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Nine Pints

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From rookie mistakes and runaway corpses to screaming dead men and unusual requests, a collection of stories by funeral directors.

Internal Medicine: A Doctor's Stories

The classic medical text known as Gray's Anatomy is one of the most famous books ever written. Now, on the 150th anniversary of its publication, acclaimed science writer and master of narrative nonfiction Bill Hayes has written the fascinating, never-before-told true story of how this seminal volume came to be. A blend of history, science, culture, and Hayes's own personal experiences, *The Anatomist* is this author's most accomplished and affecting work to date. With passion and wit, Hayes explores the significance of Gray's Anatomy and explains why it came to symbolize a turning point in medical history. But he does much, much more. Uncovering a treasure trove of forgotten letters and diaries, he illuminates the astonishing relationship between the fiercely gifted young anatomist Henry Gray and his younger collaborator H. V. Carter, whose exquisite anatomical illustrations are masterpieces of art and close observation. Tracing the triumphs and tragedies of these two extraordinary men, Hayes brings an equally extraordinary era—the mid-1800s—unforgettably to life. But the journey Hayes takes us on is not only outward but inward—through the blood and tissue and organs of the human body—for *The Anatomist* chronicles Hayes's year as a student of classical gross anatomy, performing with his own hands the dissections and

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examinations detailed by Henry Gray 150 years ago. As Hayes's acquaintance with death deepens, he finds his understanding and appreciation of life deepening in unexpected and profoundly moving ways. The Anatomist is more than just the story of a book. It is the story of the human body, a story whose beginning and end we all know and share but that, like all great stories, is infinitely rich in between.

Mortuary Confidential

In *City of Dust*, Anthony DePalma offers the first full accounting of one of the gravest environmental catastrophes in United States history. The destruction on 9/11 of two of the world's largest buildings unleashed a vortex of dust and ash that blotted out the sun and has distorted science, medicine and public policy ever since. The likely dangers of 9/11's massive dust cloud were evident from the beginning, yet thousands chose not to see. Why? As the sickening results of exposure became evident, many still refused to recognize them. Why? The consequences are still being tallied in the wasted bodies and disrupted lives of thousands who gave their all when the need was greatest, but whose demands for justice have been consumed by years of politics and courtroom maneuvers. Why?, separating reality from myth - and doing so with exceptional literary style and grace. DePalma covered Ground Zero for *The New York Times* for four years. DePalma introduces heroic firefighters, dedicated doctors and scientists, obsessive city officials, partisan politicians, aggressive lawyers, and compassionate judges

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and reveals the individual decisions that destroyed public trust, and the desperate attempts made to rebuild it. The dust that was the World Trade Center has changed everything it touched. This is the story of that dust, the 9/11 disaster after the disaster, and what it tells us about ourselves and our future.

Guide to Forensic Pathology

Book of the Year, 2018 Saltire Literary Awards A CrimeReads Best True Crime Book of the Month For fans of Caitlin Doughty, Mary Roach, and CSI shows, a renowned forensic scientist on death and mortality. Dame Sue Black is an internationally renowned forensic anthropologist and human anatomist. She has lived her life eye to eye with the Grim Reaper, and she writes vividly about it in this book, which is part primer on the basics of identifying human remains, part frank memoir of a woman whose first paying job as a schoolgirl was to apprentice in a butcher shop, and part no-nonsense but deeply humane introduction to the reality of death in our lives. It is a treat for CSI junkies, murder mystery and thriller readers, and anyone seeking a clear-eyed guide to a subject that touches us all. Cutting through hype, romanticism, and cliché, she recounts her first dissection; her own first acquaintance with a loved one's death; the mortal remains in her lab and at burial sites as well as scenes of violence, murder, and criminal dismemberment; and about investigating mass fatalities due to war, accident, or natural disaster, such as the 2004 Indian Ocean tsunami. She uses key cases to reveal how forensic

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science has developed and what her work has taught her about human nature. Acclaimed by bestselling crime writers and fellow scientists alike, *All That Remains* is neither sad nor macabre. While Professor Black tells of tragedy, she also infuses her stories with a wicked sense of humor and much common sense.

Unnatural Death

Named one of the Best Books of the Year by Kirkus Reviews and BookPage “Illuminates human fragility in tales both lyrical and soul-wrenching.” —Danielle Ofri, *New York Times Book Review* In this “artful, unfailingly human, and understandable” (*Boston Globe*) account inspired by his own experiences becoming a doctor, Terrence Holt puts readers on the front lines of the harrowing crucible of a medical residency. A medical classic in the making, hailed by critics as capturing “the feelings of a young doctor’s three-year hospital residency . . . better than anything else I have ever read” (*Susan Okie, Washington Post*), Holt brings a writer’s touch and a doctor’s eye to nine unforgettable stories where the intricacies of modern medicine confront the mysteries of the human spirit. *Internal Medicine* captures the “stark moments of success and failure, pride and shame, courage and cowardice, self-reflection and obtuse blindness that mark the years of clinical training” (*Jerome Groopman, New York Review of Books*), portraying not only a doctor’s struggle with sickness and suffering but also the fears and frailties each of us—doctor and patient—bring to the bedside.

