

Rejection June Hunt Hope For The Heart Series

Forgiveness Seeing Yourself Through God's Eyes How to Rise Above Abuse Domestic Violence Victimization Trials Counseling Through Your Bible Handbook Considering Marriage (June Hunt Hope for the Heart) Fear Adultery (June Hunt Hope for the Heart) Self Worth (June Hunt Hope for the Heart) How to Forgive When You Don't Feel Like It When the Hurt Runs Deep The Psychosocial Implications of Disney Movies Singleness Dysfunctional Family Dorie Conflict Resolution Legend Codependency How to Handle Your Emotions Codependency Alcohol and Drug Abuse (June Hunt Hope for the Heart) Chronic Illness and Disability: God's Peace in the Midst of Pain Success Through Failure (June Hunt Hope for the Heart) Hope for Your Heart Verbal & Emotional Abuse (June Hunt Hope for the Heart) How to Defeat Harmful Habits Sexual Integrity Loneliness The Root of Rejection June Hunt Hope for the Heart Biblical Counseling Library Suicide Prevention (June Hunt Hope for the Heart) Decision Making (June Hunt Hope for the Heart) The Wounded Parent Recovering Biblical Manhood and Womanhood Rejection Depression (June Hunt Hope for the Heart) Twenty Years of Tory Opposition to Liberal Measures, from 1865 to 1885 Grief (June Hunt Hope for the Heart)

Forgiveness

Abuse ? whether through hurtful words, degrading looks, obscene gesture, or threatening behavior ? inflicts immense pain and impedes emotional growth. We have all been wounded by hurtful words and actions of others ? whether the bully at school, the demeaning boss, a rage-filled driver, or someone in our own family. We often carry those wounds with us for a lifetime. June Hunt has a message for you: it is possible to stop the pain of abuse. Learn biblical truths and practical advice on how to stop the abuse, heal the pain of the past, and foster peace in all your relationships. She also provides the warning signs of abuse, the 7 steps to victory over verbal abuse, 6 steps to an action plan, 8 steps for how to confront and cope with emotionally abusive people, Honesty test for those who may be abusive, 5 steps to building personal boundaries, and much more. Paperback, 96 pages, 4 x 7 inches.

Seeing Yourself Through God's Eyes

Codependency Minibook How to set healthy boundaries and have healthy relationships You've heard plenty about getting hooked on drugs or alcohol or sitting at slot machines from sunup to sundown, but can you really become addicted to a person? The answer is yes--codependency is a relationship addiction. A codependent is anyone who is dependent on another person to the point of being controlled or manipulated by that person. Learn how to set healthy boundaries, and how to be released from relationship addiction by renewing your commitment to Christ first. June Hunt starts this mini--book

with stories of biblical people who ultimately compromised their relationship with God by being overly dependent on others, getting trapped in a codependent relationship. Codependency will shed light on the spiritual implications of relationships that take precedence over your relationship with the Lord. Helpful checklists like "the codependent relationship profile," will help you determine whether or not you are in a codependent relationship. Also learn what the five stages of childhood development are, and how you can keep your children from having an unhealthy dependence on you. The last section titled "Steps to Solution," gives Biblical advice on how to keep away from idolatrous, or codependent relationships, such as:

- Recovery steps to confronting codependency
- 7 steps to independent relationships
- Help from an unhealthy relationship
- 7 principles for finding the road to relationship freedom
- And much more.

Look for all 25 titles in the Hope For The Heart Biblical Counseling Library. These mini-books are for people who seek freedom from codependency, anger, conflict, verbal and emotional abuse, depression, or other problems.

How to Rise Above Abuse

Do you long to find freedom from fear? God never assumes that we will live without fear, but there are forms of fear such as anxiety that can ultimately lead to panic attacks, phobias, obsessive-compulsive disorder, and other things that God does not desire for us. Learn how fear relates to perceived threats to security, significance, and love, and how perception directly affects the degree of fear you experience. June Hunt answers tough questions on fear, like:

- How can I overcome my irrational fear of death?
- How can I overcome the fear that my children or spouse might die?

Things like former fear-producing experiences or an emotional overload can cause fear to take hold in your life. What should you do if your fear causes you to avoid any threatening situation?

- You can face your fear
- Allow change to happen
- Resist negative thought patterns
- Keep your imagination in check and don't let it run away
- Believe that God has control
- Counter your fears with facts

Discover how to move from fear to faith, "from panic to peace," through a deepened understanding of the love and power of Christ in your life. Jesus can set you free as you turn to Him for strength and help in each and every fearful situation. Discover that when you acknowledge you are weak and inadequate, God's strength and adequacy can prevail within you! Look for all 25 titles in the Hope For The Heart Biblical Counseling Library. These mini-books are for people who seek freedom from codependency, anger, conflict, verbal and emotional abuse, depression, or other problems.

