report evaluates the state of the science on biological and psychosocial consequences of peer victimization and the risk and protective factors that either increase or decrease peer victimization behavior and consequences.

Loneliness in Childhood and Adolescence

"Meticulously researched . . . an engaging read. . . . The definitive story of one of rock's most fascinating figures." —The Independent "With his uninhibited fondness for sex and intriguing cultural hypotheses, Eno comes across in On a Faraway Beach as an archetypal man of the 1970s." —The Sunday Times Few record collections remain untouched by Brian Eno's aesthetic DNA: from ambient soundscapes and world-music hybrids to cut 'n' paste vocal samples and amniotic chill-out rooms, Eno is all around us. A sonic alchemist to the stars, his address book is a veritable who's who of rock and his credit adorns an outrageous number of albums. Tellingly, Eno's work with Roxy Music, David Bowie, Talking Heads, Devo, U2, and Coldplay has coincided with those artists producing their most critically revered work. On Some Faraway Beach is the first serious, critical examination of the life and times of Brian Eno. David Sheppard has interviewed key collaborators like David Byrne, Robert Wyatt, John Cale, Bryan Ferry, and Gavin Bryars. But more importantly, Sheppard has had considerable assistance and input from Brian and Anthea Eno themselves, while retaining an edge and independence in keeping with his subject.

Loneliness

Investigates the characteristics of perfectionistic gifted adolescents in a rural middle school, how they perceived their perfectionism, the influences on their perfectionism, & the consequences of their perfectionistic behaviors in the context of their rural middle school experiences. Qualitative & quantitative methods of data collection were employed to gather data from 20 gifted adolescents identified as having perfectionistic tendencies. Semi-structured interviews, record & document review, self-report teacher survey, & participant observation were used to identify factors that may influence the perceptions & behaviors of this population.

Voices of Perfectionism

From texting and social networking sites to after-school activities, young people have many opportunities to interact with one another, and yet loneliness and isolation trouble today's youth in increasing numbers. Many children and teens report feeling lonely even in the midst of family and friends, and childhood loneliness is a prime risk factor for adult alienation. Lonely Children and Adolescents: Self-Perceptions, Social Exclusion, and Hope illuminates seldom-explored experiences of social isolation among young people as well as the frustrations of the parents and teachers who wish to help. This groundbreaking book conceptualizes loneliness not simply as the absence of social connections, but as a continuum of developmental experience, often

growing out of the conflict between opposite needs: to be like one's peers yet be one's unique self. The author draws clear distinctions between loneliness and solitude and identifies genetic and environmental characteristics (i.e., social, psychological, familial, and educational) that can be reinforced to help children become more resilient and less isolated. In addition, therapeutic approaches are described that challenge loneliness by encouraging empowerment, resilience, and hope, from proven strategies to promising tech-based interventions. Highlights include: • Developmental perspectives on loneliness. • Schools and the role of teachers, from preschool to high school. • Peer relations (e.g., cliques, bullies, exclusion, and popularity). • Lonely children, lonely parents: models of coping. • Loneliness in the virtual world. • Prevention and intervention strategies at home, at school, in therapy. Asking its readers to rethink many of their assumptions about social competence and isolation, this volume is essential reading for researchers and professionals in clinical child, school, developmental, and educational psychology; allied education disciplines; social work; and social and personality psychology.

ROMANCE ACTION & ADVENTURE MYSTERY & THRILLER BIOGRAPHIES & HISTORY CHILDREN'S YOUNG ADULT FANTASY HISTORICAL FICTION HORROR LITERARY FICTION NON-FICTION SCIENCE FICTION