The Anatomist

Hot Lights, Cold Steel

The New York Times bestseller, now available in paperback—an incredible true story of the top-secret World War II town of Oak Ridge, Tennessee, and the young women brought there unknowingly to help build the atomic bomb. “The best kind of nonfiction: marvelously reported, fluidly written, and a remarkable storyAs meticulous and brilliant as it is compulsively readable.” —Karen Abbott, author of *Sin in the Second City* At the height of World War II, Oak Ridge, Tennessee, was home to 75,000 residents, and consumed more electricity than New York City, yet it was shrouded in such secrecy that it did not appear on any map. Thousands of civilians, many of them young women from small towns across the U.S., were recruited to this secret city, enticed by the promise of solid wages and war-ending work. What were they actually doing there? Very few knew. The purpose of this mysterious government project was kept a secret from the outside world and from the majority of the residents themselves. Some wondered why, despite the constant work and round-the-clock activity in this makeshift town, did no tangible product of any kind ever seem to leave its guarded gates? The women who kept this town running would find out at the end of the war, when Oak Ridge’s secret

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was revealed and changed the world forever. Drawing from the voices and experiences of the women who lived and worked in Oak Ridge, *The Girls of Atomic City* rescues a remarkable, forgotten chapter of World War II from obscurity. Denise Kiernan captures the spirit of the times through these women: their pluck, their desire to contribute, and their enduring courage. “A phenomenal story,” and *Publishers Weekly* called it an “intimate and revealing glimpse into one of the most important scientific developments in history.” “Kiernan has amassed a deep reservoir of intimate details of what life was like for women living in the secret city Rosie, it turns out, did much more than drive rivets.” —*The Washington Post*

Cause of Death

WHEN THIS DOCTOR TALKS, YOU SHOULD LISTEN. Thousands of people make an early exit each year and arrive on medical examiner Jan Garavaglia’s table. What is particularly sad about this is that many of these deaths could easily have been prevented. Although Dr. Garavaglia, or Dr. G, as she’s known to many, could not tell these individuals how to avoid their fates, we can benefit from her experience and profound insight into the choices we make each day. In *How Not to Die*, Dr. G acts as a medical detective to identify the often-unintentional ways we harm our bodies, then shows us how to use that information to live better and smarter. She provides startling tips on how to make wise choices so that we don’t have to see her, or someone like her, for a good, long time. • In “Highway to the Morgue,” we

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learn the one commonsense safety tip that can prevent deadly accidents—and the reason you should never drive with the windows half open • “Code Blue” teaches us how to increase our chances of leaving the hospital alive—and how to insist that everyone caring for you practice the easiest hygiene method around • “Everyday Dangers” informs us why neat freaks live longer—and the best ways to stay safe in a car during a lightning storm Using anecdotes from her cases and a liberal dose of humor, Dr. G gives us her prescription for living a healthier, better, longer life—and unlike many doctors’ orders, this one is surprisingly easy to follow.

Grunt: The Curious Science of Humans at War

A National Book Award Finalist: "One of the most life-affirming books I have read in a long time...brims with humanity, irreverence, and invigorating candor." —Tom Vanderbilt, *The Nation* "Every year I bury a couple hundred of my townspeople." So opens this singular and wise testimony. Like all poets, inspired by death, Thomas Lynch is, unlike others, also hired to bury the dead or to cremate them and to tend to their families in a small Michigan town where he serves as the funeral director. In the conduct of these duties he has kept his eyes open, his ear tuned to the indispensable vernaculars of love and grief. In these twelve pieces his is the voice of both witness and functionary. Here, Lynch, poet to the dying, names the hurts and whispers the condolences and shapes the questions posed by this familiar mystery. So here is homage to parents who have died and to children who

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shouldn't have. Here are golfers tripping over grave markers, gourmands and hypochondriacs, lovers and suicides. These are the lessons for life our mortality teaches us.

MY LIFE WITH DEATH

The former chief medical examiner for Rockland County provides a firsthand look inside eleven of his most notorious cases, following the scientific investigative process and the work of the pathologist from the crime scene to the world of high-tech criminal detection.