Domestic Violence

Victimization

When someone hurts us, our natural response is to strike back. Rather than let go, we cling to our rocks of resentment, our

boulders of bitterness. The result? We struggle under the weight of unforgiveness. Though we know God has called us to forgive others, we find ourselves asking: What if it hurts too much to forgive? What if the other person isn't sorry? How can I let someone off the hook for doing something so wrong? Biblical counselor June Hunt has been there herself, enabling her to speak from experience as she offers biblical help and hope with heartfelt compassion. If you've been pinned down under a landslide of pain, here's how to find true freedom through forgiveness.

Trials

Respected Christian counselor and founder of Hope for the Heart ministries June Hunt knows that countless lives are impacted and detoured by addictions. People are desperate for answers. They are hungry for hope. In this insightful book, June provides compassionate biblical guidance to help readers recognize addictive impulses and habits, set boundaries, seek help, and trust the power of Christ and God's Word to release them from the hold of addictions including: overeating alcohol and drug abuse sexual addiction codependency anorexia and bulimia and more For those struggling with addiction or watching a loved one caught in its destructive cycles, this is an encouraging resource of lasting answers and a path to healing God's way.

Counseling Through Your Bible Handbook

Has your heart been broken by an unfaithful spouse? Has your life been gripped by the agony of adultery? Has your life been forever changed because of the snare of an affair? Adultery is no small matter, especially for those who experience the intense pain of living with a mate who breaks the marriage covenant. In God, there is hope for you and your situation. June Hunt, a biblical counselor, will help you recognize the behavior of a mate who is having an affair, the characteristics and consequences of the adulterer, the reasons to stop committing adultery, and the common mistakes made by the faithful mate. God uses the marriage relationship to develop sacrificial love, commitment, and forgiveness. Because of God's magnificent grace there is redemption for the adulterer, and God promises to lift up the one whose heart has been broken. Paperback, 96 pages, 4 x 7 inches.

Considering Marriage (June Hunt Hope for the Heart)

Some Christian singles are perfectly content—while others are not. Many feel like they are missing out because they're missing marriage, wondering: Is there something wrong with me? When is it my turn? What if I never find someone? In *Singleness: How to be Single and Satisfied*, June Hunt reveals how to be happy being single, how to uproot common causes of discontentment, and how to find joy in knowing that God is our ultimate "need-meeter" for love, significance, and

security. Whether you are single for a season or single again, discover biblical truths about how God wants to use your singleness to fulfill His purpose and plan for your life. Perfect resources for anyone who is single and Christian (including single Christian women, single moms, single Christian men, etc.) Christian and Single? Find out God's View of Singleness and Discover the Benefits of Living Single This 96-page ebook, *Singleness: How to Be Single and Satisfied*, features—

- Definition Section, covering key definitions and insights on singleness including the 3 types of singleness (single for all seasons, single for a season, and single again) and the unique challenges each faces.
- Characteristics Section, covering the 18 signs of discontentment and practical ways to use your time of singleness for God's purpose and glory. Experience the peace that comes from fully realizing that it is God—not a spouse—that can complete us, making us fill whole and giving us the love, significance, and security we so often crave from others.
- "Steps to Solution" Section provides practical, Bible-based advice on how to develop a healthy perspective of singleness, how to be C.O.N.T.E.N.T, and how to line up your self-image with God's image of you. Includes a close up look at what the Bible says about singleness and includes encouraging Scriptures!

Fear

You've heard plenty about getting hooked on drugs but can you really become addicted to a person? The answer is yes?codependency is a relationship addiction. A codependent is anyone who is dependent on another person to the point of being controlled or manipulated by that person. Learn how to be released from relationship addiction and have a renewed commitment to put Christ first. June Hunt starts this mini?book with stories of biblical people who ultimately compromised their relationship with God by being overly dependent on others, getting trapped in a codependent relationship. The last section titled Steps to Solution gives Biblical advice on how to keep away from idolatrous, or codependent relationships, such as recovery steps to confronting codependency, 7 steps to independent relationships, help from an unhealthy relationship, 7 principles for finding the road to relationship freedom, and much more. Paperback, 96 pages, 4 x 7 inches.

Adultery (June Hunt Hope for the Heart)

Do you want to move on from a crisis from your past? Past experiences can leave scars that deteriorate our self-worth, leave us feeling powerless, victimized, and paralyzed from moving forward. June Hunt understands. As an abuse survivor and someone who has been helping abuse victims for decades, she knows healing is a process. Let June guide you through the healing process as she points you to the true source of freedom, Jesus Christ.

