

The Lazy Girl Guide To Essential Oils The Lazy Girl Guides

The Intrepid Parent's Field Guide to the Baby KingdomThe Whole30Shopping for SharesThe DIRTY, LAZY, KETO CookbookStory-Based Inquiry: A Manual for Investigative JournalistsDirty, Lazy, KetoThe Lazy Girl's Guide To A Blissful PregnancyThe Lazy Girl's Guide to a Fabulous BodyFingersmithThe Lazy Girl's Guide To Losing Weight And Getting FitThe Lazy Girl's Guide to the High Life on a BudgetThe Feel Good GuideSpirit WitchThe Lazy Girl's Guide to Being FitYour Voice is Your SuperpowerThe Lazy Girl's Guide To A Blissful PregnancyMy Fair LazySlouch WitchBloodfireThe Unapologetic Fat Girl's Guide to Exercise and Other Incendiary ActsThe Lazy Girl's Guide to BeautyGudetama's Guide to LifeThe Lazy Genius WayThe Little Book of Self EsteemThe Girls' Guide to Growing UpThe Lazy Girl's Guide to Living a Beautiful LifeThe Lazy Girl's Guide to MagicLazy Girl PilatesLazy DatingWho Says It's a Man's WorldThe Lazy Girl's Guide to Good SexThe Lazy Girl's Guide to LifeThe Lazy Girl's Guide to Good HealthThe Lazy Girl's Party GuideThe Skincare BibleStar WitchThe Straight Girl's Guide to Sleeping with ChicksBeautylicious!The Lazy Girl's Guide to SuccessThe Lazy Project Manager

The Intrepid Parent's Field Guide to the Baby Kingdom

THE LAZY GIRL'S GUIDE TO A BLISSFUL PREGNANCY is your guide to getting pregnant, being pregnant and life after pregnancy. It's for all girls who want to find the less stressed way to be pregnant but are too busy to wade through all the books, leaflets and advice. It's about the stuff that's tricky such as how to work when you have 24 hour fatigue and morning sickness. And the stuff that's annoying such as how to deal with the myriad of medical, anecdotal and personal advice thrown at you. But most of all THE LAZY GIRL'S GUIDE TO A BLISSFUL PREGNANCY is about the parts of being pregnant that secretly worry you - pregnancy sex, first time parenting, meeting your new baby and how to avoid turning your chic house into a large oversized playroom! Crammed full of: * Expert advice on pre and post pregnancy fashion and beauty * Essential mum tips on first time motherhood, and surviving labour * Smart advice on the emotional, physical and lifestyle changes of pregnancy THE LAZY GIRL'S GUIDE TO A BLISSFUL PREGNANCY is your comprehensive and down-to-earth guide to staying sane through nine months and beyond.

The Whole30

The man didn't look like much at first glance. Taller than me but weedy, with an oddly bulbous head perched on top of a white, scrawny neck. He was smartly dressed, with a suit and tie, but I should have known better than to assume that clothes maketh the man. I'd had some ridiculously wealthy people in the back of my cab in the past and the most affluent of them looked as if he'd been sleeping rough for three months. Maybe that was why he had such a healthy bank account -

because he didn't waste time on things like shaving or brushing his hair or, um, washing. Anyway, this man, the one holding a thin arm up to flag me down, looked like a strong gust of wind would blow him over. Judging from his pale skin, he didn't get outside much. Perhaps he had a fear of strong breezes. Whatever, I figured that one more customer would be good enough to see me through until the end of the week. I hoped, however, that he wasn't travelling far. I'd kicked people out before for requesting destinations that were going to take hours to reach. Not the done thing, but I have a life too. I've got better things to do than spend all of it driving people around and having the same conversations over and over again about their holidays or the weather or the latest goings on in Enchantment over on Channel 5. Not that I dislike my job - far from it - but I don't live to work. I'm not deranged. I pulled up at the kerb and he got into the back, sitting directly behind me. 'Cutteslowe,' he grunted. Then he glanced at me and did a double take. I get that a lot; for some reason, people always seem to find it surprising that a woman drives a taxi. I have no idea why. It's not as if it takes a special skill set that I don't have because of my gender. Having some dangly bits wouldn't make holding a steering wheel and finding my way around a small city like Oxford any easier. No, my breasts do not impair my ability to drive. And yes, I can park. I've heard all the jokes. They're never funny. Men can be witches and women can be taxi drivers. Big bloody deal.