The Father of Forensics

The fearless memoir of a young forensic pathologist's "rookie season" as a NYC medical examiner, and the cases -- hair-raising and heartbreaking and impossibly complex -- that shaped her as both a physician and a mother. Just two months before the September 11 terrorist attacks, Dr. Judy Melinek began her training as a New York City forensic pathologist. With her husband T.J. and their toddler Daniel holding down the home front, Judy threw herself into the fascinating world of death investigation -- performing autopsies, investigating death scenes, counseling grieving relatives. *Working Stiff* chronicles Judy's two years of training, taking

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readers behind the police tape of some of the most harrowing deaths in the Big Apple, including a firsthand account of the events of September 11, the subsequent anthrax bio-terrorism attack, and the disastrous crash of American Airlines flight 587. The body never lies -- and through the murders, accidents, and suicides that land on her table, Dr. Melinek lays bare the truth behind the glamorized depictions of autopsy work on shows like CSI and Law & Order to reveal the secret story of the real morgue.

Death's Acre

In the vein of Dr. Judy Melinek's *Working Stiff*, an account of the hair-raising and heartbreaking cases handled by the coroner of Marin County, California throughout his four decades on the job—from high-profile deaths to serial killers, to Golden Gate Bridge suicides. Marin County, California is a study in contradictions. Its natural beauty attracts thousands of visitors every year, yet the county also is home to San Quentin Prison, one of the oldest and largest penitentiaries in the country. Marin ranks in the top one percent of counties nationwide in terms of affluence and overall health, yet it is far above the norm in drug overdoses and alcoholism, and comprises a large percentage of suicides from the Golden Gate Bridge. Ken Holmes worked in the Marin County Coroner's Office for thirty-six years, starting as a death investigator and ending as the three-term, elected coroner. As he grew into the job—which is different from what is depicted on

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television—Holmes learned a variety of skills, from finding hidden clues at death scenes, interviewing witnesses effectively, managing bystanders and reporters, preparing testimony for court to notifying families of a death with sensitivity and compassion. He also learned about different kinds of firearms, all types of drugs—prescription and illegal—and about certain unexpected and potentially fatal phenomena such as autoeroticism. Complete with poignant anecdotes, *The Education of a Coroner* provides a firsthand and fascinating glimpse into the daily life of a public servant whose work is dark and mysterious yet necessary for society to function.

Behind the Gates of Gomorrah

Crime novelist and former police officer Nigel McCrery provides an account of all the major areas of forensic science from around the world over the past two centuries. The book weaves dramatic narrative and scientific principles together in a way that allows readers to figure out crimes along with the experts. Readers are introduced to such fascinating figures as Dr. Edmond Locard, the "French Sherlock Holmes"; Edward Heinrich, "Wizard of Berkeley," who is credited with having solved more than 2,000 crimes; and Alphonse Bertillon, the French scientist whose guiding principle, "no two individuals share the same characteristics," became the core of criminal identification. Landmark crime investigations examined in depth include a notorious murder involving blood evidence and defended by F. Lee

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Bailey, the seminal 1936 murder that demonstrated the usefulness of the microscope in examining trace evidence, the 1849 murder of a wealthy Boston businessman that demonstrated how difficult it is to successfully dispose of a corpse, and many others.

The Girls of Atomic City

Bestselling author of Broken Ground “offers fascinating glimpses” into the real world of criminal forensics from its beginnings to the modern day (The Boston Globe). The dead can tell us all about themselves: where they came from, how they lived, how they died, and, of course, who killed them. Using the messages left by a corpse, a crime scene, or the faintest of human traces, forensic scientists unlock the mysteries of the past and serve justice. In Forensics, international bestselling crime author Val McDermid guides readers through this field, drawing on interviews with top-level professionals, ground-breaking research, and her own experiences on the scene. Along the way, McDermid discovers how maggots collected from a corpse can help determine one’s time of death; how a DNA trace a millionth the size of a grain of salt can be used to convict a killer; and how a team of young Argentine scientists led by a maverick American anthropologist were able to uncover the victims of a genocide. Prepare to travel to war zones, fire scenes, and autopsy suites as McDermid comes into contact with both extraordinary bravery and wickedness, tracing the history of forensics from its earliest

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beginnings to the cutting-edge science of the modern day.

Silent Witnesses

“Thankfully Williams’s reminiscence does more than delight in the creepy and the ghoulish; it breathes life into the mortuary workers themselves.” —The Brooklyn Rail Michelle Williams is young and attractive, with close family ties, a busy social life . . . and an unusual occupation. When she impulsively applies to be a mortuary technician and is offered the position, she has no idea that her decision to accept will be one of the most momentous of her life. “What I didn’t realize then, she writes, “was that I was about to start one of the most amazing jobs you can do.” To Williams, life in the mortuary is neither grim nor frightening. She introduces readers to a host of unique characters: pathologists (many eccentric, some utterly crazy), undertakers, and the man from the coroner’s office who sings to her every morning. No two days are alike, and while Williams’s sensitivity to the dead never wavers, her tales from the crypt range from mischievous to downright shocking. Readers won’t forget the fitness fanatic run over while doing nighttime push-ups on the road, the man so large he had to be carted in via refrigerated truck, or the guide dog who led his owner onto railway tracks—and left him there. The indomitable Williams never bats an eye, even as she is confronted—daily—with situations that would leave the rest of us speechless. “This entertaining memoir chronicles the author’s first year on the job, which sees her learning how to