Self Worth (June Hunt Hope for the Heart)

Disharmony in the home, wars in the workplace, and disputes in the church should lead us to the One to whom we can turn to for direction, strength, and courage. Passivity is not the real path to peace. Resolution rests in confronting the wrong, but with the right heart. God's Word provides principles for peace that can bring about the supernatural result of reconciliation and resolution. Conflict Resolution will shed light on why some people are avoiders while others are attackers. Learn what causes the worst type of conflict and how to overcome core differences, working through conflict rather than pushing it to the side. The last section titled, "Steps to Solution," gives you applicable tools to overcome conflict, such as: •7 principles for facing conflict •Applying the 5 W's to conflict resolution •How to respond when others are critical of you •Recipe for conflict resolution •Prayer to forgive your offender •And much more. Look for all 25 titles in the Hope For The Heart Biblical Counseling Library. These mini-books are for people who seek freedom from codependency, anger, conflict, verbal and emotional abuse, depression, or other problems.

How to Forgive When You Don't Feel Like It

When the Hurt Runs Deep

Invisible. Insignificant. Deep down, have you always felt this way but never understood why? Generally, negative self-esteem develop as a result of being treated in ways that cause us to feel devalued by significant people in our lives. Therefore the true solution to low self-esteem is to apply the healing balm of truth to the wound in your soul in order that your mind will be transformed, causing you to build self confidence and gain self-esteem. If you look anywhere other than to God, the God who created you with a purpose and a plan, your view of your own value is in grave danger of being distorted. In this christian book by June Hunt, learn how to gain self-confidence—confidence based on God and a healthy perspective of your identity in Christ. Before you were ever born, God established your real worth by knowing you, by choosing you, and ultimately by dying for you! In the Characteristics section of Self-Worth, June Hunt defines: What low self-worth looks like What can sabotage true spiritual growth The impact of having rejecting parents How rejection from others can rule you Why comparing yourself to others is costly In the section titled, "Steps to Solution," June Hunt gives you practical advice on: Getting rid of your guilt How to resist being a prisoner of poor parenting How to have a heart of forgiveness 7 steps to self-acceptance How to answer 7 self-defeating statements And much more Learn to leave behind feelings of worthlessness, and experience your true worth, the worth you have in the eyes of your heavenly Father. Look for all 25 titles in the Hope For The Heart Biblical Counseling Library. These mini-books are for people who seek freedom from codependency, anger, conflict, verbal and emotional abuse, depression, or other problems. Paperback, 96 pages, 4 x 7 inches. Product Code: 218X ISBN: 9781596366688

The Psychosocial Implications of Disney Movies

Plenty of people are putting in their two cents, but its all adding up to a lot of confusion! You have an important decision to make, and in the midst of swirling opinions, youre left scratching your head about what to do. Your best friend says one thing and your spouse says another, but have you considered what does God want? June Hunt, a biblical counselor, will show you how to overcome procrastination and peer pressure, causes of confusion, Gods promises for guidance, how to develop spiritual discernment, and how God reveals His will. God delights in helping you navigate your way through the big and little decisions in life. He desires His best for you in all things as He unfolds His perfect plan. Doing things Gods way also leads to blessings and deters you from decision-making methods that can prove to be harmful to you and to others! Paperback, 96 pages, 4 x 7 inches.

Singleness

Do you feel the darkness of depression closing in on you? Can anything dispel the darkness and bring back true peace and contentment to your heart? June Hunt starts this mini?book with defining all types of depression, from normal mood swings to psychotic depression. Through charts and easy bulleted points, June Hunt explains what happens to the mind, emotions, will, and body when various form of depression hit. June Hunt shows you: the causes, types, unexpected signs, and physical effects of depression. The last section titled Steps to Solution gives Biblical advice on how to manage depression, such as: key Bible passages to read, Dos and donts for family and friends, tests to gauge what kind of depression youre facing, Q &A on how depression effects your body, the 4 points of Gods plan for us, and much more. Paperback, 96 pages, 4 x 7 inches.