Shopping for Shares

Lights. Camera. Inaction. Ivy Wilde, the laziest witch in the West, is still entangled with the Hallowed Order of Magical Enlightenment. That's not a bad thing, however, because it gives her plenty of excuses to spend more time with sapphire eyed Raphael Winter, her supposed nemesis. And when he comes knocking because he needs her to spy on the latest series of Enchantment, she jumps at the chance. Hanging around a film set can't be hard or dangerous right?

The DIRTY, LAZY, KETO Cookbook

The best-selling authors of It Starts With Food outline a scientifically based, step-by-step guide to weight loss that explains how to change one's relationship with food for better habits, improved digestion and a stronger immune system. 150,000 first printing.

Story-Based Inquiry: A Manual for Investigative Journalists

The latest in The Lazy Girls series is an excellent handbook for all women on how to achieve success in their personal and professional lives.

Dirty, Lazy, Keto

Find out ways to get your body into shape as effortlessly as possible, offering short-term practical solutions and long-term advice to get the results you want.

The Lazy Girl's Guide To A Blissful Pregnancy

For a limited time, you can get Corrigan Fire, the companion book to Bloodfire for FREE - click here to find out more > <http://helenharper.co.uk/> (just copy and paste into your browser) Mackenzie Smith has always known that she was different. Growing up as the only human in a pack of rural shapeshifters will do that to you, but then couple it with some mean fighting skills and a fiery temper and you end up with a woman that few will dare to cross. However, when the only father figure in her life is brutally murdered, and the dangerous Brethren with their predatory Lord Alpha come to investigate, Mack has to not only ensure the physical safety of her adopted family by hiding her apparent humanity, she also has to seek the blood-soaked vengeance that she craves. This is the first book in the bestselling Blood Destiny series.

The Lazy Girl's Guide to a Fabulous Body

Worried about how you'll be able to afford all the things you love in the midst of the credit crisis? With almost twice as many people aged 18-24 as stressed by their financial situation as those aged over 55, and a third of 18-30 year olds cutting back on going out due to limited funds, THE LAZY GIRL'S GUIDE TO THE HIGH LIFE ON A BUDGET is an essential survival guide to living it up without losing the plot. It's about making sense of the credit crunch, dealing with your debts and learning to be thrifty, all so you can live your life as glamorously as you want. Full of tips on how to do everything from the frivolous - shop smartly and be supermarket savvy - to the serious - downshift and bounce back from redundancy - it's the most prudent buy of the season.

Fingersmith

Have you ever thought about investing in the stock market but weren't sure where to start or what to buy? Share investing is easier than you think! Women are becoming increasingly financially savvy. They want to improve their financial future and are looking to the stock market to help them achieve their goals. Tracey Edwards is one of these savvy investors. In this completely revised edition of the best-selling Shopping for Shares, she let you in on her investing secrets and step-by-step plan for researching and selecting the right companies at the right time so that you too can profit from the stock market. Written in a no-nonsense, conversational style Shopping for Shares will show you: how much money you need to start investing—it's less than you think the psychology of making your first trade—it doesn't have to be scary 'rules' for trading in the short term or investing for the long term the best times to buy and sell what you should do when the market

takes a downward turn how you can still invest if you don't have a lot of time—a.k.a. the 'lazy girl's guide to investing'.

The Lazy Girl's Guide To Losing Weight And Getting Fit

This collection of humorous life hacks features 100 easy, low-commitment solutions to the everyday problems of the twenty-something woman. Do you have a lot to do but can't seem to bring yourself to do it? The Lazy Girl's Guide to Life can teach you how to get things done with as little effort as possible. Learn to simplify your beauty routine, keep up with your friendships, hack the dating game, and get by in the corporate world with these easy, low-commitment suggestions. You'll find over 100 solutions to your most common problems, including: -Smoothing out frosting on store-bought cupcakes so they look homemade -Hiding dirty dishes in a soapy sink before company arrives -Washing and styling bangs (only) to avoid the limp hair look -Faking it as a food blogger to snag a dinner reservation -Reading the plot summary online before a book club meeting With lazy girl-approved hacks that range from humorous advice to quick fixes, you'll be able to find a temporary solution to simplify your life in no time!