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perform a postmortem, determine cause of death, and deal with grieving relatives and shady undertakers (among a lot of other things) . . . Not your run-of-the-mill occupational memoir, but definitely an interesting one.” —Booklist

City of Dust

Dr. Bill Bass, one of the world's leading forensic anthropologists, gained international attention when he built a forensic lab like no other: The Body Farm. Now, this master scientist unlocks the gates of his lab to reveal his most intriguing cases-and to revisit the Lindbergh kidnapping and murder, fifty years after the fact.

Dissecting Death

A New York Times and Los Angeles Times Bestseller “Doughty chronicles [death] practices with tenderheartedness, a technician’s fascination, and an unsentimental respect for grief.” —Jill Lepore, The New Yorker Fascinated by our pervasive fear of dead bodies, mortician Caitlin Doughty embarks on a global expedition to discover how other cultures care for the dead. From Zoroastrian sky burials to wish-granting Bolivian skulls, she investigates the world’s funerary customs and expands our sense of what it means to treat the dead with dignity. Her account questions the

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rituals of the American funeral industry—especially chemical embalming—and suggests that the most effective traditions are those that allow mourners to personally attend to the body of the deceased. Exquisitely illustrated by artist Landis Blair, *From Here to Eternity* is an adventure into the morbid unknown, a fascinating tour through the unique ways people everywhere confront mortality.

Down Among the Dead Men

A New York City forensic pathologist and her Harvard-educated husband describe her experiences as a student and doctor throughout the events of September 11, the subsequent anthrax bio-terrorism attack and the disastrous crash of Flight 587.

Madame Victoria

A hard-nosed San Francisco medical examiner uncovers an underworld plot in this fiction debut by the New York Times bestselling authors of *Working Stiff*. For San Francisco's newest medical examiner, Dr Jessie Teska, it was supposed to be a fresh start. A new job in a new city. A way to escape her own dark past. Instead she faces a chilling discovery when a suspected overdose case contains hints of something more sinister. Jessie's superiors urge her to close the case, but as more bodies land on her autopsy table, she uncovers a constellation of deaths that point

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to an elaborate plot involving nefarious opioid traffickers and flashy tech titans who got rich off Bitcoin. Autopsy means 'see for yourself,' and Jessie Teska won't stop until she has seen it all — even if it means the next corpse on the table could be her own.

Blood on the Table

Can the medical examiner really glean all the information from a dead body that's portrayed on forensic television shows? In this book, Dr. Cumberland gives the reader a look into the life of a real working medical examiner and the types of death cases that routinely come through his morgue. The author uses actual cases from the hundreds of autopsies he has performed in Mobile, AL, and Pensacola, FL, to explain basic principles and procedures used in death investigation in a way that is both entertaining and educational. Cumberland's gift for storytelling and his ability to explain complex issues in everyday language make this book not only readable but enjoyable for both teenagers and adults.

Forensic Pathology

An eye-opening exploration of blood, the lifegiving substance with the power of taboo, the value of diamonds and the promise of breakthrough science Blood

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carries life, yet the sight of it makes people faint. It is a waste product and a commodity pricier than oil. It can save lives and transmit deadly infections. Each one of us has roughly nine pints of it, yet many don't even know their own blood type. And for all its ubiquitousness, the few tablespoons of blood discharged by 800 million women are still regarded as taboo: menstruation is perhaps the single most demonized biological event. Rose George, author of *The Big Necessity*, is renowned for her intrepid work on topics that are invisible but vitally important. In *Nine Pints*, she takes us from ancient practices of bloodletting to the breakthrough of the "liquid biopsy," which promises to diagnose cancer and other diseases with a simple blood test. She introduces Janet Vaughan, who set up the world's first system of mass blood donation during the Blitz, and Arunachalam Muruganatham, known as "Menstrual Man" for his work on sanitary pads for developing countries. She probes the lucrative business of plasma transfusions, in which the US is known as the "OPEC of plasma." And she looks to the future, as researchers seek to bring synthetic blood to a hospital near you. Spanning science and politics, stories and global epidemics, *Nine Pints* reveals our life's blood in an entirely new light. *Nine Pints* was named one of Bill Gates recommended summer reading titles for 2019.