Dysfunctional Family

Disharmony in the home, wars in the workplace, and disputes in the church should lead us to the One to whom we can turn to for direction, strength, and courage. Passivity is not the real path to peace. Resolution rests in confronting the wrong, but with the right heart. God's Word provides principles for peace that can bring about the supernatural result of reconciliation and resolution. Conflict Resolution will shed light on why some people are avoiders while others are attackers. Learn what causes the worst type of conflict and how to overcome core differences, working through conflict rather than pushing it to the side. The last section titled , "Steps to Solution," gives you applicable tools to overcome conflict, such as: 7 principles for facing conflict Applying the 5 W's to conflict resolution How to respond when others are critical of you Recipe for conflict resolution Prayer to forgive your offender And much more. Look for all 25 titles in the Hope For The Heart Biblical Counseling Library. These mini-books are for people who seek freedom from codependency, anger, conflict, verbal and emotional abuse, depression, or other problems.

Dorie

Feel like you've blown it one too many times and that God has benched you from further service? Unless we learn to see failure from God's point of view, we can become quickly discouraged and feel the heat of defeat. Know that God uses all of our life experiences, including failures, to develop the character of Christ in us. With biblical counselor, June Hunt, as your guide, you can recognize that failing doesn't make you a failure. Now you can take the faulty thinking test, discover the primary cause of failure, respond in a healthy way to those who fail you, and change your focus from failure to success. Learn how to find the good in failure: the development of perseverance, humility, and greater dependence on the Lord. You can find great hope in the abounding faithfulness of God.

Conflict Resolution

Have you ever felt lonely? Isolated? Abandoned? No one escapes the feelings of loneliness caused by separation, grief, loss, or isolation. It can strike anyone young or old, outgoing or introverted, confident or uncertain. June Hunt, a biblical counselor, explains how being alone and being lonely differ, what leads to feelings of loneliness, how to identify situational causes for loneliness, what the psychological and physical symptoms of loneliness are, and how to overcome feelings of loneliness. God has placed within each of us a basic need for a relationship with Him and with others; therefore, our longing to belong is natural. You may feel like the entire world has abandoned you, as if no one understands your pain and sorrow, but the Bible promises that the Lord is with you always! Paperback, 96 pages, 4 x 7 inches.

Legend

In a dark future, when North America has split into two warring nations, fifteen-year-olds Day, a famous criminal, and prodigy June, the brilliant soldier hired to capture him, discover that they have a common enemy.

Codependency

"June shows us how to use biblical truth to change minds, hearts, and lives." --Dr. Mark L. Bailey President, Dallas Theological Seminary Bestselling author June Hunt's Biblical Counseling Handbook is now available in hardcover! This powerful resource is based on many years of careful research, thousands of counseling phone calls, and countless hundreds of pages of written resources produced by Hope for the Heart. This 450-page handbook brings together the very best of June's extraordinary counseling ministry, which has offered Christ-centered hope and guidance to people around the world. The 50 chapters deal with the most pressing issues people face today, and offer practical solutions firmly based on

Scripture. Among the topics are anger & adultery fear & phobias alcohol & drug abuse guilt & grief codependency & cults rejection & rape depression & divorce self-worth & suicide Readers will want to keep this life-changing resource handy alongside their Bibles.

How to Handle Your Emotions

How do you cope when a deep or tragic loss leaves you feeling empty, angry, or alone? How do you break free from the cycle of rejection that causes you to feel hopeless? Healing is a journey, and while there are no shortcuts through the process of grief caused by bullying and peer pressure, God promises not to leave you in the valley of despair, doomed to repeat the cycle of rejection over and over. Through this Christian book, learn what the causes of feeling rejected are, like abandonment, adoptions, bullying, peer pressure, childhood sexual abuse, disapproval, divorce, domestic violence, and how to overcome those painful experiences. Have you walked the lonely road of rejection? If so, you know the silent cry for acceptance, that inner need for intimacy, the deep craving for closeness. Jesus, too, dealt with rejection. Your identity is in the Lord because of your relationship with Him. He holds you in His compassionate hands, and you are accepted. Discover how to:

- Know whether or not you are controlled by the fear of rejection
- Identify the outer signs of rejection often seen and felt by others
- Stop the cycle of rejection
- Replace rejection by reaching out to others

Learn how to overcome rejection in the section titled, "Steps to Solution," where June Hunt walks you through:

- The 4 things you need to know about God's character
- 4 keys to God's acceptance
- 7 Facts to know about your rejection
- Questions and answers to help you break through feelings of rejection
- And much more.

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Codependency

A Guide to Navigate Evangelical Feminism In a society where gender roles are a hot-button topic, the church is not immune to the controversy. In fact, the church has wrestled with varying degrees of evangelical feminism for decades. As evangelical feminism has crept into the church, time-trusted resources like *Recovering Biblical Manhood and Womanhood* help remind Christians of what the Bible has to say. In this new edition of the award-winning best seller, more than 20 influential men and women such as John Piper, Wayne Grudem, D. A. Carson, and Elisabeth Elliot offer thought-provoking essays responding to the challenge egalitarianism poses to life in the church and in the home. Covering topics like role distinctions in the church, how biblical manhood and womanhood should work out in practice, and women in the history of the church, this helpful resource will help readers learn to orient their beliefs with God's unchanging word in an ever-changing culture.