The Lazy Girl's Guide to the High Life on a Budget

Chronicles the author's efforts to achieve cultural enlightenment by reading canonical literature, viewing classic films, attending the opera, and researching artisan cheeses.

The Feel Good Guide

Written in a light-hearted yet authoritative way, this is the essential guide for every girl who wants to improve her life and her health.

Spirit Witch

“Oliver Twist with a twist...Waters spins an absorbing tale that withholds as much as it discloses. A pulsating story.”—The New York Times Book Review The Handmaiden, a film adaptation of Fingersmith, directed by Park Chan-wook and starring Kim Tae-Ri, is now available. Sue Trinder is an orphan, left as an infant in the care of Mrs. Sucksby, a "baby farmer," who raised her with unusual tenderness, as if Sue were her own. Mrs. Sucksby's household, with its fussy babies calmed with doses of gin, also hosts a transient family of petty thieves—fingersmiths—for whom this house in the heart of a mean London slum is home. One day, the most beloved thief of all arrives—Gentleman, an elegant con man, who carries with him an enticing proposition for Sue: If she wins a position as the maid to Maud Lilly, a naïve gentlewoman, and aids Gentleman

in her seduction, then they will all share in Maud's vast inheritance. Once the inheritance is secured, Maud will be disposed of—passed off as mad, and made to live out the rest of her days in a lunatic asylum. With dreams of paying back the kindness of her adopted family, Sue agrees to the plan. Once in, however, Sue begins to pity her helpless mark and care for Maud Lilly in unexpected ways But no one and nothing is as it seems in this Dickensian novel of thrills and reversals.

The Lazy Girl's Guide to Being Fit

"Be productive without sacrificing peace of mind with the Lazy Genius strategy of focusing on what really matters and ignoring what doesn't. If you need a comprehensive self-help strategy but are tired of reading stacks of self-help books, here is an easy way that actually works. No more cobbling together life hacks and productivity strategies from dozens of authors and still feeling tired. The struggle is real, but it doesn't have to be in charge"--

Your Voice is Your Superpower

The Lazy Girl's Guide To A Blissful Pregnancy

The Lazy Girl's Party Guide is a fun and lively guide to enjoying parties. Crammed full of easy and simple tips together with an A-Z survival guide, it will enable you to enjoy every minute of the party season.

My Fair Lazy

Let's fit Pilates into your life rather your life into Pilates. No mat, no gym, no fuss. Lazy Girl Pilates Morning takes you from wake-up to leaving the house with Pilates exercises along the way. Meet your instructor your fearless leader, ultimate Lazy Girl, and new bestie: Kara Tatelbaum. Can I tell you a secret? I think Pilates takes itself way too seriously and failed my first Pilates certification due to a nasty margarita hangover. Hold on- don't judge! I grew to be one of the most sought out instructors in NYC with a private client list to die for, teaching at exclusive spas, gyms, and clubs. Twenty years later, I'm a busy working mom with two young kids. Lazy Girl Pilates has served both my clients and my own need to work the core and keep it real. I may not be Joe Pilates' star student, but there are already many books and manuals written by the head of the class. I'm the mom with the cheat sheet. The fun one with the six-pack. The Lazy Girl with the margarita and the Magic Circle.

Slouch Witch

Welcome to the jungle! Caring for your baby can be scary. He smells weird, he squirms, he burps, he cries and cries and cries. She runs amok through your lovely family nest and shows you who the leader of the pack really is. The Intrepid Parent's Field Guide to the Baby Kingdom understands the tumultuous terrain you're currently facing. Sometimes handling your infant feels like you're encountering a new species--an adorable little creature that should be approached with caution. Inside this book, you'll find all the valuable information you need to get out of this brave new world in one piece, including the meaning behind each yelp, growl, and step, and how to handle close encounters. With these critical observations and instructions, you'll be able to nurture the mysterious little being that has taken up residence in your home--and allow peace to once again reign throughout the kingdom.