The Handbook of Zombie Forensics and Medicine: A New Theory of Zombiology and Why Humans Will (Probably) Survive the Apocalypse

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The dead do not hide the truth and they never lie. Through me the dead can speak . . . Dr Richard Shepherd is the UK's foremost forensic pathologist, his job to understand the deaths which may have no natural cause. From crime scene to court room, his findings are crucial to the pursuit of justice. His work has seen killers put behind bars, exonerated the innocent, and turned open and shut cases on their heads. Shepherd's obsession with revealing the secrets of the dead is personal. At medical school, while performing his first autopsy, he held the heart of the patient in his hand and thought of his late mother, taken too early by heart disease. He became driven by the challenge of finding the truth, of seeing justice, and by compassion- sometimes for the dead, but always for those they have left behind. Thoughtful, revealing, chilling, sometimes bizarre and always unputdownable, *Unnatural Causes* is the true crime book of the year.

Working Stiff

An introspective and beautiful dual memoir by the #1 New York Times bestselling novelist and her daughter. Look out for Ann Kidd Taylor's new novel, *The Shark Club*, which will be published in June 2017. Sue Monk Kidd has touched millions of readers with her novels *The Secret Life of Bees* and *The Mermaid Chair* and with her acclaimed nonfiction. In this intimate dual memoir, she and her daughter, Ann, offer distinct perspectives as a fifty-something and a twenty-something, each on a quest to redefine herself and to rediscover each other. Between 1998 and 2000,

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Sue and Ann travel throughout Greece and France. Sue, coming to grips with aging, caught in a creative vacuum, longing to reconnect with her grown daughter, struggles to enlarge a vision of swarming bees into a novel. Ann, just graduated from college, heartbroken and benumbed by the classic question about what to do with her life, grapples with a painful depression. As this modern-day Demeter and Persephone chronicle the richly symbolic and personal meaning of an array of inspiring figures and sites, they also each give voice to that most protean of connections: the bond of mother and daughter. A wise and involving book about feminine thresholds, spiritual growth, and renewal, *Traveling with Pomegranates* is both a revealing self-portrait by a beloved author and her daughter, a writer in the making, and a momentous story that will resonate with women everywhere.

The Undertaking: Life Studies from the Dismal Trade

Before there was CSI, there was one man who saw beyond the crime and into the future of forensic science. His name was Bernard Spilsbury—and, through his use of cutting-edge science, he single-handedly brought criminal investigations into the modern age. Starting out as a young, charismatic physician in early twentieth-century Britain, Spilsbury hit the English justice system—and the front pages—like a cannonball, garnering a reputation as a real-life Sherlock Holmes. He uncovered evidence others missed, stood above his peers in the field of crime reconstruction, relentlessly exposed discrepancies between witness testimony and factual

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evidence, and most importantly, convicted dozens of murderers with hard-nosed, scientific proof. This is the fascinating story of the life and work of Bernard Spilsbury, history's greatest medical detective, and of the cases that not only made him a celebrity, but also inspired the astonishing science of criminal investigation in our own time.

First Cut

A brutally frank memoir about doctors and patients in a health care system that puts the poor at risk. *No Apparent Distress* begins with a mistake made by a white medical student that may have hastened the death of a working-class black man who sought care in a student-run clinic. Haunted by this error, the author—herself from a working-class background—delves into the stories and politics of a medical training system in which students learn on the bodies of the poor. Part confession, part family history, *No Apparent Distress* is at once an indictment of American health care and a deeply moving tale of one doctor's coming-of-age.

Traveling with Pomegranates

From the acclaimed author of *Death in the Air* ("Not since *Devil in the White City* has a book told such a harrowing tale"--Douglas Preston) comes the riveting story

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of the birth of criminal investigation in the twentieth century. Berkeley, California, 1933. In a lab filled with curiosities--beakers, microscopes, Bunsen burners, and hundreds upon hundreds of books--sat an investigator who would go on to crack at least two thousand cases in his forty-year career. Known as the "American Sherlock Holmes," Edward Oscar Heinrich was one of America's greatest--and first--forensic scientists, with an uncanny knack for finding clues, establishing evidence, and deducing answers with a skill that seemed almost supernatural. Heinrich was one of the nation's first expert witnesses, working in a time when the turmoil of Prohibition led to sensationalized crime reporting and only a small, systematic study of evidence. However with his brilliance, and commanding presence in both the courtroom and at crime scenes, Heinrich spearheaded the invention of a myriad of new forensic tools that police still use today, including blood spatter analysis, ballistics, lie-detector tests, and the use of fingerprints as courtroom evidence. His work, though not without its serious--some would say fatal--flaws, changed the course of American criminal investigation. Based on years of research and thousands of never-before-published primary source materials, American Sherlock captures the life of the man who pioneered the science our legal system now relies upon--as well as the limits of those techniques and the very human experts who wield them.