Alcohol and Drug Abuse (June Hunt Hope for the Heart)

How do you cope when a deep or tragic loss leaves you feeling empty, angry, or alone? Healing is a journey, and while there are no shortcuts through the process of grief, God promises not to leave you in the valley of despair. For over 25 years, June Hunt has counseled those who grieve, and this book will gently and truthfully lead you through the mourning process and into joy once again. June Hunt gives you practical advice on how to navigate through the stages of grief; resolve grief caused by true gui

Chronic Illness and Disability: God's Peace in the Midst of Pain

In many ways, dysfunctional families are becoming the "new norm" in our society, affecting families in and outside the church. In this ebook, June Hunt explains the signs, characteristics, and impact dysfunctional families have on children's attitudes and behavior—revealing the ugly truth that dysfunction often produces more dysfunction. She presents practical ways to break the generational cycle of dysfunction—giving those who come from this background hope and equipping those who minister to them (pastor, church leader, or friend) with practical insight on how to help. Coming from a dysfunctional family can often make a person feel helpless—doomed to repeat the same mistakes and behaviors as their parents. June emphasizes that change is possible. Using the familiar Bible story of Joseph and his brothers, June reveals how God can use one family member yielded to Him to change the dynamics of an entire family. She also tells the remarkable true story of Catherine Brown Deeken, a woman who grew up in a shattered home with 2 alcoholics, but who now (through the grace of God) runs Rainbow Days, a ministry which supports over 65,000 children who are living in high-risk situations. Compassionate in its approach, rich with scripture, and easy-to-understand, this ebook explains how to reverse the impact of unhealthy family relationships • Includes a quick overview and key definitions. Answers—What is a dysfunctional family? What is a "functional" family? What are the dysfunctional family roles? How does being raised in a dysfunctional family affect future relationships? • Reveals signs, symptoms, and common characteristics of a dysfunctional family. Explains the 8 dominant traits characterized by dysfunctional families, including chaos, control, denial, inconsistency, emotional indifference, instability, shame, and unpredictability. • Explains how unresolved conflicts in the past often cause children to repeat the dysfunctional behavior of their parents. Includes a checklist to see if you—or someone you know—is showing signs of unresolved conflict. • Provides dozens of step-by-steps suggestions and practical ways to replace "old mindsets and behaviors" from unhealthy family relationships with God's truth. What Is a Dysfunctional Family? • A dysfunctional family is one where improper and immature behavior of at least one parent damages the growth of individuality and healthy relational skills among family members. • A dysfunctional family is one where family members are negatively affected emotionally, psychologically and spiritually. • A dysfunctional family is one where everyone is negatively affected even when only one family member experiences a problem. Dysfunctional Families Produce Dysfunctional Families Dysfunction

looks different in each family. Here are some of the ways dysfunction can creep into the family unit:

- Overly possessive or faultfinding parents
- Poor organization or overly rigid structure
- Inconsistent and indecisive parents
- Emotionally abandoned children (including emotional abuse)
- Overly rigid structure or lacking parental authority

How Do Kids Cope? 4 Dysfunctional Family Roles Children Adopt When parents are unable to manage their lives, children learn to cope by playing specific roles in the family or "acting out" in damaging ways. Typically, the child will adopt one of four roles:

- The Responsible Child The "hero" tries to fix the family problems and help create a positive family image through noteworthy achievement. This child receives positive attention but often develops perfectionistic, compulsive behaviors.
- The Rebellious Child The "scapegoat" draws focus away from the family's problems and onto himself or herself with rebellious, uncontrollable behavior. This child consumes time and energy from the family members and often develops self-destructive life patterns.
- The Reclusive Child The "lost child" hopes that by ignoring family problems, the difficulties will go away. This child avoids attention and is often lonely and withdrawn.
- The Reveling Child The "clown" uses humor and antics to direct the focus away from family problems. This child is often highly active or hyperactive and usually seeks to be the center of attention. A child may even display a combination of these traits or progress through different stages as they attempt to manage their emotional pain just seeking to survive.