Bloodfire

Lazy girls, rejoice! How to lose weight, get fit, stay motivated and have your cake and eat it, too. AJ Rochester is the laziest girl in the world. She knows better than anyone how hard it is to lose weight. If there is a shortcut, or any way to cheat, AJ knows about it. If there is a way to lose weight, eat the food she loves and still drink champagne, AJ has done it. AJ managed to lose a staggering 45 kilos and still eat choccies — just not the whole lot, and not every day. After writing her bestselling memoir, Confessions of a Reformed Dieter, AJ was deluged with emails and letters from women thanking her for inspiring them with her story and asking her for the lowdown on exactly how she did it. The Lazy Girl's Guide is everything AJ knows about losing weight, getting fit and feeling good about it. Funny, simple and effective, it focuses on realistic goals, having fun and loving yourself while you make one of the biggest changes in your life.

The Unapologetic Fat Girl's Guide to Exercise and Other Incendiary Acts

THE LAZY GIRL'S GUIDE TO A BLISSFUL PREGNANCY is your guide to getting pregnant, being pregnant and life after pregnancy. It's for all girls who want to find the less stressed way to be pregnant but are too busy to wade through all the books, leaflets and advice. It's about the stuff that's tricky such as how to work when you have 24 hour fatigue and morning sickness. And the stuff that's annoying such as how to deal with the myriad of medical, anecdotal and personal advice thrown at you. But most of all THE LAZY GIRL'S GUIDE TO A BLISSFUL PREGNANCY is about the parts of being pregnant that secretly worry you - pregnancy sex, first time parenting, meeting your new baby and how to avoid turning your chic house into a large oversized playroom! Crammed full of: * Expert advice on pre and post pregnancy fashion and beauty * Essential mum tips on first time motherhood, and surviving labour * Smart advice on the emotional, physical and lifestyle changes of pregnancy THE LAZY GIRL'S GUIDE TO A BLISSFUL PREGNANCY is your comprehensive and down-to-earth guide to staying sane through nine months and beyond.

The Lazy Girl's Guide to Beauty

The perfect book for every woman. The Lazy Girl's Guide to Beauty is for every woman who wants to look effortlessly fabulous without spending hours in The bathroom. Anita Naik's well-researched and light-hearted read answers all The questions you have ever wanted to ask about hair, skin, diet, looking younger and beauty problems.

Gudetama's Guide to Life

This empowering exercise guide is big on attitude, giving plus-size women the motivation and information they need to move their bodies and improve their health. Hanne Blank—a fellow plus-size girl who's been there and has the worn-out sports bras to show for it—will help you discover activity that works for you no matter what your size or current fitness level. Whether you choose to do yoga, pump iron, walk your dog, play Wii Fit, hire a personal trainer, or just run errands by bicycle, Hanne will provide specifically tailored advice on:

- Finding movement that feels great, physically and emotionally
- Choosing a gym
- Facing the trail, pool, park, or locker room
- Overcoming fear and shame
- Sourcing plus-size workout gear
- Getting the nutrition you need and avoiding common injuries
- Fighting fat prejudice and uninvited comments

Featuring incendiary acts like “Flail proudly,” and “Claim the right to be unattractive (just like anybody else),” Hanne serves up years of hard-won fitness advice with humor and self-acceptance. With motivating lists like “30 Things to Love About Exercise (None of Which Have Anything to Do with Your Weight, Your Size, or What You Look Like),” this call to action will get you up and moving in no time!

The Lazy Genius Way

Sex.