Stiff: The Curious Lives of Human Cadavers

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A city with eight million people has eight million ways to die. For fifteen years, Shiya Ribowsky worked as a medicolegal investigator in New York City's medical examiner's office—the largest, most sophisticated organization of its kind in the world. Utilizing his background in medicine, he led the investigations of more than eight thousand individual deaths, becoming a key figure in some of New York's most bizarre death cases and eventually taking charge of the largest forensic investigation ever attempted: identifying the dead in the aftermath of the September 11 tragedies. Now, in this mesmerizing book, Ribowsky pulls back the curtain on the New York City's medical examiner's office, giving an enthralling, never-before-seen glimpse into death and the city. Born and raised in New York City's orthodox Jewish community, Ribowsky seems an unlikely candidate for this macabre profession. Nevertheless he has forsaken a promising career of medical work with the living, descending instead into the realm of the dead, enticed by the challenge of confronting death on a daily basis. Taking you through the vermin-infested Bowery flophouses and posh Upper East Side apartments of the city's dead, Ribowsky explores in gruesome detail the skeletons that hang in the Big Apple's closets. Combing through the autopsy room, he also exposes the grim secrets that only a scalpel and a dead body can tell and explains how forensic investigation does not merely solve crimes—it saves lives. But it is in the aftermath of September 11 that the ME's office is handed its biggest challenge: to identify as many of the fallen as possible. With poignant descriptions, Ribowsky provides a dramatic account of the office's diligent and unflappable work with the families of

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the victims, helping them emerge from the ashes of this tragedy while displaying the strength, grit, intelligence, and compassion that Americans expect from true New Yorkers. At once compelling and heartbreaking, *Dead Center* is a story of New York unlike any other, blending the haunting with the sublime, while painting a striking portrait of death (and life) in the city that never sleeps.

Unnatural Causes

In this clear-eyed, gritty, and enthralling narrative, Dr. Vincent DiMaio and veteran crime writer Ron Franscell guide us behind the morgue doors to tell a fascinating life story through the cases that have made DiMaio famous—from the exhumation of assassin Lee Harvey Oswald to the complex issues in the shooting of Florida teenager Trayvon Martin. Beginning with his street-smart Italian origins in Brooklyn, the book spans 40 years of work and more than 9,000 autopsies, and DiMaio's eventual rise into the pantheon of forensic scientists. One of the country's most methodical and intuitive criminal pathologists will dissect himself, maintaining a nearly continuous flow of suspenseful stories, revealing anecdotes, and enough macabre insider details to rivet the most fervent crime fans.

From Here to Eternity: Traveling the World to Find the Good Death

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"One of the funniest and most unusual books of the year. Gross, educational, and unexpectedly sidesplitting."—Entertainment Weekly *Stiff* is an oddly compelling, often hilarious exploration of the strange lives of our bodies postmortem. For two thousand years, cadavers—some willingly, some unwittingly—have been involved in science's boldest strides and weirdest undertakings. In this fascinating account, Mary Roach visits the good deeds of cadavers over the centuries and tells the engrossing story of our bodies when we are no longer with them.

Unnatural Causes

Could the zombie apocalypse really happen? In *The Handbook of Zombie Forensics and Medicine*, author and board certified forensic pathologist Dr. Darin L. Wolfe uses his extensive experience with the dead to examine the zombie through a scientific lens. Through this thesis of *Zombiology*, the reader will learn about topics such as anatomy, physiology, infectious disease, decomposition, gun ballistics and other weapon-related injuries as it pertains to the living dead. The text is anchored in reality by actual anecdotes from Dr. Wolfe's medical school and forensic autopsy experiences, through which he demystifies the zombie and debunks commonly held myths. Within these pages, Dr. Wolfe also puts forth new theories in the field of *Zombiology* about what could cause the zombie disease, the most effective weapons to use against the zombies and the strategies to best survive the apocalypse when it finally occurs. *The Handbook of Zombie Forensics and Medicine*

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is essential reading for zombie enthusiasts and anyone preparing for the coming zombie apocalypse.

Morgue

Guide to Forensic Pathology provides a concise overview of forensic pathology to those who wish to know the basics but lack formal forensic training. Both fascinating and practical, this book explains everything from who the experts are in death investigation and what their roles are to how effective testimonies are presented in court. The importance of forensic DNA testing is emphasized with a separate section in this timely reference guide.

The Education of a Coroner

When Michael Collins decides to become a surgeon, he is totally unprepared for the chaotic life of a resident at a major hospital. A natural overachiever, Collins' success, in college and medical school led to a surgical residency at one of the most respected medical centers in the world, the famed Mayo Clinic. But compared to his fellow residents Collins feels inadequate and unprepared. All too soon, the euphoria of beginning his career as an orthopedic resident gives way to the feeling he is a counterfeit, an imposter who has infiltrated a society of brilliant surgeons.