To find out more about the coping devices children use, check out June Hunt's Dysfunctional Family. How can I accept and let go of my dysfunctional past? Life is a series of choices! Here's just a few choices you (and those you are helping) can make to begin breaking free from the influence of your past. I will

- Give Christ first place in my heart. Ask Jesus to be Lord of my life. Accept His forgiveness and love. Be aware of His constant presence within me. Allow Him to lead in all I say and do.
- Give thought to my present dysfunctional characteristics. Pray for God to reveal my weaknesses. Pray for wisdom to understand how to change. Pray that I will draw on Christ, who is my strength, to make changes. Pray for wise and discerning friends to enlighten and encourage me.
- Give myself boundaries. Define who I am: "I am a child of God," and who I am not: "I am not a piece of property." Refuse to be manipulated or mistreated and learn to say, "No." Stop playing the victim: "As an adult, I am not powerless."
- Give up resentment. Consider the consequences of unforgiveness. Confess my own areas of unforgiveness. Contemplate the sins for which I have received forgiveness. Choose to forgive and keep on choosing to forgive. "When I was a child, I talked like a child, I thought like a child, I reasoned like a child. When I became a man, I put the ways of childhood behind me." (1 Corinthians 13:11)

The dynamics of dysfunction are detrimental to the family. Discover how to cultivate your family now for the generations that follow as you establish and apply the principles of biblical truth in your own family. Look for all 36 titles in the Hope For The Heart Biblical Counseling Library. These mini-books are for people who seek freedom from codependency, anger, conflict, verbal and emotional abuse, depression, or other problems.

Success Through Failure (June Hunt Hope for the Heart)

Domestic Violence: Assault on a Woman's Worth God designed the marriage relationship to benefit one another. He

intended married couples to love, honor, and cherish each other all the days of their lives, but life doesn't always turn out that way. In some relationships, cruelty has replaced the sacred relationship defined by God. The Domestic Violence mini-book outlines a Christian approach to help you identify and stop physical and emotional abuse. Experts estimate that 1-in-3 women suffer from some form of violence from a husband, boyfriend, or relative. In too many homes around the world, the marriage bond has become bondage--shared lives have become shattered by abuse. Yet these secret assaults stay hidden from the outside world. Any form of abuse is a flagrant violation of the marriage vows, To have and to hold from this day forward, "to love and to cherish, 'til death do us part." And although such abuse is too frequently behind closed doors, it is blatantly in the open before the eyes of the Lord. Included in the mini-book Domestic Violence: Assault on a Woman's Worth are abuse checklists with a list of behaviors that you may have observed or experienced. God has a heart for those who are victims of domestic violence. He wants you to know that he hears your cries; he thinks you are worthy of love without violence, and he holds you in the palm of his hand. Learn the causes of violent behavior and the reasons many women won't leave abusive relationships. In the section titled, "Steps to Solution," June Hunt gives many tools: • How to answer a person who claims that violence is justified. • How to know whether the abuser has really changed • How to build healthy boundaries • How to prepare a safety plan • How to use the law in the United States • And much more.

Hope for Your Heart

You feel overlooked, deprived, even resentful these are the side effects of chronic illness your doctor failed to mention. While others appear to enjoy good health, you struggle for sensible answers. Like any loss, the loss of health must be grieved. Pulling from her experience as a caregiver and counselor, June Hunt compassionately takes you through the grieving process, showing you where to find comfort and answers in the Word of God.

Verbal & Emotional Abuse (June Hunt Hope for the Heart)

Hope is one of the prominent themes of the Bible. Despite Scripture's teaching on the subject, however, the true, biblical meaning of hope is often misunderstood or reduced to mere sentimentalism. Respected author and counselor June Hunt champions the healing power of hope. Stemming from Hunt's ministry, Hope For the Heart, this book speaks on a subject central to her calling. She explains how hope is much more than a vague emotion and specifies the ways it has the power to change lives. Shunning pop psychology and shallow inspirationalism, she instead consistently and faithfully looks at what the Bible says about hope. Each chapter flows from a central Scripture passage and is illustrated by real-life stories. Those experiencing brokenness and hurt will find encouragement and healing as they encounter the hope of the Bible. Written from a counselor's heart, this book will also benefit pastors and others engaged in counseling ministry.

How to Defeat Harmful Habits

You can be free from the effects of rejection! No one totally escapes rejection. But not everybody has to be damaged by it! Our Father has provided a means for us as His children to be delivered from the painful consequences of rejection.