The Little Book of Self Esteem

What is free speech and why is it so special? Your Voice is Your Superpower tells you why your voice matters and how you can use it and also why we must protect everyone's right to free speech. Everyone loves superheroes. Who doesn't? They're super! Some of them can fly. Some are strong. Some can become invisible. And some wear capes. But the thing that really makes them super is that they help people and change the world. And guess what? You have a superpower inside you. Your VOICE is your superpower. And because of a thing called freedom of speech, with that voice, you can express yourself, you can help people, and you can change the world. Now, more than ever, teaching children the value of free speech is essential to raising smart, engaged citizens. Knowing the value of free speech allows children to

courageously share what they think and believe, whether it's with their family, friends, or their elected officials. Learning about the value of free speech also teaches children the importance of being good listeners, even if it means listening to points of view that differ from their own. In *Your Voice is Your Superpower*, father-daughter duo Jessica and Sandy Bohrer team up to teach children the importance of free speech and why it is essential for maintaining a functioning democracy. *Your Voice is Your Superpower* provides the perfect stepping-stone for parents looking to teach their children more about their First Amendment rights in an easy, appealing way. This fun, colorful book proves that the first step to raising engaged, courageous children—and in turn, raising a new generation of superheroes—starts at home. A portion of proceeds will be donated to the Committee to Protect Journalists. "The First Amendment gives us superpowers! What a terrific way to help kids understand why they are free to say and write what they think. This engaging story is perfect for young readers and maybe a few parents, too." --Kathleen Carroll, Chair of the Board of the Committee to Protect Journalists

The Girls' Guide to Growing Up

Presents inspirational phrases and goals for children who are suffering from low self-esteem, advising readers to aim high, be enthusiastic, and beat shyness.

The Lazy Girl's Guide to Living a Beautiful Life

A friendly, reassuring and positive guide for girls as they approach puberty, explaining the changes that will happen to their bodies as they grow up and how these changes might make them feel. Covering everything from periods and breast development to body hair and personal hygiene, puberty and parenting expert Anita Naik addresses any worries that girls may have relating to what is 'normal'. She reassures readers and boosts their confidence, encouraging them to feel positive about the changes they will experience as they go through puberty. The book also includes lifestyle advice on topics like healthy eating and exercise, and information on how puberty affects boys. Topics covered: What is puberty? Your puberty timeline Breasts and bras Same age, different stage Skin changes Sweat, smells and personal hygiene Hair in new places Down there What are periods? The practical side of periods Coping with periods Sex explained Making babies New feelings Managing your moods Healthy eating The power of exercise Self-esteem and body image Privacy and your body Puberty for boys Boys have worries, too

The Lazy Girl's Guide to Magic

Matilda shares what she's learned about how to look after yourself every day, and especially in times of stress and worry.

Lazy Girl Pilates

The Lazy Project Manager shows how adopting a more focused approach to life, projects and work can make us twice as productive. By concentrating project management to exercise effort where it really matters we will work smarter. The simple techniques of lazy project management can help us to work more effectively and improve our work-life balance.

Lazy Dating

You're a good woman. You're single. You have a lot going for you. You have good things to share. But you still end up being passed over. You have read books that teach how to change for a guy, and books about playing extremely hard to get but they're not your style. Maybe you don't want to be a b!tch because you're not. You can still be your decent and kindhearted self while having your pick of men to choose from. Nice girls do not finish last when they date the lazy way. Olivia M. Lincoln explains the art of lazy dating and tweaking your mindset to attract the guy who will hold your heart as a precious jewel. In this book you'll learn specifics such as: -The full game-plan on how to date the lazy way! -How to tweak your mindset so that you can win at this game! -Which men to avoid -How to filter out the users -How to play the game so that men chase you! -How to get the proposal! The Lazy Queen Gets the Ring!

Who Says It's a Man's World

From Sanrio, who brought you Hello Kitty, Gudetama the Lazy Egg returns with a guidebook to living life to the almost fullest. In Japanese, when you're lazy, you are referred to as gude gude. Gudetama (tama from "tamago," egg in Japanese) is the lazy egg. Gudetama likes soy sauce and being left alone. Sometimes, Gudetama wonders if we are born only to suffer. Each page of this book is kind of packed with helpful lessons, inspiring quotes and mind-blowing advice that will have you laying around like an egg in no time! And all of it comes straight from the yolk of a Gudetama!