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This story of Collins' four-year surgical residency traces his rise from an eager but clueless first-year resident to accomplished Chief Resident in his final year. With unparalleled humor, he recounts the disparity between people's perceptions of a doctor's glamorous life and the real thing: a succession of run down cars that are towed to the junk yard, long weekends moonlighting at rural hospitals, a family that grows larger every year, and a laughable income. Collins' good nature helps him over some of the rough spots but cannot spare him the harsh reality of a doctor's life. Every day he is confronted with decisions that will change people's lives-or end them-forever. A young boy's leg is mangled by a tractor: risk the boy's life to save his leg, or amputate immediately? A woman diagnosed with bone cancer injures her hip: go through a painful hip operation even though she has only months to live? Like a jolt to the system, he is faced with the reality of suffering and death as he struggles to reconcile his idealism and aspiration to heal with the recognition of his own limitations and imperfections. Unflinching and deeply engaging, *Hot Lights, Cold Steel* is a humane and passionate reminder that doctors are people too. This is a gripping memoir, at times devastating, others triumphant, but always compulsively readable.

All that Remains

A behind-the-scenes study of the work of New York City's Office of the Chief Medical Examiner looks at some of the most important and unusual cases the

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OCME has handled since its inception in 1918, ranging from political intrigue and high-profile murder cases to vicious gang wars and the September 11th terrorist attacks. Original.

Forensics

'Warning: this ain't no recipe book! But Jess's real, raw and often roaringly funny tales will nourish your soul. You'll devour it! And ask for seconds!' - Sarah Harris 'J-Ro's exuberance for this wonderful, sometimes messy and at times chaotic journey through life jumps joyfully out of each page. She's honest. She's disorganised. And she's got a heart of gold. Viva la Crap Housewife!' - Samantha Armytage Why not cut the crap, take the pressure off, and admit to the moments, days, weeks and months when the wheels fall off? In this fabulously funny, down-to-earth book, Diary of a Crap Housewife, Jessica Rowe writes honestly about her talent (or lack thereof) for cooking, about what's really important when it comes to mothering and family, and about her many and varied views, musings and commonsense advice on other crap housewife matters. As an added bonus, there are thirteen crap housewife recipes included, from Jessica's old favourite, spag bol, to a fresh and tasty Waldorf salad, and all so simple you can't go wrong. Being a crap housewife is a badge Jessica wears with pride, and it's a title she invites other women to embrace. The idea of crap lies in the real-life messes, hiccups, disasters and bad meals that many of us dish up and deal with every day. This mum is tired of the

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photos of perfectly packed school lunches, posts about gourmet family dinners eaten together at the table, and tales of neat, tidy and obedient children with smoothly brushed hair. It's time to reset the bar. Make expectations realistic. Strive to be kind, loving, smart and funny. Perfection is not required. 'Jess Rowe may be a crap housewife but she is a great writer and an even better friend. And she's right: I can be a bit of a smart arse.' - Joe Hildebrand 'This woman has enriched my life. And if you read this book your life will be enriched with honesty and love too!' - Denise Drysdale

American Sherlock

A New York Times / National Bestseller "America's funniest science writer" (Washington Post) Mary Roach explores the science of keeping human beings intact, awake, sane, uninfected, and uninfested in the bizarre and extreme circumstances of war. Grunt tackles the science behind some of a soldier's most challenging adversaries—panic, exhaustion, heat, noise—and introduces us to the scientists who seek to conquer them. Mary Roach dodges hostile fire with the U.S. Marine Corps Paintball Team as part of a study on hearing loss and survivability in combat. She visits the fashion design studio of U.S. Army Natick Labs and learns why a zipper is a problem for a sniper. She visits a repurposed movie studio where amputee actors help prepare Marine Corps medics for the shock and gore of combat wounds. At Camp Lemmonier, Djibouti, in east Africa, we learn how

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diarrhea can be a threat to national security. Roach samples caffeinated meat, sniffs an archival sample of a World War II stink bomb, and stays up all night with the crew tending the missiles on the nuclear submarine USS Tennessee. She answers questions not found in any other book on the military: Why is DARPA interested in ducks? How is a wedding gown like a bomb suit? Why are shrimp more dangerous to sailors than sharks? Take a tour of duty with Roach, and you'll never see our nation's defenders in the same way again.