Sexual Integrity

Save over \$40 when you buy all 36 June Hunt Hope for the Heart Biblical Counseling Library Minibooks. A \$143 value for just \$99. • Adultery: The Snare of an Affair • Alcohol and Drug Abuse: Breaking Free and Staying Free • Anger: Facing the Fire Within • Anorexia And Bulimia: Control That Is Out Of Control • Bullying: Bully No More • Codependency: Balancing an Unbalanced Relationship • Conflict Resolution: Solving Your People Problems • Confrontation: Challenging Others to Change • Considering Marriage: Are You Fit to Be Tied? • Decision Making: Discerning the Will of God • Depression: Emerging from Darkness into the Dawn • Domestic Violence: Assault on a Woman's Worth • Dysfunctional Family: Making Peace With Your Past • Fear: No Longer Afraid • Financial Freedom: How To Manage Money Wisely • Forgiveness: The Freedom to Let Go • Friendship: Iron Sharpening Iron • Gambling: Betting Your Life Away • Grief: Living at Peace with Loss • Guilt: Living Guilt-Free • Hope: The Anchor of Your Soul • Loneliness: How To Be Alone but Not Lonely • Manipulation: Cutting the Strings of Control • Marriage: To Have and To Hold • Parenting: Steps to Successful Parenting • Perfectionism: The Performance Trap • Overeating: Freedom From Food Fixation • Reconciliation: Restoring Broken Relationships • Rejection: Healing a Wounded Heart • Self-Worth: Discover Your God-Given Worth • Sexual Integrity: Balancing Your Passion with Purity • Singleness: How to be Single & Satisfied • Stress: How to Cope at the End of Your Rope • Success through Failure • Suicide Prevention: Hope When Life Seems Hopeless • Verbal and Emotional Abuse: Victory over Verbal and Emotional Abuse

Loneliness

"I forgive you." These three little words are so simple, so complex, and yet so powerful! Forgiveness gives us permission to let go of recent irritations or long-held grudges of minor offenses or festering hurts that keep us up at night. Relationships filled with resentment ultimately perish. Relationships filled with forgiveness ultimately prevail. Learn how you can be an expression of God's grace by forgiving others and find the freedom He intended you to have. Learn all forms of forgiveness and the difference between forgiveness and reconciliation. Forgiveness will shed light on the high cost of unforgiveness versus the high reward of forgiveness. The last section titled Steps to Solution gives you practical advice on how to have a heart of forgiveness with: 4 stages of forgiveness, Forgiveness vs. reconciliation, honesty required for reconciliation, a sample prayer to forgive your offender, 7 ways to sustain a forgiving heart, and much more. Paperback, 96 pages, 4 x 7 inches.

The Root of Rejection

The first of an exciting new series of topical counseling resources offering God's truth for today's problems! Every person struggles with the common emotions related to anger depression fear rejection self-worth How can we prevent negative emotions from getting the best of us? Longtime biblical counselor June Hunt looks to the Bible for the answers, offering compassionate guidance that encourages the heart and offers hope for even the most difficult situations. Each of the above topics is explored in four parts, examining the definitions, the characteristics, the causes, and the solutions that enable us to handle our emotions in ways that honor God and bless the people around us. At every step of the way, valuable insights are gleaned from Scripture. Written with a strong emphasis on practical applications that make a lasting difference, this guide is perfect for use by individuals, friends, small groups, and ministry workers.

June Hunt Hope for the Heart Biblical Counseling Library

Suicide Prevention (June Hunt Hope for the Heart)

Do you know who you are? Even more importantly, do you know Whose you are? Christians often look at their lives through natural eyes and see themselves as lonely, depressed, unacceptable to God, unable to be who they really want to be. But a Christian who looks at him or herself through God's eyes sees someone quite different. In this encouraging book, bestselling author June Hunt helps you change your focus as you look in the mirror of God's Word. The reflection she urges you to see includes you as: a child of God chosen by God reconciled to God created to do good works for Christ secure in the love of God These are just five of the wonderful aspects of you as seen through the eyes of God. In this life-changing 31-day devotional, you'll find riches in your own life you never knew you possessed.

Decision Making (June Hunt Hope for the Heart)

Where Can You Turn for Hope When the Hurt Runs Deep? At some point in life, every one of us will face the dark pain of heartache and despair, a hurt that pierces so deep we're left gasping with questions: Why me? Why now? What have I done to deserve this? Will the pain ever go away? How can God just stand by and let this happen? What do I have left to hope for? Writing from insights gained not only through her own valleys of deep hurt but also from years of study and counseling others through life's heartaches, Kay Arthur shows how pain can be the doorway that leads you to deeper understanding, renewed purpose, and greater intimacy with God. Without glossing over the realities of sorrow, she will guide you through twelve pivotal truths about healing and hurt. These key principles will become anchors for your soul, reminding you that

your pain does have purpose, that difficult times can make you more like Jesus, and that there is always hope for the future. Because no matter how deep the hurt, God's love runs deeper still. Includes a Study Guide and Prayer Journal to help you draw closer to God.