The Lazy Girl's Guide to Good Sex

Stephanie spent most of her adult life in the Morbidly Obese Class III BMI category. Hovering close to 300 pounds, she avoided booths at restaurants and feared not fitting into amusement park rides. Through trial and error, Stephanie learned how eating a low carb, moderate protein, higher fat diet could finally nudge her weight in the right direction. Stephanie has kept her weight off for six years! She left behind a giant dent on the couch to run twelve marathons, two of which earned her a first-place marathon medal. As part of the chosen "Clean Start Team", Stephanie ran the New York City Marathon in 2017 as a sponsored athlete from PowerBar. Her hope is that the reader will leave inspired and armed with enough

information to get started on their own journey of personalized weight loss success.

The Lazy Girl's Guide to Life

Hard Work Will Pay Off Later. Laziness Pays Off Now. Let's get one thing straight - Ivy Wilde is not a heroine. In fact, she's probably the last witch in the world who you'd call if you needed a magical helping hand. If it were down to Ivy, she'd spend all day every day on her sofa where she could watch TV, munch junk food and talk to her feline familiar to her heart's content. However, when a bureaucratic disaster ends up with Ivy as the victim of a case of mistaken identity, she's yanked very unwillingly into Arcane Branch, the investigative department of the Hallowed Order of Magical Enlightenment. Her problems are quadrupled when a valuable object is stolen right from under the Order's noses. It doesn't exactly help that she's been magically bound to Adeptus Exemptus Raphael Winter. He might have piercing sapphire eyes and a body which a cover model would be proud of but, as far as Ivy's concerned, he's a walking advertisement for the joyless perils of too much witch-work. And if he makes her go to the gym again, she's definitely going to turn him into a frog.

The Lazy Girl's Guide to Good Health

'I now feel safe in the knowledge that I'm armed with the latest science-backed information about how to care for my skin' Chloe Brotheridge, author of *The Anxiety Solution* We all know that taking good care of our skin is the key to any effective health and beauty regime. But with so much conflicting information out there, the path to healthy skin can seem far from clear. Dr Anjali Mahto is one of the UK's leading consultant dermatologists. Equipped with years of expertise and the most up-to-date evidence, she sets out to cut through the noise and distinguish the nuggets from the nonsense. Chia seeds won't make your skin glow and lilac water is never going to reduce acne scarring. And, when it comes to the best products, high price doesn't necessarily mean high quality. Tackling common complaints such as acne and dryness, rosacea and aging, *The Skincare Bible* is your definitive companion to your body's biggest organ. Clear, concise and packed full of tips on the best products and routines, it will help you discover what works for you and find confidence in your own skin. This is your expert guide to great skin - pure and simple. 'A refreshing, fad-free guide to glowing skin. A must read for anyone struggling with their skin health' Dr Megan Rossi

The Lazy Girl's Party Guide

Get smart, get moving! Most of us want to be fit and healthy, but get stuck in a rut—we just don't have the will power to get up and move. What is the incentive for you to get off that couch and work out when you have all three seasons of *Game of Thrones* waiting for you? Almost everyone wants to be fit, but they just can't muster up the effort to do so. If you are like

them, then this book is for you. The Lazy Girl's Guide to Being Fit is about the first few steps you need to take to go from a sedentary lifestyle to an active one, because that's the biggest challenge for a couch potato—movement! It's all about finding the balance in your life. This book will show you how exercise can take the guise of several daily activities—be it shopping or going on a picnic—and how eating right can solve half your problems. The easy and effective exercise routines contained here will get you fit in no time. The body can be beautiful if you know how to put it to use and have fun doing so. And this is exactly what this book will show you.

The Skincare Bible

Written in her chatty and approachable style, this is a refreshing, positive guide to life for young women. Matilda emphasises having fun and being yourself. She includes her favourite recipes and some great exercises and workouts you can do easily at home plus heaps of great advice on skincare, beauty and fashion. This is an essential guide to living a happy and fulfilled life.