Dead Center

Forensic Pathology is a comprehensive reference that uses a case-oriented format to address, explain and guide the reader through the varied topics encountered by forensic pathologists. Developed in response to a severe void in the literature, the book addresses topics ranging from medicolegal investigation of death to death scene investigation, forensic autopsy, and artifacts of resuscitation as well as complications of medical therapy, forensic osteology, forensic odontology, forensic photography, and death certification. The book includes various types of cases, including sudden natural death, asphyxia, motor vehicle collisions, death in custody, child abuse and elder abuse, acute psychiatric and emotional deaths, and pregnancy. It contains sample descriptions of pathological lesions which serve to aid pathologists in reporting their findings to law enforcement agencies, attorneys, and others involved in investigations of sudden death. The concepts outlined in the

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text are beautifully illustrated by large, colorful photographs. There are also "Do and Don't" sections at the end of each chapter that provide guidance for handling the types of cases examined. This work will benefit not only experienced forensic pathologists, but also hospital pathologists who occasionally performs medicolegal autopsies; doctors in training; medical examiners; law enforcement personnel; crime scene investigators; attorneys; and fellows and students of the medical sciences. Large, colorful photographs which beautifully illustrate the concepts outlined in the text. Sample descriptions of pathological lesions which serve to aid pathologists in reporting their findings to law enforcement agencies, attorneys, and others involved in investigations of sudden death. 'Do and Don't' sections at the end of each chapter which provide guidance for handling the types of cases examined within preceding sections.

How Not to Die

In 2001, a woman's skeleton was found in the woods overlooking Montreal's Royal Victoria Hospital. Despite an audit of the hospital's patient records, a forensic reconstruction of the woman's face, missing-person appeals, and DNA tests that revealed not only where she had lived, but how she ate, the woman was never identified. Assigned the name Madame Victoria, her remains were placed in a box in an evidence room and, eventually, forgotten. But not by Catherine Leroux, who constructs in her form-bending Madame Victoria twelve different histories for the

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unknown woman. Like musical variations repeating a theme, each Victoria meets her end only after Leroux resurrects her, replacing the anonymous circumstances of her death with a vivid re-imagining of her possible lives. And in doing so, Madame Victoria becomes much more than the story of one unknown and unnamed woman: it becomes a celebration of the lives and legacies of unknown women everywhere. By turns elegiac, playful, poignant, and tragic, Madame Victoria is an unforgettable book about the complexities of individual lives and the familiar ways in which they overlap.

No Apparent Distress: A Doctor's Coming of Age on the Front Lines of American Medicine

Dr Geoffrey Garrett was for over 30 years a Home Office pathologist. This is his personal memoir, in conjunction with crime journalist Andrew Nott, of many infamous, unusual and heartbreaking cases and a fascinating history of his professional life, giving a unique insight into a pathologist's work. Beginning with a no-holds-barred account of the basic methodology of a post-mortem examination, the book chronicles many memorable cases, including: The discovery of a preserved body on the Yorkshire moors later identified as the first victim of the Moors Murderers The murders of three policemen plus the apprehension of a murderer who turned out to be a policeman's son An examination of sex crimes

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The Moss: a seminal piece on Manchester's 'Bronx' - Dr Garrett reveals life in the ghetto, the drug gangs and how they operate How a man's face, burned beyond recognition, was reconstructed to help solve a murder Plus examples of many other baffling crimes which were resolved on the pathologist's table.

Diary of a Crap Housewife

A psychiatrist chronicles his rookie year working with serial killers and mass murderers at California's Gorman State hospital for the criminally insane, which was punctuated by moments of extreme violence. 35,000 first printing.

Working Stiff

THE TRUE CRIME BOOK OF THE YEAR AND SUNDAY TIMES TOP 10 BESTSELLER
'One of the most fascinating books I have read in a long time. Engrossing, a haunting page-turner. A book I could not put down' The Times, BOOKS OF THE YEAR _____ Meet the forensic pathologist, Dr Richard Shepherd. He solves the mysteries of unexplained or sudden death. He has performed over 23,000 autopsies, including some of the most high-profile cases of recent times; the Hungerford Massacre, the Princess Diana inquiry, and 9/11. He has faced serial killers, natural disaster, 'perfect murders' and freak accidents. His evidence has

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put killers behind bars, freed the innocent, and turned open-and-shut cases on their heads. Yet all this has come at a huge personal cost. *Unnatural Causes* tells the story of not only the cases and bodies that have haunted him the most, but also how to live a life steeped in death. Thoughtful, revealing, chilling and always unputdownable, if you liked *All That Remains*, *War Doctor* and *This is Going to Hurt* you'll love this. _____ Included in *The Times Books of the Year 2018* 'Gripping, grimly fascinating, and I suspect I'll read it at least twice' *Evening Standard* 'A deeply mesmerising memoir of forensic pathology. Human and fascinating' *Nigella Lawson* 'An absolutely brilliant book. I really recommend it, I don't often say that but it's fascinating' *Jeremy Vine, BBC Radio 2* 'Puts the reader at his elbow as he wields the scalpel' *Guardian* 'Fascinating, gruesome yet engrossing' *Richard and Judy, Daily Express* 'Fascinating, insightful, candid, compassionate' *Observer*

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