The Wounded Parent

Recovering Biblical Manhood and Womanhood

Everyone faces trials. Whether it's losing a job or losing a loved one, when trials hit they often make us wonder Why? Why now? Why me? Packed with easy-to-understand explanations, Bible verses, and biblical encouragement, this book shows how God uses trials of life to refine us, strengthen us, and transforms us into His glorious image. Find out how to stand on God's promises and be encouraged during tough times.

Rejection

What happens when the temptation to give into premarital sex is stronger than your will to stop? How can you stay pure when overwhelmed by the passion to have sex before marriage? Everyone wants closeness and love, but is joining yourself with someone you're not married to really giving you the kind of love you long for? This handy mini-book, *Sexual Integrity: Balancing Your Passion with Purity*, helps you find God's guidance and strength as you refrain from sex before marriage. It answers tough questions on sex and marriage with practical and Biblical advice. Doesn't he see that, since we live in a different age than when the Bible was written, it's harder to remain sexually pure? What's important to remember is that there are several examples of people in the Bible, like David, who suffered greatly because he did not have sexual integrity. Author June Hunt's insight and Biblical advice will encourage you to live your life the way God intended so that you can experience sexually intimacy within marriage to the fullest. Be equipped with knowledge on: • 12 Reasons for giving in to sex and how to talk yourself out of it • 3 subtle seduction "hooks" to avoid • 5 Bible verses you should know • Where to draw the line: How far is too far? • The no. 1 root cause for not maintaining sexual integrity • 7 myths about sex • Sexually transmitted diseases You can have God's power for purity when you trust that his commands will bring you the most joy and satisfaction. Hope for Those Who Are Trapped by Guilt Though God wants you to wait to have sex within the covenant of marriage, there is forgiveness if you've crossed the line. *Sexual Integrity* will help you know how and what to pray and what Scripture to memorize to help you have the assurance that God offers grace to all who love him. God can empower you to have victory over the past.

Depression (June Hunt Hope for the Heart)

With nearly 150,000 books sold, Christian counselor June Hunt has fast become a favorite for readers seeking biblical counsel for their problems. In *How to Rise Above Abuse*, June offers compassionate, practical guidance for the tough issues of verbal and emotional abuse, spouse abuse, childhood sexual abuse, rape recovery, victimization, and spiritual abuse. Readers will learn the definitions, characteristics, and causes that, once understood, empower them to take steps toward lasting solutions. They'll find out how to identify and deal with unresolved anger, grief, or pain rely on Christ for strength when they have none forgive their offender and help other victims regain confidence, hope, and peace for the future place complete trust in God at all times Only the Lord Jesus Christ can heal broken hearts. This book for counselors and counselees will show how those who are hurting can yield to His care.

Twenty Years of Tory Opposition to Liberal Measures, from 1865 to 1885

'Someone has said that when you have nothing left but God, you realize that God is enough. God had stood beside me when no one else wanted me. He was not going to abandon me now. God would have to heal the emotional pain that throbbed through my body.' As a child, Dorie was rejected by her mother, sent to live in an orphanage where she was regularly beaten by the orphanage director, was beaten time and again by cruel foster parents, and was daily told that she was ugly and unlovable. Dorie never knew love until a group of college students visited the orphanage and told her that God loved her. As she accepted that love, her life began to change. Dorie is the thrilling, true account of what God's love can do in a life. Doris Van Stone takes readers through the hard years of her childhood into her fascinating years as a missionary with her husband to the Dani tribe in New Guinea. With the rise of illegitimate births, the increase in divorce statistics, and the frightening escalation of child abuse, this story stands as a reminder that God's love, forgiveness, and grace are greater than human hurt and sorrow. More than 170,000 in print.

Grief (June Hunt Hope for the Heart)

In this volume of 15 articles, contributors from a wide range of disciplines present their analyses of Disney movies and Disney music, which are mainstays of popular culture. The power of the Disney brand has heightened the need for academics to question whether Disney's films and music function as a tool of the Western elite that shapes the views of those less empowered. Given its global reach, how the Walt Disney Company handles the role of race, gender, and sexuality in social structural inequality merits serious reflection according to a number of the articles in the volume. On the other hand, other authors argue that Disney productions can help individuals cope with difficult situations or embrace progressive thinking. The different approaches to the assessment of Disney films as cultural artifacts also vary according to

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the theoretical perspectives guiding the interpretation of both overt and latent symbolic meaning in the movies. The authors of the 15 articles encourage readers to engage with the material, showcasing a variety of views about the good, the bad, and the best way forward.

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