Star Witch

If anyone appreciates what it means to be dead to the world, it's Ivy Wilde. Barely recovered from her brush with necromancy, Ivy is flung once more into a world of intrigue, adventure and potential death and disaster. It's not her fault - it just so turns out that she's now the only person in the entire world who can communicate with the dead. And they're a chatty bunch with a list of demands. When the ghosts offer information about a witch-hating mass murderer in return for Ivy's help, she has no choice but to get involved. She might be getting herself into more trouble than she realises though - and that's even before she's dragged to Sunday dinner so she can meet Winter's family. This is the third book in The Lazy Girl's Guide To Magic series.

The Straight Girl's Guide to Sleeping with Chicks

A humorous guide to gay experimentation for straight women offers a wealth of advice on how to spice up a relationship with a boyfriend, enter into a same-sex relationship, and more. By the author of Don't Sleep with Your Drummer. Original. 30,000 first printing.

Beautylicious!

Women are primed to level the corporate playing field. What does this mean for you? Absolutely nothing, if you don't know

how to earn the respect and credibility it takes to see real traction in your career. In this book you'll find specific actions and answers you need to enter the executive suite, including: measurable steps you can take to enhance your reputation in five key areas: self-awareness, social skills, personal effectiveness, team building, and leadership; eye-opening assessments that will help you identify your most effective actions, map out your personal career plan, and gauge your own promotability; career-planning templates, worksheets, and tools for applying the book's lessons; first-person narratives detailing lessons hard-learned by highly successful women executives; "how to handle it" sections that give you step-by-step guidelines for navigating tricky situations. With this no-nonsense approach, you'll not only learn how to "play the game" at work but how to win it on your own terms.--From publisher description.

The Lazy Girl's Guide to Success

Plenty of successful guides have been published for hip girls in general, but now the trendsetting black reader has a book of her own. Dedicated to chic sisters everywhere, *Beautylicious!* shimmers with wit and soul—an irresistible new recipe for loving, playing, and beautifying with verve. Chapters include: • Soul Power: Sizzle with radiance from the inside out • Queen Me: Treats to perk you up when the blues have got you down • Superfly: How to heat up your wardrobe without scorching your self-confidence • Fit and Fine: A toned body plus a healthy mind equals a sensational you • Beauty . . . Moi Way: Enhancing fabulous you • Fun and Frolic: Perfecting your swerve • Fête Accompli: Entertaining with style and soul • Date-o-Rama: The fast track to vixenhood • Mane Intrigue: Straight talk on finding a hairstyle that's as fabulous as you are • Luxe Life: The fine art of indulgence *Beautylicious!* also shares know-how from the Patron Saints of Fabulosity, along with tips for becoming a favorite hostess (and a favorite guest), staying cool in heated situations, and finessing that saucy outlook on life. The ideal gift, *Beautylicious!* sparkles with fun and flair. From the Trade Paperback edition.

The Lazy Project Manager

USA TODAY BESTSELLER As seen on the Today show After losing 140 pounds, bestselling author Stephanie Laska shares her unconventional weight loss secrets and 100 easy, accessible recipes so you too can experience the fun behind the keto lifestyle with lots of humor and zero judgement. You don't have to be perfect to be successful at weight loss—now you can bend the rules and still lose the weight. If your version of the keto diet includes a Diet Coke, low-carb beer, or the occasional chocolate-covered protein bar, *The DIRTY, LAZY, KETO Cookbook* is your roadmap for results. Bestselling author Stephanie Laska explains her flexible, honest, and real-world approach to losing weight with the keto diet and inspires you to cook your way to weight loss, maintenance, and beyond whether you're a beginner or experienced keto veteran. Including 100 recipes that are under 10 net carbs per serving, *The DIRTY, LAZY, KETO Cookbook* presents affordable, traditional, and most importantly recognizable recipes to guide you on your weight loss journey. All of the ingredients can

be found at discount grocery stores—nothing fancy here! Within these relatable and unique recipes there are meals for picky eaters, fancier meals for guests, and some that are vegetarian “ish” (don’t contain meat, but may contain dairy or eggs). And with simple, stress-free instructions that require no cooking experience, there’s no excuse not to cook. The DIRTY, LAZY, KETO Cookbook empowers you to keto your own way. The recipes in this judgement-free cookbook support you on your unique path to realistic and sustainable weight loss, not perfection.

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